



THE LANGUAGE OF  
**LOVE**

LECTURES BY THE  
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BEINSA DOUNO

GIVEN AT THE SEVEN RILA LAKES  
IN THE SUMMER OF 1939

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## CONTENTS

The Language of Love .....	7
Distinctive Features of Thought.....	14
Reality of Life .....	22
Basic Rules of Hygiene.....	29
Also in Me.....	40
The Door of Love.....	46
Love and Respect.....	56
Way to Life.....	63
Divine Light.....	69
Valuable acquisitions .....	79
Wise, good and strong.....	87
Patience .....	99
Light, Warmth and Strength.....	106
The Constant in Life .....	111
The Fruit of the Spirit .....	123
Service.....	127
Acquaintance.....	133
The eternal Life.....	140
The Voice of Love.....	142
The Diversity in Life.....	151
In its proper Place .....	156
The Qualities of Love .....	159
Seek not your own .....	163
New Birth.....	167
Relative and absolute Views .....	169
The little Prayer.....	173
King and Servant.....	174



## THE LANGUAGE OF LOVE

*“Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a clanging cymbal.”*

*Corinthians 13: 1*

The word “clanging” implies lack of sense. The one, who does unwise things, is always clanging. Empty things usually clang, while the full, meaningful things are peaceful and quiet and do not make any noise. Everything devoid of meaning makes a noise. Consequently, someone who is clanging might speak with the tongues of men and of angels, yet he does not have Love.

“And though I have the gift of prophecy and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing...” (Verse 2)

Faith is for humans; knowledge - for the angels. So, if you possess the faith of men and the knowledge of angels, but you have no Love, you are nothing. A man may be big and strong, like an antediluvian mammoth, or like a contemporary ship that splits the water and frightens the fish, yet unless he has Love, he is nothing.

“And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing.” (Verse 3)

What does it profit a man if he gives all his wealth or knowledge to others without Love? Neither he, nor those who receive his gifts, will profit. How would the poor man benefit from the rich man's old coat? - He will die anyway. Unless he has already entered the realm of immortality, he will be constantly clanging and living with transient things until he dies. If one day he is happy, the next day

## *THE LANGUAGE OF LOVE*

he will be unhappy; if one day he is healthy, the next day he will be ill; if one day he is learned, the next day he will be ignorant; if one day he feels young, the next day he will feel old. People want to be rejuvenated. Man cannot be rejuvenated unless Love visits him. Love rejuvenates and makes you immortal. It brings opportunities for all achievements.

Not understanding the law of Love, people become mutually disappointed and say: the world is bad, and other people are bad, too. Human wickedness belongs to the lower self. Wickedness is the mud of life, but not real life. Water is valuable, but sometimes it covers streets, houses, and people with mud – but this is not its most specific feature. Unconsciously, people cover each other with mud – this is not their only feature, though. Words exist, that cover with mud, and others, that purify. If man speaks with Love, his words purify.

“Charity suffereth long.” (Verse 4)

Patience is the foundation of life. If man has no patience, he cannot accomplish anything. If we say a person is patient, it means he bears everything calmly. It might be raining, the wind might be blowing, dust might be flying - he remains quiet and calm. If man is affected by external conditions, by suffering and death, he lives within them. If he does not want them to affect him, he should step out of them. God has put the gift of life into man – not death. He has put the gift of joy into man - not suffering. Death is something external - not internal. The one who does not suffer, lives in the realm of impatience. In order to be able to bear everything, he should inhabit patience - one of the great qualities of God.

“Love is kind.” (Verse 4)

In order to be kind, man should not differentiate between rich and poor, between the learned and the ignorant. The rich, likewise the poor, originate from God. The learned, likewise the ignorant, originate from God. The difference between these men is basically that the rich and the learned have attained patience, while the poor and the ignorant live in impatience. If they become patient, they will acquire the features of the first two.

## THE LANGUAGE OF LOVE

“Love does not envy.” (Verse 4)

Only the man who is deprived of musical sense is envious. He is able to separate two people who love each other and break their relationship. If a person is envious, it is a sign that he lives in poverty, for only poor people envy. Work to enrich yourselves, then you will not envy others. Why do some trees grow rapidly and thrive, while others wither? The trees, situated in the sun and in favourable conditions, grow well. Trees which are not situated in the Sun, wither away. In the same way, anyone who is not well dressed, I mean spiritually, is not situated under the beams of the Divine Sun. Between God and his soul there stands someone, who is casting a shadow over him.

So, when difficulties and sufferings enter your life, it means that someone else stands between you and God. When you realize that he is overshadowing you and preventing the Divine sunbeams from shining on you, raise yourself immediately one step higher. If he again attempts to hinder you, move another step higher. For fear that some bad people might deprive them of the beams of the Divine Sun, many people, especially the religious ones, try to work, aiming to occupy a place on the right hand side, or on the left hand side of God. They do not know that these places are strictly appointed. People can occupy only the places on the left hand side of God. The right hand side is reserved for angels. If a person occupies a place on the left hand side of God, he will pass through tests and trials. So, if someone strives to occupy a place on the left hand side of God, he should be ready for suffering and tests.

“Where there is knowledge, it will pass away.”

So all the knowledge, attained and applied without Love, will pass away – it is not able to withstand. Such knowledge is temporary, and everything temporary and transient is sentenced to death. True knowledge, though, will stay with you. It is as immortal as the human soul.

“When I became a man, I put away childish things.” (Verse 11)

In other words: once I began thinking, I left the transitory things behind. “When I was a child, I talked like a child, I thought



## *THE LANGUAGE OF LOVE*

like a child, I reasoned like a child.” (Verse 11) This does not mean that to be a child or a young person is something bad; these are natural stages of life. Bad is like a gag, from which a man has to release himself, otherwise he will suffocate. Evil is a poison, which a person will personally taste. He will be the first to drink the poison, which he poured into his cup. The more interested you are in the evil inside you, or inside your fellow men, the more you attract it and give it priority. Walk past and away from evil without seeing it, without arguing with it. Pay attention to the goodness in people. Inside each person live two beings: one of them is good and the other one - bad. Whatever you do, you will not free yourself from evil. This is the reason why man is at times dissatisfied by life and by the conditions in which he finds himself. The good being within the human makes him pleased and happy. Satisfaction and dissatisfaction – you have both, man owns both joy and sorrow. But the real man stands outside the satisfaction and dissatisfaction, outside joy and sorrow. He only observes: he tastes things, and learns from them. Man is destined to work, to learn, and to make a place for Love within himself. Everything through which he passes - knowledge and ignorance, joy and sorrow, satisfaction and dissatisfaction – is a stage, through which he should pass, so that he can prepare himself for the great moment in his life - the acquisition of Love.

It is said that Love does not envy, is not jealous. If someone is jealous, it is because he left no place for Love within himself. Jealousy prevents him from progressing and developing properly. As soon as he sees something good and beautiful, the jealous person wants it for himself.

When the sculptor is beating the stone with his hammer, he has the idea to carve something from this stone, to sculpt this stone into a beautiful form. What the blows of the sculptor are for the stone, the same are the sorrows for you. When man suffers, it means that Providence is hitting him with his hammer, so that all unnecessary things might be dislodged from him. As a result of each suffering, man is relieved of something that tortured him.

## *THE LANGUAGE OF LOVE*

When does man suffer? When he is split into two inside. It was said in the Scriptures: “A home that lacks unity would not last.” Knowing this, beware of being divided within yourself. If you make a mistake, do not hesitate, do not blame yourself, just correct it. There are mistakes that should be corrected immediately. Their correction is urgent.

“But the greatest of these is Love.” (Verse 13)

Whoever has Love has the power to eliminate all difficulties, all sufferings. If you have Love within yourself, you will easily cope with the rain and the thunder. If you cannot stand them, then you have no Love in your heart. To have Love means to have bright thoughts and noble feelings. If you have such thoughts and feelings within yourself, then you will be pleased by everything that has been given to you. When you eat, you will be pleased with the food. When you sleep, you will be pleased with your sleep. In other words, when man thinks, feels, or undertakes something good, the sun of his soul shines so warmly and brightly, just as the physical Sun shines on a warm day in May. In this Sun man should see the Divine Light that brings opportunities for the growth and development of the human soul. The bright thoughts are beams from the Light of the Divine Sun, while the good feelings are beams from the warmth of the Divine Sun. Without these beams man can neither think nor act.

As you watch the sky, you see small clouds there. They show that there is something in man that should be cleared. Who will help him? The wind. Today it blows behind your back, thus pushing you to go forward without thinking of the earth. Generally, the sky is clean, its colour a pleasant blue. You feel joy when you look at it. The sky of your soul should be like this. It should be illuminated by Love. In order to attain this, love people, without expecting to be loved in return. If you are searching for someone to love you, you will eventually be disappointed. You will finally see that whoever loved you is not the one your soul expected. He may stand in front of you, but he is not the one you expected.

“Love is not self-seeking, it is not easily angered, it keeps no record of wrongs.” (Verse 5)

## *THE LANGUAGE OF LOVE*

Love solves all difficulties and contradictions. Love gives meaning to knowledge. Love gives value to everything. It was said in the Scripture: “God is Love.” Where He is present everything acquires meaning, everything is in Love. As soon as man enters the realm of Love, he enters the Divine World. As soon as he enters the realm of knowledge – he enters among the angels. As soon as he enters the realm of faith, he enters among the people.

When we talk about Love, many people are afraid of it. Why? Because they know the love that harms. They do not know the Love which revives the people. This Love excludes all contradictions and doubts. Real Love implies digesting. To love someone means to digest him. If you cannot digest him, you do not love him. Digesting is an internal process and means that when you love somebody you must accept him as he is. When he enters into you, give him a special place and begin to study him. Meanwhile, pray. Digesting without a prayer is improper. While he eats, man should pray. As soon as he puts a piece of food into his mouth, he should start praying. As he prays, the food will have a beneficial effect on his organism.

In the chapter that was read from the Corinthians, the features of Love are discussed. Think only of Love, when reading this chapter, then you will not be upset by anything. The people around you will act as they want: the ill person will experience his illness, the poor one will experience his poverty, the suffering one will experience his sorrow, but whatever happens in your life, or in the life of your fellow men, all is for good. Know that God is present everywhere and within each thing: He is in suffering and He is in joy. In order to see God and recognize Him, man should be content with all the happenings in his life and not murmur. If he is discontent, man will not be able to make use of the various opportunities in his life – he will seek only delights. The delights are just one side of the complete life. In order to grow and develop properly, man should constantly move between the poles of life: joys and sorrows, light and darkness, good and evil.

## *THE LANGUAGE OF LOVE*

Contemporary people talk about Love and live within Love without experiencing it. In order to experience it, they have to dwell in the Love of the human, angelic, and Divine Worlds. As they enter into these three worlds of Love, they will meet all those who love them. Nowadays, people recognize only those whom they love, but not those who love them. To get to know Love, they should recognize both parties and think of them. For instance, a man knows his mother, his father, his brothers and sisters and his friends, but he does not know the angels that love him; he does not think of them. He does not even suspect that each joy he experiences is due to the presence of an angel in him. As soon as the angel goes, joy is lost, and man starts to grieve. No matter whether man grieves or rejoices, God is in him: while man grieves, God is hidden deep within his soul; while he rejoices, God manifests himself outwardly. God manifests himself everywhere as Love, but He never talks about Himself. This shows that the Love of God cannot be spoken. God's Love should rather be shown – not spoken. To manifest your Love means to direct your thoughts and feelings towards the great Divine World.

The man, who strives towards the new life, should think, feel, and breathe properly. To pray means to breathe. Breathing implies proper thoughts and proper feelings. Breathing in and out, you should breathe more slowly and deeply. While you pray, stand before God with joy and satisfaction for everything that has been given to you. Give thanks for the Light and pure thoughts, for the beautiful and elevated feelings you have been given. Be grateful that you have come to Earth surrounded by good parents and friends. Be grateful for the Sun that shines, for the water and air around you, for the wind, rain, and clouds that surround you. The clouds are simply filters that purify human thoughts and feelings. As you purify your thoughts and feelings, you will learn to live properly. When you live properly, you will not disturb the Divine within yourself, that is - the Divine Spirit, of whom it was said in the Scriptures: "Do not hurt the Spirit within you!" As soon as a

## *THE LANGUAGE OF LOVE*

bad thought comes into your head, ask it to go away until you have finished your job. Let it come again when you have finished. Say that after your duties are done, then you will have time to talk with it. If you proceed in this way, this thought will set you free. When you are attacked by dark thoughts, it shows that they are afraid you might stop loving them. They are your friends from the past, who want to take something from you. Give them what they deserve and send them away. They live off your Love. If you do not love them, they cannot exist. Until you are able to cope with them, give them something now and then, but do not get attached to them.

Consequently, in order to get free from the contradictions in life, man should bring Love into his head, faith into his heart, and hope into his body. Thus he can acquire the new knowledge that explains the inner sense of all existing. For instance, according to the new science, oxygen and hydrogen mate to form water, which is their child. Oxygen has the ability to give, while hydrogen has the ability to take. When people drink water, they aim at attaining knowledge of oxygen's ability to give, and of the hydrogen's ability to take. If someone says he wants to be a woman, it implies a willingness to take, to gather. If someone says he wants to be a man, this implies a willingness to give. The male principle, that is the mind – gives, while the female principle, that is the heart – gathers. As a result of these two processes – giving and taking – the human body has been created. The human mind was created by the work of both the human Spirit and the human soul.

The Scripture says: "Give in order to receive." The one who receives, accumulates; but he accumulates in order to give in his turn. All people must become conductors of the Divine, in order to share what they have acquired. Giving, this is the creative principle. Love is expressed through giving. Through Love man gets to know God and Nature. When he knows Nature, everything is vivid for him: the stones, the waters, the winds. Then he understands that God is present everywhere. He is present also in good thoughts, feelings and acts. So, when a bad thought comes into your mind,

## *THE LANGUAGE OF LOVE*

replace it immediately with a good one. In this way you open the path for the Divine.

When you want to feel the presence of God, think, feel and act in a good way. When God is with you, everything is possible. In any life-conditions seek always the positive one, because there God is. And where God is, there rules perfect peace and order. Where the Spirit of God is, there is the new creativity. Where Love is, it gives sense to all things and makes you strong: people receive the true knowledge, the true light.

I would suggest that you, as disciples, start with Hope, from Hope move to Faith, and finish with Love. Reaching Love, connect with it and go forward. Your first step must be - Love for God; the second one - love for your neighbour; the third one – love toward yourself.

Now, my wish is for you to acquire the joy of Love, and for you to have the bright thoughts, feelings and deeds of Love.

*July 12, 5:00 a.m.*

## DISTINCTIVE FEATURES OF THOUGHT

Contemporary people aim at happiness and acquisition of knowledge and force. They do not know that this can be acquired by the right thought. Which thought could be considered right one? Right is the thought that can transfer all it has taken from God to man. If it cannot transfer this – then it is not right. What is a good thought? Good is the thought that accepts only the goodness. Wherever it meets the good, it collects it and lets nothing fall on the ground. It collects the good, works with it and then passes it further. Both the right and the positive thought enrich you, but as long as you work.

Contemporary chemists say that water consists of two elements - oxygen and hydrogen. They do not know that water contains one more element. Up till now; scientists could not discover the third element of water, for it is a matter that resists material examination. Although, water is highly necessary for life, it causes great damages as well. It can drown people, and when it happens, the higher world holds hydrogen and oxygen responsible. There are intelligent beings that control the oxygen and hydrogen. Namely these rational beings are responsible for all the damages water causes to people. Oxygen and hydrogen are tools in the hands of the Intelligent beings by means of which they represent the great ideas of the Existence. Water is a bearer of the great Divine principle. Oxygen makes water dynamic, while hydrogen makes water soft. Therefore we say: the water that does not transfer dynamism and softness to people is not clean. Since it is not clean - it is not healthy.

What deed is good? Imagine that some friend of yours brings you a basket full of grapes, apples and pears. What will you do with these fruits? Can you eat them at once? You cannot. Every day, you will eat a fruit or two until they are finished. After eating

## *DISTINCTIVE FEATURES OF THOUGHT*

the fruits, gather the seeds and plant them. This is a good deed. This is a good deed because both the outer and the inner lines of the deed suit to each other. Good shoes are those which lines suit to the curving lines of the feet. Each thought, which lines suit to the lines of the human mind, heart, will and Spirit, has a beautiful form. When you receive such a thought, you better keep it, work with it well and send it back properly. Each thought, which lines do not suit to the lines of people, causes them a pinch, like old and uncomfortable shoes. The thoughts that make you invalid person, are not to be considered right. In a religious sense, there are also thoughts, the lines of which do not suit to the lines of the mind, heart, will, soul and to the human Spirit. People cannot benefit from such thoughts. In order not to be disabled, people should avoid them.

People should be awake and understand that their life is sustained only by the goods, God had given them. In their consciousness should take place continuous renovation, so that growth might exist. People should continuously add something new to their knowing God in order to develop and grow. If these processes do not take place in their consciousness – people are destined to stagnation.

As he has come on Earth, man needs to learn to live with other people. But in order to make good connections and relate to others, he needs to observe two conditions: to value the others and to love them. Thus the souls are related in the invisible world. So, if someone of you enters the invisible world of the Intelligent beings, he will return with great presents. He can use these presents all his life. This would be a sign that they have valued and loved him as well as he valued and loved them. If he descends to Earth without presents, this means that neither the higher beings valued him, nor he valued them – as a result, no relations has been established between them. Consequently, when someone complains of his poverty, it means he doesn't truly love God. If you love God, He will never abandon you and leave you in privation. If you love somebody, it is impossible that he will not respond and not do



## *THE LANGUAGE OF LOVE*

some good for your sake. If he is not ready to do something for you, then your Love towards him has been self-interested. You have not done him any favours, you have not sacrificed yourself.

Contemporary scientists examine water and its properties and use it for healing, but they do not do this in one and the same way. Some recommend cold compresses, others recommend warm ones. When you put a cold compress on the ill spot, the capillary vessels contract, as a result adverse reactions are provoked inside the human organism. If you put warm compresses on the ill spot, they have beneficial effect. Warm water causes widening of the blood vessels; as a result the blood circulation improves. As one knows the properties of the warm and cold water, one can heal in a spiritual way. For instance, instead of warm water, apply your thought that may enlarge the blood vessels in the same way as the warm water.

As in the human organism there are two flows – arterial and venous, so in the human thought the same flows exist. The arterial flow brings joy and delight to people, make them bright and cheerful; the venous flood makes them sad, pessimists, and indisposed. Through sorrow human blood is being purified, but meanwhile people are displeased, angry, and want to quarrel with the others. It is not bad to quarrel from time to time, but people should know how to argue and what to say. When you meet a bad person you should tell him: “You are a very good man, better than you should be.” To the rich person you should say: “You are rich, but you are heavily loaded – it is dangerous, your spine might break.” To a strong person you might say: “You are a very strong person. Wherever you go, whatever you catch, turns into dust.” Tell to the rich one, that he should become generous and give away. To the strong one you might say, to work and help the weak people, in this way to spend his excessive energy. To the good person you might tell to manifest one’s goodness not only towards oneself, but towards one’s fellow people as well.

I will give an example to illustrate my idea. There lived a man, who was such a miser, that he thought only about money. A young

## *DISTINCTIVE FEATURES OF THOUGHT*

man appeared, accompanied by several servants, who carried a huge wagon full of various silver and golden jewels. They were giving jewels to whomever they met on their way. As they heard that, the people began to crowd to this young man. Each of them carried a container – bigger or smaller – so that he could get some of these riches. The miser heard about that and immediately went to the place, where the riches were being distributed. He saw people carrying big or small plates, but they seemed insufficient to him, therefore he took a huge container. As the young man saw him, he said to the miser: “Lie down on the ground!” The miser did lie on the ground and waited. The young man ordered his servants to put the container he had brought on his chest and started putting spades full of jewelers in it one after another. Heavily burdened by the weight of the container, the miser started to shout: “It is enough. Stop loading me, I cannot breathe, I am suffocating!” The young man looked at him and said to his servants: “Do not take the container off his chest yet - let him learn his lesson.” Thus the rational world wanted to teach him a good lesson, so that he could understand that he has lived exclusively for himself and has always taken more than he had to.

So, the suffering contemporary people experience is nothing but results from their greediness. These sufferings show that each person has taken more than he should from the goods. Man should not be greedy. It is enough to be given in a small dish part of these goods.

People often play games with dynamic Love without thinking of the damage it may cause them. Dynamic Love may drain the human heart. To love one means to examine that person. You cannot break free from selfish Love. Namely this kind of Love causes the greatest misfortunes. It transfers a greater amount of heat to the human heart; as a result, after a time it gets drained. Due to this Love, the human mind reddens, while one becomes neurasthenic. At last, the will of a man becomes black. As one’s will gets black, he is considered an evil person. This is a figurative presentation of the changes that a person undergoes. In order to

## *THE LANGUAGE OF LOVE*

prevent drying of the heart, reddening of the mind, and blackening of the will, you need to strive to mindful Love. You should become a master of one's mind, heart, and will.

As disciples, you should strive to transform the colours red and black into white. If the skilled people have succeeded in transforming the limy stones into lime with which to whitewash their houses, should they not turn the colours black and red into white? Besides, they should obtain such a white colour that does not ever change. Once they obtain this colour, it should be preserved forever

When you wake up in the morning, stop on a meaningful thought which will tell you what to do and how much to give from your acquisition. Then stop on one essential feeling in your heart, to tell you how to receive the goods and use them. Finally, stop to regard an essential deed, which will serve as a model for your further actions. Know that each actions towards any person is an action towards God. Be especially careful towards those ones, who are born from God. The one, who is born from God, has a bright mind, noble heart, strong will, exalted soul, and strong Spirit. This individual, who does not possess these features, was not born from God. As you meet an individual born from God, direct all your love towards him. Meeting such an individual means that you have acquired something valuable in your life. Every day, you should aim at meeting one such individual. Nowadays, though, man can hardly meet at least one individual born from God. All the people that you meet today are servants of the one that was born from God. When they say that a man should have an alert consciousness, this implies that he should be on the lookout for the moment when he is to meet the truly born individual. If he misses this moment, he loses favourable opportunities in his life.

To fall in love does not mean to look for someone to marry – it means to find the one, who was truly born. If you meet such an individual, you have received the great blessing of life. If you never meet him, you will undergo great hardships. Each one is looking for this individual, but he is not to be easily found. When

## *DISTINCTIVE FEATURES OF THOUGHT*

can you see the Sun? After it has risen. No one can see the Sun before it has risen or after it has gone down.

If you would like to see the most distant stars in the sky, you should use a telescope that magnifies and brings the objects near the human eye. To the spiritual eyesight – the mind is like the telescope for the physical eyesight. If the human mind is not bright and clear, it will not be able to magnify all the forms God has created, not be able to study them. If you do not have a bright and alert mind, you will pass by these forms without recognizing them. You will pass by the one that was born from God without knowing him. If you have a bright mind, you already have the opportunity to meet such individual. If you have a kind heart as well, then your opportunities increase and you will meet him twice. If you have an exalted soul, you will meet him three times. If your Spirit is strong, you will meet him four times. And if you love God, you will meet him every day. This is one of the greatest truths in life. Do not think that it is easy to meet a man born from God. This is a Divine good and the Divine goods are being given only to the one, who can appreciate them. From the moment you meet this individual, your position changes fundamentally – a real transformation occurs within you.

Keep right and positive thoughts in your mind, so that you can attain that which your soul strives for. Our aim is to bring you into terms with the great Divine law that functions in the world now. Express your thoughts rightfully, do not restrict yourself. Strive for that what God created. If you cannot attain your wishes, do not get discouraged or angry. It is not bad for a person to get angry and lose one's temper, but one should be prepared for this. Wrath is an energy that aims at going out. In order for this energy to be released; a person should be prepared and know, how and in which direction to send it.

Before you finish with your study, you will have to pass through many schools and masters. As disciples in the low school, you will pass through certain teachers; as disciples in the junior high school you will pass through other teachers; in the secondary

## *THE LANGUAGE OF LOVE*

school - through others, in university – through other masters. Finally, you will enter the school of the invisible world, where you need to have excellent marks. On all the subjects, you should have 12 – the highest possible mark. First, you'll be asked whether you love your father and mother. As soon as you say, that you love them, you will be given a candle and you will need to light it. This candle can be lit only at the thought for your mother and father. If the candle does not start to burn, this means you do not love your father and mother. In such a case you will have to return to the Earth and work once more. After some time, you will be made to pass the same exam again. You will not be allowed to be a disciple in the school of the invisible world, unless the candle begins to burn at the thought of your mother and father.

Many people say that a person can live even without a burning candle. They have been misled. A person cannot live without a burning candle. The burning candle represents the human mind that shines in the darkness and puts a person on the right track. If a person is given a task, one will solve it only if one thinks. If one does not think, one cannot solve one's task. A person should constantly think. If someone gets angry, make that person take several buckets of water and wash the wooden floor. As one begins to work, one will spend the energy that has piled within oneself and one's anger will disappear. Anger is just a shaking of the fruit-bearing trees, so that everything useless can fall off them.

The basic thought you should bear in your mind is, that God manifests to man through all the rightful deeds. While people eat with gratitude and breathe properly, God expresses Himself through them. Through each right thought, in each noble feeling and good deed, God also expresses Himself to them. If you come across some noble feeling, enjoy it, for God makes Himself known through it. You might not be able to see this, but some day you will see and understand Him. You do not know what God has prepared for you. You hurry and you want to attain everything at once. This is not possible. A child from the first grade cannot enter university no matter how hard he tries. As a child studies regularly and with

## *DISTINCTIVE FEATURES OF THOUGHT*

love, this child will begin to manifest this Love. So, young people should study Love, adult people - Wisdom, and old people – Truth; that is, putting things into practice. Love, Wisdom and Truth are three bites of the Divine World. Each person should taste these three bites, so that one can satisfy one's spiritual hunger. While a person is young, one should study life; as an adult, one should study knowledge and light, as an old person – one should study the methods for working with them in life.

Now I wish you to take in Love, Wisdom, and Truth as your daily bread that can give you the strength, necessary to bring order in your life.

*July 12, 2 o'clock p.m.*

## REALITY OF LIFE

### *Reflection*

*“God is a Spirit: and they that worship him must worship him in spirit and truth”.*

*(John 4: 24)*

“God is a Spirit.” The word “God” is not understood in any of the languages. It is not a simple concept. People have to study it for a long time before they can understand it. As long as it remains incomprehensible, this word does not bring any benefit. Only things that are comprehended can bring benefit. God is a Spirit or the Spirit is God – it is one and the same. How people will pronounce it is not important – it is important to understand it. The words “God is a Spirit” comprise the reality of life. Whether people deny or admit that reality is of no importance. No matter how much they deny or doubt it, no matter how much they philosophy on its existence, anyway they feel that something limits them and they cannot go out of this frame, they cannot live without this reality, as they cannot live without air. No matter whether they deny air, it is enough to stop receiving it, to see that they cannot live without air. The physical life of people is determined by breathing. If they stop breathing, their life stops as well. On the same grounds, I say: As soon as people stop thinking about God, they die. Sometimes, human life loses its meaning, when people seek the reality in the shadows. People think that what surrounds them is real. What surrounds them is a relative reality, i.e. shadows of reality. As long as they believe in the shadows of reality, they become superstitious and constantly lose something from their own selves. As long as they believe in the absolute reality, they grow and develop, acquire knowledge, strength, and wealth. Those who live in the shadows

of the reality, they are always hungry and fall on hard times. As soon as they enter the true reality, they start to eat well and enter the abundance of life

“God is a Spirit”. In order to understand the deep meaning of these words, people need mental Light. They should enter the Light of life that reveals the presence of God. Only those who have entered the Light of life could see the wide world around. By means of the Light people see the internal aspect of life. Without it, they perceive the world just by its reflection – not direct. The real world is wide, consequently people cannot grasp it. For instance, people can get what Sun is by the Light that comes from it, but they do not know what it is in reality.

According to the contemporary scientists, the Sun is a burning heavenly body while the Earth is a solid dark mass illuminated by the Sun. The interior of the Earth is a fiery melted mass, while its surface is solid, because of the pressure under which it stands. This means, that the solidity of some people is due to the same reason. They too, as the Earth, are under great pressure. Often there are great depressions and great pressures in Nature. Then people feel great discomfort. As soon as the depression passes away, their discomfort immediately disappears. Depression exists in your inner life as well. For instance, each unclear feeling causes depression in one’s heart, while each unclear thought causes depression in one’s mind. If one understands them, one feels great joy. Inner peace and tranquility take place within him. In the Divine World, the thoughts and feelings that are understood are fruits, with which the human Spirit nourishes. If you like to be beautiful, to have a nice face with a bright look, you should know what food to give to your Spirit. If you nourish it with proper food, you will acquire both spiritual and physical beauty. If one is not beautiful both in the spiritual and the physical sense, though, one cannot be considered a beautiful person.

Christ says: “I have food to eat that you know not of”. (John 4: 32). What kind of food is this? Christ answers: “My food is to do the will of Him that sends me and to finish His work” (John 4: 34).



## *THE LANGUAGE OF LOVE*

Christ came to Earth to do God's will, to transmit bright thoughts to people that can show them the right way and turn them to God. Those who have not adopted the words of Christ, they live outside God, as a result they die. If people want to be immortal, they have to know God. Immortality is in the recognition of God. Therefore it was said: "And this is life eternal, that they might know You the only true God". (John: 17: 3). Why do people should have faith? So that they can live.

The unclear thoughts, feelings and deeds lead to sorrow and difficulties in human life and finally – to death, while the clear thoughts lead to joy, merriment and life.

As we talk about bright thoughts, we mean those that have sprung from the Divine Light. The Spirit feeds on Divine thoughts only. At the same time, it is said God is Love. Consequently, as the Spirit feeds on Divine thoughts, it gives birth to Love. The fruit of the Spirit is Love. And Love gives birth to life. That's why, in order to enter the reality of Spirit, one should experience Love. To understand what Love is one should experience life.

"God is a Spirit". The believers read this verse, yet they are seeking the way to believe in God and His Spirit. I am asking: are people able to believe in the existence of the Sun before the sunlight illuminates them? Could people believe in the existence of fire before they perceive its warmth? Could they believe in the existence of bread unless they taste the life this bread provides? Since people do not examine the things and take a lot of them for granted, we may say they know few things. They have a lot of synthetic and analytical knowledge, but not inner knowledge. Little of their knowledge has become their flesh and blood.

The only one who loves is God. If people think God does not love them, the reason lies in them. Due to misunderstanding of the laws, they direct bad thoughts towards God. Then their own thoughts return to their origin. Not realizing these bad thoughts are their own creation, people think they come from God. No, God does not occupy Himself with negative thoughts. Now, as you know this law, do not ever say that you do not love this one

or that one. Saying you do not love someone, you commit a crime regarding God. Something beautiful and great has been put within each person, for which you should love him or her. It has been said in the Scriptures: "He fell in love with the Truth within man." So, a particle of God exists within each person. Everybody needs Love, so love each other. To love someone means to feed that person. To love you means to feed you. The human Spirit feeds on bright thoughts. Send a bright, clear thought to a person and leave him or her. He or she will receive your thought, cultivate it, i. e. will "eat" it, and after a time will send some other thought back to you, which you will feed on. People start losing their Love the moment they have worked their way to it. They want to keep it for themselves only. It is known, that when two people love each other, they turn off all the taps within themselves in order that this Love does not come out. They want to use it by themselves. There are two kinds of Love in the world: love of the shadows and love of reality. The love of the shadows is Love of limitations and sufferings. We do not mean this Love. We mean the real Love, which neither limits the others, nor limits itself. Love described in the novels is the Love of the shadows. There are three kinds of this Love: dramatic, comic and tragic. If their Love is dramatic, the characters suffer. They suffer mutually and faint until they marry. As soon as they marry, no one faints any longer. If their Love is tragic, the characters die. If their Love is comic, the characters remain alive and laugh everything off. They do not view life seriously. Tragedy is related to mind, and drama – to the heart. There is no suffering and death in real Love. There, the link between the souls gets ever stronger and never breaks. Real Love is characterized by growth and achievement.

So, have in mind, that human Love is Love of shadows. It is like a beautiful dress in which the heart dresses itself. As soon as it gets dressed in this garment, instead of rejoicing, the heart begins to suffer. Why? The garment is not suitable for it. Such Love constantly takes. It does not give anything to people, so they are in constant discrepancy. What do we see in life? Two people

## *THE LANGUAGE OF LOVE*

fall in love with each other – due to lack of understanding the laws though, they run across the Love of the shadows that only takes. Each one of them wants to take, till one day both of them begin to hate each other. To preserve their Love, they have to experience the real Love that is distinguished by giving. If one does not give and take, one cannot be loved. People should know when to accept God’s Love and when they should give it. In Love, things should have their proper time.

When we talk about the Love of the shadows, don’t judge yourself: neither underestimate, nor overestimate yourself. People should have a proper measure for the things, they should know that there are two valuable things within them: Spirit and soul. As one knows this, one should neither underestimate one’s Spirit and one’s soul, nor overestimate them. The Spirit and the soul represent the mother and the father. Consequently, love your father – your Spirit, and your mother – your soul. Work in unity and harmony with them in order to develop your mind and your heart that are given to you as tools for the physical world.

“God is a Spirit”. Where does God manifest Himself? God manifests Himself within the mind – as light, within the heart – as a warmth, within the will – as a power. God also manifests within the human soul and Spirit. If we cannot find God at these five places, we will not be able to find Him anywhere. All the noble and exalted feelings ripen within the human soul thanks to the Divine Warmth and Light. Not only the human soul should give birth, but the mind and the heart should give birth too. The mind should give birth to bright thoughts and nurture them. The heart should give birth to warm feelings and nurture them. The will should give birth to power, which constantly increases. If one cannot nurture one’s thoughts, feelings and actions, one will spoil them which means to spoil one’s own self. Human thoughts, feelings and actions should be healthy and clear, because they are part of the composition of his body. At the same time, they are also part of the composition of the future world.

A new world is being created now. It is designed in space as on canvas. To understand it, man should go deep into himself. This can be achieved by examining the small quantities. Each thought, feeling and action are such small quantities, that people should consciously examine. As soon as a bright thought comes into your mind, examine how it was born, what was its origin, etc. As soon as a good feeling comes into your heart, find out its origin. Examine the origin of your thoughts, feelings, and actions, noting the minute, the hour, the day and the time they were born. Thoughts, born in spring, summer, or winter have different features.

As He stopped by the well to rest, Christ talked with the Samaritan woman. He was telling her about the life-giving water, but she thought He meant the ordinary water and was wondering how he can give her water when there was nothing to draw this water with. Likewise, now you do not understand the problem of thought, so you also might say as the Samaritan woman: "Give us from this water, so that we will not become thirsty." At last, Christ told the Samaritan woman: "Go call your husband!" – "I have no husband." Man represents the human mind. This means, the Samaritan woman did not have a mind – that is her higher mind, which perceives things properly, was not awakened yet. During their life, people should work on themselves and develop their higher mind. To manifest their sublime mind means to manifest the male principle within them.

Today every person wants to be brave, to manifest character and power. People cannot be brave, unless they have mind. People cannot be stable unless they have heart. The mind develops manhood – the heart develops stability. Therefore, man differs from the woman in his power; woman differs from the man in her stability. Leave a woman in an empty house and see what happens. Several years later, the house will be full. What people do in the world outside happens within their inner world also. Because one of the features of the heart is to gather, the woman gathers and fills the house. People do not need many things. They need few,

## *THE LANGUAGE OF LOVE*

but important things.

As disciples, you should strive to attain bright thoughts that have a high value. These thoughts come from distant spaces. They are brought to Earth by Higher intelligent beings that have a special mission. These beings love people and come down to Earth especially to bring them light, Divine thoughts and elevated Divine feelings. These thoughts and feelings are gifts for people. They need to receive them on time and to work with them. This work will bring radical change in their lives. Each bright thought, feeling, and action is a great blessing for people. Those who appreciate them become great people.

Christ says: “I have food to eat that you know not of”. This means: “I have a task – to fulfill the Will of My Father – not My own will.” Each one was sent to Earth to fulfill the Divine Will. Therefore, each was given a special mission. This mission consists in the reception and implementation of bright thoughts and elevated feelings. If one fulfils one’s mission properly, he will have attained something valuable, which could be taken to the other world.

*July 16, 5 a.m.*

## BASIC RULES OF HYGIENE

I'll read chapter 5 of the Galatians. From this chapter you can see what the ideas and the views of the first followers of Christ were. The circumcision discussed in this chapter is an old law (Verses 1 – 3). Today, the vine is also pruned, so that it can bear more fruit. The vine-growers experimented and, after they had pruned some vine-twigs, observed that these vine-twigs bore more fruit, so they came to the conclusion that the circumcised vine-twigs develop better and give more fruit.

“You, whosoever of you are justified by the law; ye are fallen from grace. For we, through the Spirit wait for the hope of righteousness by faith.” (Verses 4-5)

In these verses, the theme about the justification and release from punishment is discussed. Man can be released from some punishment, not by law but by faith.

“I have confidence in you through the Lord, that ye will be none otherwise minded: but he that troubleth you shall bear his judgment, whosoever he be.” (Verse 10)

In each society, there are people who trouble both themselves and others. These are the people, who attend to the personal life, that is – who live only for themselves. There are such people everywhere: both in the secular and in the religious life. In order to get out of his personal life man has to realize that he has come to Earth to serve God – not himself. As soon as he realizes this, he needs to give way to the Divine within himself, so that it can manage his affairs. Consequently, man should not meddle with God's matters.

“For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.” (Verse 13)

Service without Love makes no sense at all.

## THE LANGUAGE OF LOVE

“Now the works of the flesh are manifest, which are these; Adultery, fornication, uncleanness, lasciviousness” (verse 19).

The word adultery can be regarded in its broad and its narrow sense. In its broad sense, adultery implies giving priority to lower matters over the Divine, to the flesh over the Spirit. If you love people more than God, you commit adultery. If you love food and clothes more than God, you commit adultery.

“Idolatry” (verse 20). – Idolatry implies service to what is not real.

“And they that are Christ’s have crucified flesh with affection and lust.” (Verse 24)

In the past they crucified flesh, now they cultivate it. In the past the masters were punishing their disciples with the help of a “falaga”\*(stock). Later they brought them to their knees; or slapped their faces. Today, they train them with the help of reprimands, scolding, remarks about ill behaviour, etc.

“ If we live in the Spirit, let us also walk in the Spirit.” (Verse 25)

In order to live by the Spirit, man has to break free from the personal element within him.

What is the personal life? The personal life can be likened to the formal dresses that are worn on special occasions. You cannot work in these clothes. If you want to do some work for someone, you put on your working clothes. Hence we can draw the rule: when you go among workers, put on your ordinary working dress. When you go among people who have some kind of meeting and only talk, dressed in their clean, new clothes, dress in your clean white garment. That is what all the workers and artisans do.

But what is important is the inner clothing. This clothing defines your character and virtues. Until he works out his inner clothing, man makes a lot of mistakes. The child also makes a lot of mistakes before he learns to write a good hand. No matter how

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\* Falaga – a wooden device, used to fasten the legs of the punished disciple, after which they thrashed his feet.

## *BASIC RULES OF HYGIENE*

many corrections the master makes, the child continues to make mistakes. But the more the child grows, the more he begins to realize his mistakes and corrects them by himself.

Contemporary people occupy themselves with one another, mutually criticising each other, not knowing that the mistakes man makes have nothing to do with his soul. This is because they do not have a clear vision of man. They do not know which person is good and which one is bad. For many people the strong person is bad, and the soft person is good. Mud is also soft, though. Is the mud good? Is the dust good? Bad is that man, who cannot apply properly the Divine Love and Light. Good is the person, who properly puts into practice the Divine Love and Light. The person who cannot use the Light properly gets ill and looks for help from doctors.

Now all of us here are in a favourable situation – the air is clean, the altitude high; from such altitude descend the ideas, that we can accept only here. As soon as the disciple joins the class, he will take in new thoughts and feelings and adopt new ways of acting. Outside the class the disciple works with another kind of matter, different from what he takes in during class. Why? Matter has different features, different vibrations – coarser and finer. The higher you are elevated, the finer the matter you take in. The condition and the mood of man depend on the matter he takes in. If this can be said about the physical matter, how much more can it be said for the spiritual one. For instance, when someone has dressed in clothing made of fine material, he feels comfortable. When he dresses in clothing made of coarse material – he feels uneasy. Some saints used to put on clothes made of coarse material, so that these clothes would feel rough on their skin. In this way, their senses were constantly awake, and their thought was constantly directed to God.

You often hear people say that they have to love each other, that they should love God. The one who lacks understanding will strive to find God externally – he will ask where and what God is, etc. God has descended into the human mind as light, into the



## *THE LANGUAGE OF LOVE*

human heart as warmth, into the human will as strength, so that man can think, feel and act. After all this, the man still tries to find God elsewhere. The most beautiful and greatest, the most reasonable being in the world is God. Beauty is related to Truth. Man can also be beautiful – if he loves Love, Wisdom and Truth. See Love as a beautiful and accessible image and it will give meaning to your life. Love is an ideal and an aim in a human's life. Everything people do is in the name of Love. Without Love they can attain neither Wisdom nor Truth. As people attain these virtues, these great forces – they become powerful and beautiful.

Talking about beauty, we mean mainly the internal beauty – the beauty of the soul. That one, who is internally beautiful, is externally beautiful too. The beautiful person is delighted with all people and sends his light to everybody. Does the Sun not do the same? The Sun is beautiful. It sends to us its Light, so that we can see it. The beauty of Love is in the warmth. In fact, man can be beautiful only if he bears the warmth of life. Warmth makes you well disposed. Warmth opens your Path. Without warmth, that is - without good feelings – your Path is closed. Man can be loved only when he bears the Divine Goods and generously hands them out. If he is not ready to give of the Divine Goods, then he cannot be loved, neither by people nor by Higher beings. The one, who does not give away the Divine Goods to others, is diverted from the right Path. The same holds true for the angels as well. The Angels of light bring the Divine Goods to all who are in need. The one who keeps everything for himself is a fallen angel.

Many people are afraid to give, for fear they might get impoverished. That one, who distributes the Divine goods with Love, though, never gets impoverished. Can the source which gives water abundantly get impoverished? If it is connected to a large inexhaustible source, it will never get impoverished. Consequently, the one who gives is also receiving. Do not hinder the Divine Goods! If you break this rule, you will be held responsible. That is why, when God gives you something good, take it, work with it, and apply it freely.

## *BASIC RULES OF HYGIENE*

So, as he lives on Earth, man needs air - as food for his etheric double, for his astral body. He also needs light. To nourish yourself with light means to acquire bright thoughts for your mind. He needs warmth. To nourish yourselves with warmth means to acquire good, warm feelings in your heart. As a man nourishes himself properly with the light, his mind brightens; as he acquires the appropriate warmth, his heart becomes good and noble; as he acquires the air properly, his strength becomes great; as he takes in food properly and assimilates it well, his body is healthy. If the human body is healthy and if it is constantly improving, this means that he eats well; if his strength is increasing, this means, that he takes in air properly. The air contains a special kind of energy, called by the Hindu "prana". Other scientists call this energy life-giving electricity, or a life-giving magnetism. You have come here in the mountains not only to breathe clean air, as many people think, but also to take in prana, that is, you have come here for the life-giving forces of electricity and magnetism. Go out early in the morning, so that you can take in the special light beams of the Sun - as food for the mind, and its warmth - as food for the heart. The best time for the lungs to take the prana from the air is in the morning. The mind, the heart and the lungs receive their food - as a result of this, the body utilizes better the proper food. Then we say that a person has fed properly.

The basic rules of hygiene for good nutrition are as follows: proper nourishment with light, warmth, air and food. When man adopts these rules, other rules will follow - the rules for his attitude towards God, his neighbours and himself. How should we love each other? This is one of the hardest questions. To love someone means to help him. You can help him in the following way: you can enable him to accept light, warmth, air and solid food properly. If he needs help for his mind, then you will show him how to receive the light; if he needs help for his heart, you will show him how to receive warmth; if he needs proper breathing, you will show him how to breathe properly; if he needs health, you will show him how to eat.

## *THE LANGUAGE OF LOVE*

If a bad thought comes into your mind, or a bad feeling enters your heart, do not keep them for more than one minute. Try to get rid of bad thoughts and feelings as soon as possible, so as not to burden yourself or others.

At present, everyone talks about Love, but each understands Love differently. Some people think that the closer they are to each other, the more they love each other. But as soon as they marry, they see that it is not so. This is a wrong understanding of Love. If someone marries, it does not necessarily mean that Love has visited him. Love is an attribute of the soul. The soul is the one that loves. In this sense no one is married. The soul does not marry and does not bind. The individual marries in order to fulfil a mission. The Spirit also does not marry. That is why Christ says: "Those who marry this century neither marry a woman, nor a man." What people call marriage is an act only on Earth. What Love is the Love that changes? True Love is eternal. The true Wisdom and Truth are eternal, too. Man should believe in them. If your faith is stimulated by Love, Wisdom and Truth, then you are on the right track. People of a strong faith do not usually get ill. If they are ill, they manage to deal with their illness easily. Illness brings something good for them. Human strength is being tested through the illnesses. If a person is strong, he will defeat the illness. If he is weak – then the illness will defeat him. And you should know that illnesses are nothing but big wrestlers, which attack you to test how strong you are. There are also people, who impact you not only physically, but mentally as well. By their thought they can damage some part of your body: your face, your hand, your leg, etc. But there are also people, who can help by their bright thoughts, who can release all the difficulties and distressing states. With their thought they are stronger even than the biggest wrestlers.

So, when we talk about evil, we imagine it as a wrestler, who ties the hands and the legs of the man, aiming to limit him. No matter how strong evil is, though, good is always twice as strong. It comes to help, unties your hands and legs and sets you free. Man

## *BASIC RULES OF HYGIENE*

has come to Earth not to fight with evil, but to develop self-control and patience and to work with the positive forces of Nature. Why should man become perfect? Man should be perfect in order not to yield to the negative forces. Patience is like armour that protects a man from evil. Faith, Hope, Love and Truth protect with their armour, too. If he is not armoured with them, he yields to forceful beings, to the wrestlers, and becomes a toy in their hands. In order not to be a toy in the hands of such beings, have Faith, Hope and Love. In order not to be a toy in their hands, gain knowledge, Light and freedom.

Contemporary people live in a world of limitations. On the one hand they are limited, but on the other hand they are being liberated. Both are done by the beings that live in the universe. Some beings carry out the Divine will; others do their own will. The second kind of being likes to hamper people and hinder them. They enter into them, study their weaknesses and begin to suggest various thoughts, aiming to hamper them. If they enter into an unmarried young lady, they begin to suggest to her the thought of falling in love with a young man. If they enter into a young man, they direct his attention towards the young lady and soon after that the young man and the young woman meet and fall in love with each other. If they cannot marry, they suffer. If they marry, soon after that their Love disappears; they feel like strangers and want to separate. This Love has been created artificially and therefore it vanishes. This Love is as durable as is the love between the pig and its owner. The owner loves the pig: he feeds it, takes care of it, so that it can grow fat. As soon as he sees that it is fat enough, he takes it out of the pigsty and puts his knife into the pig's neck. The love of the master towards the pig lasts till Christmas at most. In the same way the evil beings proceed with people. Someone wants to make a profit and is ready to believe anyone who promises him happiness. When you meet a person who makes big promises, be aware that he does not tell the truth.

As you have come to Earth, you should know that the only One Who can grant you security and nourishment is God. Everyone

## *THE LANGUAGE OF LOVE*

who serves Him is a Divine servant. Knowing what your mission on Earth is, give freely, generously, and be grateful for everything you receive. Give and take freely. In other words: give with Love and take with Love.

As we preach about Love, Wisdom and Truth, many people want to know if what we preach is true. They want evidence. Truth should not be proved – it should be verified.

As they verify it with their life-experience, they will know that it is true. Someone in a hurry cannot speak the truth. Truth does not hurry, but bides its time. How can you prove that the air is clean? As soon as you breathe it in, you can tell if the air is clean or not. A man is himself an authority for Truth. As he lights his candle, man can express his opinion on the strength of its light. God has lodged within the man measures with which he can define the quality of light and warmth, of air and water cleanliness, etc. In what way is the strength of a musician expressed? The strength of a musician is expressed in this: that he transmits a part of his musical energy to his listeners and helps the development of their musical centre. If he cannot do so, either he is not a great musician, or his listeners do not have an ear for music. The sunshine and the sun's heat are powerful, because they help the growth of every living thing - plants, animals and people, helping the development of human gifts as well. If you would like somebody to become a good man, the energy of the good should flow from you, and this person should receive it. If such an energy exchange does not take place, you cannot influence him. If you would like someone to become a believer, part of the energy of faith should come out of you and enter his respective centre. People are not developed equally: some of them have a strongly developed centre of faith, others have a strongly developed musical centre, the third - a strongly developed philosophical centre, and the fourth – well developed powers of observation, etc. Each one should work hard in order to develop his poorly developed centres. As disciples of the occult school, each one should know himself and know which of his brain centres are well developed and which are not. People who are great individualists have a receding forehead. The upper

## *BASIC RULES OF HYGIENE*

part of their forehead is slanted, while the lower part of it is well developed. They are very observant. People, whose foreheads are straight, with a well-developed upper part and a poorly developed lower part, are good philosophers.

People do not observe the Divine laws; they criticise each other, and as a result they mutually hinder one another. What does the word “criticism” mean? Criticism is a natural, Divine measure, by which things are measured. If you apply this Divine measure properly, then the criticism is in its proper place. If you do not apply this Divine measure properly, then the criticism is not just. You say of some person that he is not good. How can you tell that he is not good? What measure did you apply to him? What measure do you use for the good man? The one who never gets dirty and who never spoils things is a good man. The one who never loses his purity is a good man. Can you muddle the water of some deep mountain lake? The one, who never takes offence, is good. His temperature is ten thousand degrees. What is the offence? The offence is nothing but an iron ball. What will happen to this ball if you throw it at a man, whose heat is ten thousand degrees high? Before it reaches him, it will melt. So, no offence can reach the good man. Today, almost everyone takes offence, because his heat is low.

Contemporary people strive towards a new order, similar to that which exists in the invisible higher worlds. Consciously or subconsciously they strive towards this realm, but they should know that the intelligent world does not accept ill or weak people. If such a person gets among them, they immediately send him back to Earth. They do not stand an impure being. Man has come to Earth in order to learn how to live a pure and sacred life and to get ready for the higher worlds. Because of his ignorance he can injure his organs and thus not accomplish the task for which he came to Earth. That is why he needs real knowledge. When he enters some religious society, man has to be reasonable, to have knowledge, so that he does not cause damage either to himself or to his relatives. Religious life implies relationships between souls.

## *THE LANGUAGE OF LOVE*

In these relationships, people get close to each other; then, if they are not sufficiently wise or reasonable, they might cause a chain of events that end in damage and sorrow for everyone. When tourists climb in the Alps, they tie themselves together with a rope in order to climb the dangerous places more easily. Then they have to be careful, because, if one of them falls into the abyss, he could drag the rest of them down. On the other hand, all of them together could save the one who has slipped. Such a chain of people is the spiritual life of societies. There, everyone is interrelated: if one of them falls, the rest might fall; if one of them is rescued, all of them might be saved.

Consequently, all spiritual people should protect each other. Do not think that the ground, on which you stand, is flat. It has high peaks, big cliffs, deep precipices, where everyone might pay with his life. Along his way, man encounters great temptations and seductions, which can trip him up.

You do not know what the aim of God is to draw good people closer to the bad ones. What is the aim of a person, who puts ice into the fire? He wants to melt it and to turn it into water. It was said in the Scriptures: “Do not grieve the Spirit who leads you to the Divine Way.” In order not to grieve the Spirit, learn to use your own judgement. Do not look at things narrow-mindedly. Unless you learn the deep significance of things, do not express your opinion about them and do not ask why God has let this or that happen. No matter how many and what kind of hardships you might have, do not draw hasty conclusions.

Consequently, keep in your mind this thought: whatever happens in your life is to the good. If a human does not understand why things happen – it is another question. The important thing is, that whatever happens in the world is for the best. The one, who does the Divine will, will get His blessing. The one, who does not do it, will be exposed to great suffering. This is a law. And if you attend to people’s mistakes, then you will bear a part of them. As you know this, do not concern yourselves with bad people. Do

## *BASIC RULES OF HYGIENE*

not think that you can make them better. A bad person is like a damaged machine that can be mended only by a master.

Know that you are surrounded by beings, who wish you well. In order to attain what you like, you should listen to them. Your failures are often a result of disobedience. The result of the disobedience is discontent. Feeling dissatisfied, man begins to look for the reason for his failures in others and says that these people are bad, that the world has not been properly created, etc. He thinks that the only good person is himself.

Now I am saying to you as well: make the foundations of your life from Love, Wisdom and Truth and begin creating from there on.

The fruits of the Spirit are: Love, joy, peace, long-suffering, gentleness, self-restraint.

The true life is the life full of light, heat, fresh air and food.

*July 19, 5 a.m.*



## ALSO IN ME

*“Let not your heart be troubled: ye believe in God, believe also in me.”*

*John 14:1*

The only thing, with which everyone is familiar, is trouble. Everyone knows what trouble is, but few people know its origin. The hungry man is worried about bread, the thirsty man – about water, the mother – about her child, the friend – about the condition of his friend, the scientist – about his scientific works, the lover – about his love. People do not search consciously for trouble, but still they are troubled. The reason for this is their poor faith and their ignorance. The one, who is troubled, has to strengthen his faith. The one, who is troubled, has to study and acquire real knowledge. Today everyone strives towards acquiring a lot of knowledge. Why do you need excessive knowledge and so much science? Why do you need a lot of food? How much do you really need?

How many bites of food does a person need? You pretend to be learned people, but you do not know how many bites you need, so that you can eat enough without overeating. The number of bites determines your health. If you take twenty bites, you will be about to quarrel with the others. If you take thirteen bites, you become suspicious and do not trust anyone. If you eat fourteen bites, whatever you undertake will go wrong. If you eat fifteen bites, you will easily change your convictions. If you eat sixteen bites, you will make a partnership with the Devil. “To make a partnership with the Devil,” means to put his methods into practice.

One cold winter day a gentleman visited some friends. As he entered, they asked him how he felt – did he not feel cold? “No,

I do not feel cold” – he answered. So, they gave him a place to sit far from the fireplace. He occupied the place so indicated, but soon after that he began to shiver and asked for permission to sit by the fire. In the beginning he wanted to hide the truth and show them that he was strong, but, as he could not bear the cold, he was forced to reveal the truth. Can we say that a man, who – feeling bad, says, that he feels good; and feeling good, says, that he feels bad – loves the truth?

What does it mean, “to tell the truth?” “To tell the truth”, means to build up something inside of you. “To speak the truth”, means to give things the content and meaning originally put into them.

If you say that you do not love anybody, don’t expect people to love you either. But in spite of this you want to be loved. Unless you learn how to love, you will not be loved. First, God loves us in order to teach us how to love. At the same time we should also love God, so that we can learn how to love.

Now the question arises: is Love finite, or infinite; that is, is it limited or limitless? In all its manifestations Love is limited. How much water can you put in a bottle with a capacity of five litres? You can put in it five litres at the most. As soon as the bottle is filled, the water you put in will start to pour out. Consequently, if you love a person more than he can accept, then part of your Love will be in excess. This Love will pour out and the result will be mud around you. This mud splashes around and creates trouble for you. What is the reason for loving one person more than you should? Self-interest. Why do you love the banker more than you love the poor man? You love the banker and praise him, because you want to open his heart and make him give you more money.

When they start quarrelling, people manifest their Love in a negative way. They call each other bad names, which could be transformed in order to change their meaning in a positive way. For instance, someone is called ‘an unintelligent man’, but the prefix ‘un’ could be left out. Then the phrase becomes: ‘you are an intelligent man’.

## *THE LANGUAGE OF LOVE*

You love someone because he is intelligent, rich, and strong. What should be the measure of love, though? People have an incorrect attitude towards their associates. Seeing a poor and unintelligent man, they write him off as someone from whom they do not expect anything good, and they forget about him. But soon after that this person amounts to something good. He becomes famous in a certain field of science or art. People are surprised that this person could have had such great potential.

Contemporary people do not understand the laws of life; as a result they do not have proper relationships with one another. Likewise, they do not have proper relationships with themselves and their states of being. For instance, if grief comes to them, they want to get rid of it, as they got rid of the poor person. If joy comes to them – they receive it wholeheartedly. If grief makes man dissatisfied, and he feels satisfied only by joy, it shows that there is something unbalanced within him. Living on Earth, man has to experience various situations, from which he learns.

When people talk about the last judgement of the world, this means in fact a review of the book that a man has written himself. When man goes to the other world, God will not judge him; instead, He will order an Angel to open the book of his life and start reading to him all that he has written with his tongue. The Angel will read the book of your life, and you will suffer from what you hear. As sensitive people, you cannot pass this exam: you will want to come down to Earth as soon as it is possible, so that you can correct your mistakes. This is the only way to understand that such an essay should not be written. It is not easy to enter the invisible world. As a three-day visitor each person can go, but on the fourth day he himself will want to get back to Earth and correct his mistakes, to write a new essay on a new theme.

Many people want to go to the other world, to meet Christ and then to return to Earth. They do not know that they have met Christ on Earth many times and treated Him badly. How will be they feel when they meet Christ, and He shows them everything they wrote about Him – good and bad? How many times have

you doubted God and Christ? How many times have you spoken badly about Them? How many times have you blamed Them for being unjust towards you! Someone complains that after he began reading the Bible and the Scriptures, his business worsened. Why was he out of luck? Because he did not understand what Love is. It was said in the Scriptures: "Love does not take offence." When a man feels offended, he does not listen to the words of Christ, but gets angry, asks for explanations and gets dissatisfied by people. If he wants to overcome the offensive words, let him imagine that the one who offends him speaks a foreign language that is unknown to him. If someone is saying offensive words to you in English, or in French – languages in which you understand nothing – will you take offence? You might listen with content and say: How nicely this man speaks! Consequently, apply in your life the following rule: Never allow anything negative within yourself. Whatever negativity you hear, see or experience, say to yourself: I do not understand this. It is better if a person is ignorant about bad people and familiar with the good things.

Christ says: "Let not your heart be troubled: ye believe in God, believe also in me." This means: "Trust that everything God has created, is for your own good. Trust, that I have come to show you the real way that leads to the eternal life." This faith is real, that withstands all hardships. If it does not withstand all hardships – then it is a poor faith. The healthy person withstands heavy burdens. The believer should give an example to all the beings that live within him. Billiards of beings live within the individual and rely on him. They want to see a good example from their master. If he does not know how to eat, their master causes troubles to his stomach; if he does not know how to breathe, he causes disease to his lungs; if he does not know how to think, he causes disorder to his brain.

So, the healthy state depends on proper feeding, breathing, and thinking. Eating, you should have a pleasant feeling. You should know how many bites to take. Children should take twenty-one bites at one meal, while grown-up people should take

## *THE LANGUAGE OF LOVE*

twelve bites. To eat properly means to assimilate vital power from the food. If you do not observe this process, you will experience many unnatural states that cause diseases. How much should you eat? If you eat little, but with lack of consciousness, you do not make proper use of the food; if you eat much, but still with lack of consciousness, you do not use it well either. In general, if your mind is not present when eating, it is of no use. In order to nourish yourself properly, you need to eat with awareness, then you will take in the nourishment hidden in the food. Afterwards, you should send part of this goodness outwards. You turn this goodness into a thought that you send into the world around you. If there are other beings around you, give to them directly from the goods that you have been given. If they are far from you, you will send them these goods as a thought. You should constantly give to the world around. People are afraid to give, for fear they might suffer privation. As they give away everything they have, though, they will sustain their own lives and will establish a proper relationship with God. The one who does not give, breaks the relationship between God and his own soul.

“Let not your heart be troubled: ye believe in God, believe also in me.” As a remedy against worrying, Christ recommends to have faith and says “Trust in God; trust also in Me.” In other words, believe that God has created everything for your good. “Trust also in Me – trust that I will show you the real path that leads to The One Whom you seek.” Christ says: “No man can come to Me, except the Father which hath sent Me draw him. And no man can come to My Father, unless I show him the way.”

“Let not your heart be troubled: ye believe in God, believe also in me.” Why is a man troubled? He is troubled, because his faith in God and in Christ is weak. As soon as his faith becomes stronger, his trouble will vanish. The trouble is nothing but clouds that hinder you from seeing the Sun. Today the sky is clear: there are no clouds. Consequently, today nothing hinders you from seeing the Sun and nothing prevents you from believing.

*ALSO IN ME*

– “But what will tomorrow bring?” You should not worry about tomorrow. The program of today does not include tomorrow. If clouds appear above you, it means that you have gone lower. If you have faith, you will go up higher than the clouds, where the Sun is shining brightly. The difficulties you encounter are the clouds in your life. Apply your faith, so that you can rise above the clouds. I wish you to rise – with your mind and heart – above the clouds, which prevent you from seeing the Sun, and to receive the bright thoughts and noble feelings.

Believe in Life, Light, and Freedom.

*July 21, 5 a.m.*

## THE DOOR OF LOVE

*John, 3*

### *Reflection*

The life of people today is at a standstill; it resembles a man in a stagnation: wherever he goes, whatever he does, he is constantly thinking about the past, about his youth. He repeats one and the same things and does not acquire anything new. They say that repeating practice makes things perfect. The old man says that the repetitions comfort him. Some believers also repeat talking about their past – how they were filled with enthusiasm, what ideals excited them, how they loved one another, etc. To repeat things without adding anything new is rhetorical. This is to come to a standstill in life.

Christ says: “ Verily, verily, I say unto thee, except a person be born again, he cannot see the kingdom of God.” (John, Chapter 3, Verse 3) The kingdom of God is a world towards which the souls strive. So the one, who is born again passes into a new state. He is not in a motionless, static state like the aged man, but enters into a new area, where everything rejuvenates. The meaning of life is in the eternal youth of the soul.

Many people complain that they are not successful in their lives. The reason for their failure is in the things that distract their attention. For instance, someone whose attention is focused on food only, thinks that life is based on eating. He is right that eating is necessary, but to think mainly about eating does not correspond to the Divine Life.

Whatever food man eats, he acquires its features. As he eats pork, man acquires some of the features of a pig. As he eats chicken, he acquires some of the features of the hen. If he wants to protect himself from the bad characteristics of the food he eats,

## *THE DOOR OF LOVE*

first it must be purified. For this purpose he needs to learn the laws of purification. The vegetarians would say that their food is pure. Well, they are vegetarians, but they eat butter and drink milk from cows and sheep, eat eggs, and some also like fish. They excuse themselves, saying that Christ also ate fish with his disciples. Each person would like to eat from the fish that Christ grilled on His fire. The fire on which Christ grilled the fish has an inner meaning. A man should first understand this meaning and only then talk about it. We regard eating as an internal – not as an external process. The inner side of eating means a method for knowing the great life. That is why Christ says: “Unless you eat my flesh and drink my blood, you have no life in you.” So, if you eat the flesh of Christ and drink His blood, you have life in you. But if you eat the flesh of animals and drink their blood - you have no life. It makes a difference whose flesh you eat and whose blood you drink. The very way in which you eat the flesh and drink the blood also matters.

Today, both secular and religious people strive towards fast acquisition of knowledge, wealth, and power. In this respect, they are impatient – they want to know everything. They resemble someone who wants to be well dressed and shows his friends his nice new clothes. They do not know that they are the same, whether in their new or their old clothes. The coat does not change the human character. In the present conditions it is not possible to know everything. If you really knew everything, you would be very unhappy. Extra knowledge would not bring you special profit. Lots of knowledge will not make your character better. As they become very learned, people begin to divide into groups and cannot get along. This is what we see in Christianity. As the number of Christians increased, as comments and interpretations concerning certain religious questions appeared, Christians divided into east and west and into Christians-Evangelists. The Eastern and the Western Christians paid more attention to the outer side of Christianity: to the outer ceremonies, to the clothes of the priest. According to their interpretations, the priest is God’s



## *THE LANGUAGE OF LOVE*

representative; they say that he should be dressed in expensive clothes and he should wear a king's mantle, with a crown on his head and a sceptre in his hand. With this, they want to emphasize the sanctity of the Divine servant. These are human regulations, though. God has not given them. Did Moses have a sceptre in his hand when he led the Jews away from Egypt? He carried in his hand a simple shepherd's staff, with which he performed great miracles. It was enough to strike with this staff to get what he wanted. What is the use of holding a golden wand or sceptre in your hand and to hit with it, but not to get what you need? The sceptre symbolizes knowledge. What is the use of knowledge from which you cannot get anything? Knowledge has a meaning only when you do something with it.

When you acquire knowledge, you need to have an insight, a sense of how to put it into practice for your life. In order to apply this knowledge in a sensible way, you should develop also a right approach. To have an insight means to perceive things internally. To make sense of something means being able to draw a conclusion on the grounds of what you perceived through your insight. Only the one who is able to apply his knowledge can develop the right approach. First you should have a good approach to yourself, to your heart, to your mind, to your soul, and to your Spirit.

People often talk about the heart, mind, soul, and Spirit without understanding their essence. They talk about the soul, but think that the soul is subordinate to the body. They talk about mind and regard it only as an instrument. They talk about the heart and regard it only as a vital organ, important for blood circulation. The heart pulsates, beating 72 times per minute. Each beat of the heart is a cosmic one. The heart is related to the cosmic energy. At each heart beat new energy comes, which renovates the whole organism. The number 72 plays an important role in Nature. For instance, 72 people translated the sacred books. The number seven is a positive number and represents the creative powers in Nature. The number two is a negative (supporting, female) number that arranges things. The number seven is a creative number of the

## THE DOOR OF LOVE

angels, while the number two is a creative number of the Divine World. The two numbers – the positive number of the angels and the negative number of the Divine World unite in the number 72. The pulse of someone, who lives properly, according to the Law of Love, is normal; if he breaks this law, his pulse changes. All the negative states you pass through—doubt, suspicion, discouragement, loss of faith, lack of Love, affect your pulse. You cause yourself sufferings, not knowing this. With his negative thoughts and feelings man changes the flow of the cosmic pulse – the bearer of Divine blessing. It depends on you to open or close the path for this blessing. You are the one who blocks and unblocks it.

There was an English millionaire, who entered one day his treasury basement to count his gold and remained locked in there. He left the key outside in the door, and due to his carelessness the door swung shut behind him. The key remained outside in the lock, and he met his death beside his favourite wealth. Before his death, he wrote the following words: “If someone could have brought me a piece of bread, I would have given him half my wealth.” In this respect I say: Never leave the key of your inner wealth outside. As you unlock your wealth, keep the key with you. Man has at his disposal three keys: the key of faith, the key of hope, and the key of Love. When he is hopeful, man applies the first key. As he gains faith – he applies the second key. As he acquires Love – he applies the third key. Faith, hope, and Love represent three keys for revealing the secrets of Nature and the Divine treasures, destined from time immemorial for the souls that have come and that are coming on Earth to fulfil the Will of God.

The wish of you all should be only to know to what extent you do the Will of God, according to the laws of Hope, Faith, and Love. If you do the Divine will according to the law of Hope, you should be dressed in a Divine garment. If you do the Divine will according to the law of Faith, you should be a source of Divine water. If you do the Divine will according to the law of Love, you should be illuminated by Divine Light. Love illuminates a man. Pouring its light on him, it awakens bright thoughts and exalted feelings.

## *THE LANGUAGE OF LOVE*

Christ says: “No one can enter the Kingdom of God unless he is born of water and the Spirit”, that is, unless you are born of water – that comes as a result of the law of faith; and of Spirit – that comes as a result of the Law of Love. Love is the bread descending from heaven. If he does not feed on Love, man cannot be born again. Only the one who has been born again can acquire and use the civil rights of a citizen of the Kingdom of God.

“Unless you are born again.” The birth mentioned in this verse is not a single process. It is not a static, but a dynamic process. This birth includes opportunities for growth. Indeed, after the child is born, its body, mind, and heart grow and develop. The same holds true for the spiritual life. Man should constantly increase his acquisition of Divine Knowledge. Growing in consciousness, man can be born again – of water and Spirit, this is the starting point for the creation of a new human being. You are in the process of creating the new-born individual now, but in the course of this process you use organs made by past generations, as a result of which your new-born man shows old habits and weaknesses. You take hope easily and lose hope easily.

Good people are like a statue, well shaped by a famous sculptor. A bad person is a simple, crude stone that has not yet been processed by the tool of the Great sculptor. A day will come, when on this stone will work the hand of the Great sculptor, Who will carve an excellent statue out of it. For the one who does not understand the Divine laws, this stone is not worth a bean. But the one, who understands the Divine laws, he knows that the simple, unprocessed stone is an opportunity for the Great sculptor to manifest His knowledge and art. The bad person is like soil, working on which you can gain knowledge. What better condition for work than the opportunity to turn the bad man to God?

An old legend tells the following event from Buddha’s life. As a Brahmin, one day Buddha prayed to God. His prayer was very long, but he could not finish it, for he was very exhausted. Meanwhile, a rabbit passed by him and jumped into the fire to be roasted. Buddha made use of his sacrifice, cut a part of the

## *THE DOOR OF LOVE*

meat and ate it. Gaining new strength, he finished his prayer and thanked God, that He had sent him the rabbit. In his next life as a Master, Buddha helped people and advised them constantly, but one day he decided to withdraw in seclusion.. He told his disciples that this day he would not receive visitors. Brahmins and high-ranking people were coming, but all of them were turned away. Meanwhile there came a simple, poor man. Already from a distance Buddha saw him, stood up, met him kindly and talked with him for a long time. His disciples were very surprised and asked him: – “Master, today you refused to meet high-ranking people, but you showed this poor and simple man so much attention. For what reason did you do this?” Buddha answered: – “ In the distant past this man was a rabbit. One day, when I prayed to God and was very exhausted, he sacrificed his life for me – he jumped into the fire and was roasted. I ate from him, gained new forces and was able to finish my prayer. Today I repay him for his sacrifice.”

Contemporary people demand great attention either from God, or from others. In order to have somebody’s special attention, you should have made some sacrifice for him. Have you made the sacrifice the rabbit made for Buddha? Who has sacrificed his life for God? You, too, like to be loved without making any sacrifice for others.

How can you tell who loves you? If someone tells you sweet words, is this Love? The sweet words cannot determine Love. They can encourage and please you, but this is not Love.

What is Love? When two young people fall in love with each other, they go blind and cannot see anything else. They forget the whole world: no matter if they eat or drink – nothing else exists for them. They live for one another, they caress and stroke each other and say: our life has been given meaning. This is a wrong view of Love, though - just then their lives lose their meaning. Their Love is refreshment, but it is not the eternal limitless Love. Love that comes out of the Light of God makes you love everyone. You love, you feel joy, you are ready to sacrifice yourself for the Whole. So man does not live anymore in the realm of the individual love,

## *THE LANGUAGE OF LOVE*

but in the realm of Universal Love. This Love relates the human soul with the other souls. He gets in touch with a living individual, with his soul – not with his personality. It is great to love! Only this one can feel the greatness of Love: the one who is linked with God – the only One Who responds to the deep human need to be loved. God helps him in all cases and with all sufferings. As he enjoys something, God enjoys with him. Whenever man turns to God with his prayer, he always gets His answer. God helps you through people, animals, and plants – the whole of Nature is at His service.

As man encounters great suffering, he gets discouraged, loses his sense of life and starts to regard himself as a great sinner, for which reason everybody has deserted him. Just then, God sends him someone to grant him attention and Love. Through this attention, God manifests Himself and helps him. If a person grasps this as Divine providence, he acquires something valuable. If he does not grasp and appraise it, he will experience great hardships. In order to manage easily the hardships of your life, be always young and do not get discouraged. Contemporary people grow prematurely old, because they think that they know everything.

Apostle Paul says: “If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but have not love, I am nothing.” In order to enter the kingdom of God and release his soul from all the hardships and sufferings, man should attain Love. Man can break free from his past, present and future only with the help of Love. He will break free from his sufferings – from his past life, and he will stop expecting his happiness from his present and future.

Many people expect the future, when Christ will come to the Earth to save them. Christ lives in the present, in everything born from Love. To know somebody means to experience his Love. He has to experience your Love in order to know you. In other words: in order to know someone, you should pass through the door of his Love. He, too, can know you only if he passes through the door of your Love. Christ passed through the door of human Love

## *THE DOOR OF LOVE*

as well – he experienced the sufferings. He sacrificed everything out of Love towards humanity. Christ says: “I am the door. That one, who does not enter through me, cannot enter the Kingdom of God.” Christ passed through the door of human Love. Now mankind should pass through the doors of His Love. The one, who passes through this door, will enter the Kingdom of God. Christ expresses this thought with the words: “If a man loves me, he will keep my words: and my Father will love him, and We will come unto him, and make Our abode with him.”

So, each one should pass through the door of Love. Is this door in one place, though? It is in many places. How many times should one pass through the door of Love? He should pass through it many times. Imagine that you have to walk along a way, several thousand kilometres long. To walk this way, you have to pass by many places: valleys and fields, mountains and forests. Each of these places has its own door, through which you need to pass. If you need to pass through so many doors walking on the pathways on Earth, how many more doors should you pass, in order to enter the Kingdom of God? At every step you will pass through the beings, who will test your Love. When they see that you have enough Love to enter the Kingdom of God, they will let you in and give you a free ticket. Great is the exaltation of the human soul as it catches a glimpse of the Divine face!

After the resurrection Christ appeared before his disciples, but He told them: “Don’t touch me until I ascend to my Father.” What does it mean to ascend to God? In order to ascend to God, man has to have passed through the greatest sufferings and to have drunk the cup of sorrow. Only then is he ready to stand before the face of God. Afterwards, nothing in the world can bring him back from his way. Nothing can tempt him. Why does God give to the man a bitter cup instead of a sweet one? If He gives him a sweet cup, everyone else will want to take it from him and drink it. But no one wants to drink from the bitter cup. Consequently, no one can take away from you the wealth acquired through suffering. The one, who has gone through suffering, says: I felt good that I suffered.

## *THE LANGUAGE OF LOVE*

Why does suffering come in human life? In this way man acquires the goods that God has determined for him. This thought should lie deep within the human mind, so that when man comes across some suffering he might see what is hidden in it, instead of complaining about it. Suffering is a screen, behind which some good resides.

Three young men fell in love with a beautiful, wise young lady, and each of them wanted to marry her. In order to test their Love, she subjected them to the following test: she made a cardboard barrier that looked like a steel one, with three sharp knives stuck into it. Each candidate had to pass through this wall on a bicycle. The one, who dared to do this, would receive her hand. The first candidate started, but, getting near the wall he saw the three sharp knives and stepped back, saying: "I do not want to die!" The second candidate accelerated the speed, but coming closer and seeing the sharp knives, thought: "What will I get from the young lady if I make this sacrifice for her?" At this thought, he turned back. The third candidate rode forwards, not thinking about the consequences. He had one wish only – to marry the beautiful young lady. What happened? The barrier and the knives proved to be cardboard. He reached the wall, broke it and appeared on the other side. He gained the Love of the young lady. When they saw this, the other two candidates said: "We could also have done this".

Today, everyone is subjected to the same exam. As they come near the cardboard wall, most of them step back. A poor simple man will be found, though, who does not think much about the consequences and who will pass through the barrier. After that, the second exam will follow – passing through fire. The barrier through which one should pass will be made of iron. In order to overcome it, he should have great heat - to melt it. If he does not dare to pass through it, he will fail to pass his examination. The difficulties in life are nothing but an iron barrier. They can be melted only through fire. They are a result of the struggle between your outer and inner lives. The one, who withstands this

## *THE DOOR OF LOVE*

struggle, will be saved. The saved one will live in Divine freedom and service to God. It was said in the Scriptures: “Only the pure in heart shall see God.” It is worth passing through all the sufferings and purifying your heart, in order to be able to see the face of God and the face of Christ. “To see the face of God” and “to know love”, this means to fulfil the wishes of your soul. Strive for this Love that shall provide you with the flight of the angels, so that you can tour the whole universe and study it.

I wish you to feed with Love, to be born of water and Spirit, to become citizens of the Kingdom of God.

Christ says: “That one who loves Me, will be beloved.”

*July 23, 5 a.m.*



## LOVE AND RESPECT

On examining human life and its manifestations, you see, that there are in general two ages: the age of the young one, who is at the dawn of life and the age of the old one, who is in the decline of his life. The first ones are considered happy, while the second ones are considered unhappy. This view is a result from a wrong understanding of life. Why? Because how can we say which is better – the sunrise, or the sunset? Both events are illusionary. In fact Sun is always there. Growing old, man lets the young one rejuvenate; rejuvenating one, lets the old man grow older and wiser. In the course of his whole life man again and again rejuvenates and grows older. If the old man does not rejuvenate, and if the young man does not grow older, they can never get along. When we talk about old man we understand someone who has spent more of his life occupied by negative, rather than by positive thoughts. After some time, the negative thoughts and feelings burn him down without contributing something deeply to him, because they are dynamic forces. They lack the energetic potential to create something.

People are afraid of illnesses, which could lead to prematurely aging. An illness can make you to lose weight, but normally two or three months after his illness, man should recover and rejuvenate. Man's strength is in his mind and consciousness. As long as his mind is bright and his consciousness awake, he constantly rejuvenates. In order to rejuvenate, make friendship with young people. There exist two ages in the world: constant youth and constant old age. Those, who are always young, we call people of Love and those, who are generally old, are people of Knowledge and Wisdom. In the course of life these ages constantly change.

The individual is being born as a child that grows, passes through adolescence, youth and maturity, until he finally grows

old. Irrespective of his age, man should constantly rejuvenate. In order to rejuvenate, two things are required from him: if he is young, he should respect old people; if he is old, he should love young people. Consequently, if he wants to acquire knowledge and become wiser, the young man should respect old people. If the old man wants to rejuvenate, he should love the young people. Life stimulates you to achievements, while the knowledge provides the ways to realize these desires.

Contemporary people are provided with opportunities for great achievements, but they fail, because their views are limited. They say: “Whatever efforts we make, we cannot have great achievements, because everything ends with death and there is no other life.” Does other life not exist? Does the setting of the Sun mean that it doesn’t exist?

When you say, that somebody died, it is a temporary setting of his terrestrial life. Not long after that, the same man will rise from the East somewhere else. As he comes again to Earth, this man keeps silent and does not say his name, so that the others do not recognize him.

You have descended to Earth many times. The baby cries and expresses joy before anyone has taught it something, which shows that it comes with the knowledge what is pleasant and unpleasant, what is good and evil. It remembers this.

Many of the people’s suffering are due to the same reason – remembering. As they find themselves in front of certain trial through which they had once passed, they cry, they suffer, and do not want to pass through the same experience another time. But the things never repeat in Nature, so they will not pass through the same trial. Each your experience brought to you some kind of new knowledge and new opportunities. You needn’t to pass twice one and the same path.

If you want to stay young, keep in your mind the idea for the eternal youth.

Can you tell that old people are no longer necessary? Can you tell that the old Sun is not longer necessary to Earth? What is the

## *THE LANGUAGE OF LOVE*

old Sun? The Sun grows old as it descends to Earth. The more it descends to Earth, the older the Sun gets. As soon as December comes, the greatest ageing occurs – the days become shorter, while the nights become longer. Starting from the day of its oldest age, the Sun begins again its ascension, passes through a new phase – the phase of its rejuvenation: gradually the days begin to increase, as the nights begin to decrease. While the longest days we say, that the Sun has reached the highest point of its rejuvenation. Whatever happens with the Sun, the same happens with a man: he also gradually moves along his orbit in one and another direction by which the days of his life at times increase, at times decrease. This should not disturb you.

The young man was sent to Earth to acquire knowledge, to become strong, to serve to humanity. The old man should leave his wealth as an inheritance to the young one. While he was young, he gathered wealth, accumulated it like a banker in his cash-box, but as he grows old – he has to give it away. As he grows old, man should learn to be generous and self-denying. He should deny his wealth and his youth, in order to acquire true knowledge and Wisdom. Self-denial, self-sacrifice is something great! In order to give up something, man needs to find something else to replace it. For instance, for the sake of love, many young men are ready to give up drinking, smoking, and many other vices. Consequently, while love preoccupies their minds and hearts, people can achieve all they want. As soon as they lose their love, their life loses its meaning.

Now, you have come to the mountain to learn its story. All the mountain peaks and cliffs witnessed ages when the Sun was rising not only from the East like today, but also from the West, North, and South. They witnessed ages when the axis of the Earth was perpendicular. There was a time, when the Earth axis was horizontal, too. Can you imagine what climate, what flora and fauna existed then? Those were distant geological ages, for which contemporary science and history keep silence. There was a time when even your shape was completely different from your

present one. As regards your shape of that time, you keep silent. Man should not talk about the past.

The age, through which contemporary people pass, is distinguished by great goods. One of these goods is the belief. The true belief means to believe in things that are impossible today. What cannot happen today, will happen tomorrow. Things I tell you, are one hundred and one percent true. For instance, do you believe that the Earth will change, so that it will be transformed into a paradise garden? As you come again to the Earth you will see that my words are true. There will be no ill or suffering people; there will be no fires, earthquakes, and floods like those of today. Great disasters happen on Earth today. There will be no disasters on Earth at that time. At present 40 million people are being born and around 35 million die annually. Some countries want their population to increase. Population growth is a natural process, but it has to be reasonable as well. Otherwise sufferings will increase. The same we observe by the increase of human desires. The more someone's desires increase, the more his suffering increases. If his desires decrease, his sufferings decrease as well. In the course of the year, you should realize at least one desire, one thought, and one action. So, if you live 50 years, you should realize at least 50 thoughts, 50 feelings, and 50 deeds – 150 all together. Imagine that these desires cost ten million leva each. As you can see, you will have great wealth then.

Today, everyone wants to be rich, but wealth depends on some factors. Certain brain centres determine if man will have many cornfields, houses, books, or money. If these brain centres are well developed, the prosperity of man corresponds to them. If these brain centres are not well developed, the individual remains poor. The brain centres, examined by the phrenologists have different functions: for example people who like to philosophize have two strongly developed centres at the front of their forehead. Others, who have good taste and like to dress well, have developed the centres that are in the lower part of the forehead. If the religious feeling of man is strongly developed, the upper part of his head

## *THE LANGUAGE OF LOVE*

– his crown, is prominent and well shaped. If his religious feeling is not developed, this area is flat, like a valley. The centres, that are strongly developed, send part of their energy to the ones that are poorly developed. The same happens in Nature as well. The energy from the mountain descends in the valleys, so that a proper exchange and balance of its forces takes place. The poor man is like a valley in which wheat grows. The wealthy man is a high peak, from where the energies are pouring towards the valleys. After some time, the valleys will be elevated and become mountains, while the mountains will slope down and become valleys.

Many people do not understand the Divine laws, for instance they say for someone that he is an unbeliever. By what you can tell, that he is an unbeliever? He lives good life, neither quarrels with anyone, nor disturbs anyone. Another one is considered a believer, but in fact he does not live well, insults people and causes them harm. In what do you see his belief, then?

The belief is something real. Real is what you can do in certain moment. Strong is one who can realize his thoughts and feelings in any given moment. When you want to be strong, never postpone the realization of your good thoughts and intentions. Each good thought realized on time, strengthens your mind. Each good feeling, realized on time, betters the condition of your heart. So, the good thoughts support the healthy condition of your brain, while the good feelings support the optimal blood circulation and breathing, and the good deeds support the health of the digestive system; as a result, you eat and sleep well. Think right, so that your brain can be kept in a normal state. Breathe deeply, so that your lungs can be kept in good order. Do well, so that your stomach can function regularly.

We have come to the Earth to do the Will of God, to live well. This is a general law for all: for the countries, for the people, for the societies, for the families, for the individuals. Due to lack of understanding and disagreement, people do not live well. Some believe in one God, others believe in another God. Some believe in one country, while others believe in another country. There

## *LOVE AND RESPECT*

is no unity between people. They do not know that they have descended from one Source, from one Father, Who has created the whole Universe. Under “universe” we mean all the goods that come from God. These goods are distributed rightfully according to the great laws. Who observes these laws, he is content and happy. Who doesn’t observe them, he is exposed to illnesses, suffering, and death. The one, who loves God, has everything at his disposal; he is always healthy, merry, and ready for work.

To love God does not mean human love, neither the religious orientation. Only the strong one can love God. As he loves Him, he will always remain at the rear and let the weak ones be ahead. He will protect the weak ones and will be their rear-guard. God always remains at the rear, to protect the weak ones and help them. Therefore it was said in the Scriptures: “God will be your rear-guard.” With His full of light thoughts, feelings and actions, God helps the weak and the sufferers. You should act in the same way. If you are strong, you will remain at the rear to help the weak ones. If you are weak, you will go forward, so that the others can help you.

Contemporary people have fear for death. What is so awful about death? When a man dies, he goes to another world, more beautiful than the terrestrial one. If you could enter this world for a while, you would not like to come back. This world is with purpose hidden from your view, because you have to stay on Earth and study. It is hard to live on Earth, but on the other hand life here provides great experiences. The terrestrial life provides opportunities for great achievements. Earth provides you with coarse matter which you have to cultivate. Thus cultivated, you bring it to the other world, to work with it there. This matter does not exist in the other world. As he returns to Earth again, man sells this cultivated matter, so that he can buy another one that he will cultivate as well. You might say does man descends to Earth to trade? Well, what is wrong with trade? Trade is necessary in order people to get acquainted with each other.

## *THE LANGUAGE OF LOVE*

People have come to Earth only with the purpose to study and know each other. It is hard for people to know one another and live like brothers. All of them talk about brotherhood and sisterhood, but in fact money occupies the first place. While money plays an important role in human relations, no brotherhood or sisterhood may exist. The relations of the brotherhood exclude any sale. The brotherhood means to give without expecting anything.

The new teaching comes in the world in order to bring the brotherhood and the sisterhood among the people, to make them work for the sake of one another. Where the brotherhood and the sisterhood exist, there Love reigns. A day will come, when this idea will be realized. All of you, who are here, as well as those, that are scattered in the whole world, will witness this day, as today you are witnessing the rising Sun. The day of the New epoch will come – the epoch of the rising Sun. The world was created for the good people, who have come to the Earth to manifest their Love to God and to be sons of God.

*July 23, 5 a.m.*

## WAY TO LIFE

*“Remain in me, and I will remain in you.”*

*John 15:4*

“Remain in me, and I will remain in you.” Living in an air space, you need to know how to deal with the air. In order to use the opportunities that the air provides, you need to make a connection with it. Only then you can receive from the air the elements, essential for your life.

In order to make use of the lessons and lectures of his teacher, the disciple should be concentrated; he should understand what is being taught to him. If his mind is distracted, if he deals with side thoughts, the disciple cannot make use of the knowledge transferred to him, and as a result he visits the school in vain. Likewise, now I am talking, but few of you listen and perceive. Why? Because many of you are occupied with various problems: you have to pay some bill, or for your apartment, or you are not satisfied with your life-conditions. As long as your thoughts go astray, nothing can reach your mind. You think about anything else, but not of what is being spoken. In relation to this, only the one who has opened his mind and heart can remain in Christ. Therefore, Christ says to His disciples: “Remain in me, so that I remain in you.”

“Remain in me, and I will remain in you.” This is the greatest thing – to remain in God. It is said in the Scriptures: “God is a Spirit: and they that worship Him must worship Him in Spirit and in Truth.” “To worship Him in Spirit” means to worship Him because of Love. “In Truth” means “in strength”. The one, who does not love Truth, cannot be strong. Whoever worships God in Spirit and in Truth is strong. Love is the fruit of the Spirit, while the strength is the fruit of the Truth.



## *THE LANGUAGE OF LOVE*

Now, as you look at the sunrise, you begin to realise the presence of the Divine power in the world. From afar the Sun looks small, but in fact it is so big. The space where the Sun moves is so vast, that there is room for millions of Suns and billions of stars like ours. Besides, in space there is a place for many more universes to be created in the future. The process of creation is limitless – it has neither beginning, nor end. The matter, from which suns and planets are created, is also limitless. Many people want to know where the end of the world is. The concepts “beginning” and “end” are relative. As he begins to think, man is at the beginning of things; as he stops thinking – he is at their end. As long as he loves God, as long as he serves Him, as long as he remains in Him in Spirit and in Truth, man is at the beginning of things. As he stops loving and serving Him, he is at the end of all things, where everything disappears.

For millions of years the Sun shines, but the world is still not reformed. For millions of years the wind blows and talks to the people, but his words have not reformed the world. In fact, the world is in order; it does not need to be reformed, only the human world needs to be settled, and gradually it is being reformed. The world, in which the Advanced Beings live, these who have completed their evolution, and serve God in Spirit and Truth, is settled. These beings have been given the task of managing the physical world.

The Earth is a big spaceship on which people travel, not knowing where they go. Neither do they know when they went on board this ship. People talk about the creation of the world, about the creation of the human being in Paradise, but do not remember where this place is, or what happened there. When God created man, man’s consciousness was sleeping. It took a long time for God to awaken him. As soon as he awoke from his deep sleep, man began to cry and demand food. Up to this day he continues to cry for food. Up to now God has taken care of him like a gentle mother and gives him the necessary food. Man gets everything he needs. Everything is given to him – just like parents provide their children with everything while they study at school. After

finishing school, they apply as candidates for teaching at primary or secondary schools – according to the education they received.

Contemporary people think that they are strong, learned and good. In order to see if they really are, they have to pass through tests. If it is a question of strength, let the one who thinks that his mind is strong, try to stop the blowing of the wind, or the rain, or let him try to dissipate the clouds with the power of his thought. It is possible to talk to the wind – we have an example in the Scriptures: When He was in the boat with His disciples, Christ fell asleep, but a storm arose at sea. The disciples were frightened and woke Him. “Do not fear” – said Christ. He concentrated His thought and stopped the wind. Christ knew the language of the wind and spoke with it. The wind listens only to the one who loves him, who serves God in Spirit and in Truth, the strong and loving one. If one talks to Nature in the name of the Truth – Nature listens to him. It was said in the Scriptures: “Thou loveth the Truth in man.” The one, who lives in Truth, is the only one, who can achieve what he wants. Outside of Truth there are no achievements.

“Remain in me and I will remain in you.” It is great and beautiful to remain in God. When you achieve this, you will not need the praises of people. What is the use of praising people? Whatever opinion you might have of someone, keep it – you do not need to express it. Whether he does good or not – do not comment on that – he is still at the beginning of the good. The good in him is not yet completed. He is an artist, who has just begun to paint. He is still learning how to lay the paint, and you praise him. Praising him, though, you distract his attention from his work instead of helping him. Do not say anything before he finishes his picture. As the picture comes to life and starts talking, then you can express your opinion.

Man is a talking picture, shaped by God’s hand. All that God has made is alive. All that has been created by God is immortal. Human deeds are mortal. And when we say, that man dies, we mean that only what is not Divine within him dies.

When someone dies, people say that he is gone, because they cannot see him. Then what will you say about affection? Affection

## *THE LANGUAGE OF LOVE*

is invisible too, but in some way you can determine if someone loves you. In order to establish this, you first have to see his Love; then you have to hear that he loves you and finally, you have to smell the fragrance that comes from him. The processes of seeing, hearing and smelling are internal ones. The one, who loves, emits a special fragrance – as the fragrant flowers and fruits do. First you smell the fruit, then you taste it. You do the same with those whom you love.

What causes the fragrance of fruits? It is due to the beautiful thoughts that function within them. These beautiful thoughts come from the intelligent beings, who manage the development of the fruits. As you eat fruits, the intelligent beings examine you in order to see in what degree you recognize the Divine ways. Even though you do not know this, you use the fruits as healing remedies. For instance, the cherry and the peach have healing properties. The cherry is recommended against anaemia and neurasthenia. In spring you can eat as many cherries as you like, but you should do it with Love. In order for you to benefit from the fruits of the cherry tree, it has to be grown by a good man, grown up with love. If you eat from the fruits of such a cherry tree, the state of your nervous system will improve.

“Remain in me, and I will remain in you.” Why should you remain in God? – In order to achieve what you want. Otherwise your wishes will not be fulfilled. Christ says: “If you remain in me, whatever you ask from my Father will be”.

Now, I wish for all of you here to remain in God. If you remain in God, you may even be able to order the stones to move, and they will obey. Is this possible? For God everything is possible. You might say that the stones of the mountain are scattered, but this only appears to be a mess. In fact, all things in Nature are settled according to special laws that create external beauty. Only a few people, however, are able to see and understand this beauty. Sometimes you find that someone is beautiful, good and smart. You see this, but you are not able to see his shortcomings. He looks nice, but his mind or his patience is not developed. He is well dressed, but does it for the sake of other people – not for his own

sake. It is much better when one dresses for the sake of God and is constantly ready to appear before His face, to open his heart and mind, doing this to show how he has lived.

Whatever mistakes and faults God sees in man, He keeps silent, He does not judge anyone. Great are God's patience and His mercy. In spite of this, man dares to complain that people are bad and unjust. The bad person is someone who does not remain in God, who does not serve Him in Spirit and Truth. Then, he does not use the Divine Goods with insight. A bad man is also someone who does not act with his heart, will, soul and Spirit as he should. The wickedness you have is not of today. You brought it from your past, when you had many masters. All that you experienced is now written on your faces. It is enough to look at you in order to see that in the past you were disobedient, and as a result you carry up to now the marks on your head, legs or hands. But today your consciousness is awake and you say: Today we will live as God likes.

"Remain in me, and I will remain in you." Why should you remain in God? So that you can correct your past. If you decide to correct your past and to live well, then the elevated beings will begin to work with you and help you. However, at your slightest hesitation, they will withdraw. When you decide to live well, they will start helping you again. Knowing this, do not hesitate in your good decisions. You might say that you are not ready yet for a pure life in light, but in order to get ready, you have to work. Whatever position you have at present, work constantly, put into practice one method after another method, until you gain certain achievements.

"Remain in God." Then you will gain knowledge. Then you will not live in contradictions. There is nothing greater than to serve God! The reason for our inner delight and joy is due to this – we have made what God wanted from us. If we do not fulfil His laws, we feel sorrow and we suffer. What does the teacher of painting do, when he sees that the picture of some student is not good – he takes a rubber and erases it. When he checks the picture of this student again and finds out that his picture is still not well drawn,

## *THE LANGUAGE OF LOVE*

he erases it again. By this he draws the attention of the student to the mistakes and makes him correct them. If the student cannot correct his mistakes by himself, the teacher takes the brush and the paints and shows the student how to paint.

Remain in God, so that you can get acquainted with one another in the name of the great Love. Remain in God, so that you can serve Him in Spirit and Truth, so that you can be brave and decisive, be strong and loving, and ready for great sacrifices.

So, when you meet someone who loves you, say: "It is Him!" When you meet someone who is ready to make all kinds of sacrifices for you, say: "It is Him!" A religious man fell into great contradictions and lost his faith. One day he came out of his home and went for a walk in the town, in order to think in a clear space. Lost in his thoughts and his grief, he did not notice how several hours passed, and in time he got hungry. He noticed that at a distance of ten meters there was a pear tree. He came near to the pear tree and searched for fruits, but he did not see any fruit there. Again a failure! "I have no luck at all." – said the young man sadly. He moved just two or three steps away, when a feeble wind started to blow. The wind swung the branches of the pear tree, and he heard something falling to the ground. He bent down quickly and noticed that several nice pears had fallen down. He ate the first pear with appreciation and said to himself: "It is Him!" Then he ate all five pears and after each pear he thanked God with the words: "It is Him!" After that he said: "I never ate with such relish and appreciation as today."

It is He who makes people love us.

It is He who makes the wind blow.

It is He who gives the great goods in life.

It is He who brings light thoughts into the mind, noble feelings into the heart and who makes us behave boldly and decisively.

It is He who gives us food to support our organism.

"Remain in God, Spirit and Truth!"

*July 26, 5 a.m.*

# DIVINE LIGHT

*John, 13*

## *Reflection*

Now I will talk on mindfulness\*, which is understood only partially. Nevertheless people use it. Mindfulness is a quality of the Divine World. Under “Mindfulness” we imply the Divine Light that brings all the opportunities for human elevation. The more mindful someone is, or the more Divine Light he has – the higher he is elevated.. Contradictions do not exist for the mindful one. In general, contradictions are due to the lack of Divine Light within people. When he is lacking in Light, one creates these contradictions himself. You see a young lovely lady, loved by her parents. They care for her and enjoy her, but one day she gets displeased with them and begins to look for a man outside to make her happy. This desire is irrational.

Contemporary people want to be happy. This is not possible. Happiness does not exist on Earth. To seek happiness on Earth is the same as to sit on ice and to expect to get some food from it. Ice does not give anything. You cannot plough or sow it. Ice can give something only after it passes through a certain process. It symbolizes human selfishness. Seen from the spiritual world, human selfishness is like the Northern Pole – you can see only ice and snow there. The head and the heart of the selfish man are covered with ice, because he lives in his Northern Pole. Only on his tropical places you might rarely see some vegetation. The life-

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\* The Bulgarian word “razumnost”, translated as *mindfulness* is used in the sense of *higher mind, the divine mind*. It comes from the word „пазым“, which consists of two syllables: „па“, that means “light” in Egyptian and “ом“, that means “Divine properties”. So, the meaning of “пазым” is “Light that contains Divine properties”.

## *THE LANGUAGE OF LOVE*

conditions at the Northern Pole are bad. Up till today, people still bear the consequences of the Ice Age both from a material and from a moral point of view. The Ice Age was created after Adam's departure from Eden. Namely than Cain killed Abel. Thus, murder appeared in the world.

Why do the people kill each other? So they can take something. The bandit kills for money. He doesn't think that he kills a human being for whose creation Nature has worked for thousands and millions of years. There are people, who can kill a man for several thousand leva. Someone owes two or three thousand leva to another, so the latter kills him, because he could not return the money on time. This is a perverting of the Divine laws. As the spring gives its water to the people, does it want them to give this water back? As the clouds send rain to the Earth, do they want to get this water back? When the Sun sends light and warmth to the Earth and to all the living beings, what it demands in return? God has given intelligence to the man, so that he can understand and value things; so that he expresses his gratitude and give others full credit. When the living beings enjoy the water of the spring and clouds, the warmth and the light of the Sun, they give thanks and praise the One, Who has given these goods. When you can thank God, you can also thank everyone, who has done you some favour. If you cannot thank God, you cannot thank anyone. God has given thousands of goods to people, but when they lose even a small good, they are ready to get angry and destroy everything they had created. The small tests speak louder than the big ones. If man cannot withstand the small tests, the large tests will be much harder for him to bear.

Christ says: "You will know that you are my disciples by the presence of Love towards one another." The disciple should accept everything with Love. Love has to be his food. If he does not feed with Love, he will make many mistakes. Love is the healthiest food. What happens to people, who don't eat healthy food? They wither and suffer. What to do in order to avoid illnesses? Nourish yourself with the fruits of the Spirit. Otherwise you will encounter

the negative forces in Nature; as a result you will fall in doubt, suspicion, hatred, and jealousy.

Why you get jealous? Because you want to keep something only for yourself. The young lady is jealous of the young man, because she is afraid that some other woman might take him. What do the young lady and the young man symbolize? The young lady represents the human heart, while the young man represents the human mind. If several young ladies love one young man, which one of them has the greatest right on him? Imagine that ten people stand at a certain distance from a fruit-tree. Which one has the right to pick a fruit from the tree? If these people are on Earth, they will fight, defending their rights. In the Divine World this does not happen.

There is no overtaking and displacement in the Divine World, all beings there are mindful and love each other. As the first one who stands nearer the tree picks the fruit, he will hand it to the remaining nine. Today the Sun shines and illuminates things, so we see clearly. If the Sun stops shining, we lose the possibility to see clearly what is outside us. When you observe only the external phenomena is, you live in the physical world. When you observe the inner events, you live in the Divine World. While you perceive only the outer light, you are in a danger to get in a confusion in your mind and distort your views. When you perceives simultaneously outer and inner Light, you cannot be misled: your thought will always be bright and pure, and your views – right and positive.

Many people think that in the learning process, to make mistakes is inevitable. This holds true for the ordinary one, but not for the wise man. The wise man acquires knowledge and experience without making mistakes. He learns from other people's mistakes.

When can we say, that someone thinks right? He thinks right only when he searches deeply for the inner sense of things. If he sees a red, or blue, or yellow flower on his way, he knows, that these things are not accidental, but perceives them as special signs, through which the Mindful world is talking to him. The colours of



## *THE LANGUAGE OF LOVE*

the flowers are the language of the Mindful beings. The red colour tells: "I am the bearer of life. If you live mindfully and do not make mistakes, you will keep your red colour and your freedom. If you make mistakes, you will lose your red colour, your freedom, and you will darken." As soon as he loses his freedom, one is deprived of opportunities for work. He feels restricted, limited, like in a shell. Each colour, as a beam of the Divine Light, bears life in itself. Each colour has active and passive nuances.

If an individual remains among the active nuances of a certain colour, he becomes active, free, and begins to work, talk, sing, and play. Each action begins with a specific basic tone. Many people want to know what the basic tone of human life is. The basic tone of human life is the tone, with which the consciousness awakens. Since this moment man begins to think, feel, and talk rightly. Often people talk about the basic thought of a certain lecture or talk. As a basic thought exists, there is also a basic feeling or desire, a basic action, a basic good, etc. Each thing needs a foundation, on which it can be built. The basic tone of life is Love – the fruit of the Spirit. As Love enters in you, your life starts and you dress a red garment – it is a symbol of fighting. If we say that someone fights, we mean, that he looks for the Truth, Knowledge, Light, and Freedom, which give meaning to Life. As soon as you enter life, your learning starts.

A young American man went to Germany to study philosophy. He met a famous professor in philosophy and asked him: "Sir, do you have some short course in philosophy? I want to finish the course in philosophy in six months." The professor thought for a while and answered him: "We have a short course in philosophy, but you should know that when God wants to create a pumpkin, He needs six months. When He wants to create an oak tree, He needs one hundred years." Man plants several watermelon seeds, and several months later watermelons sprout from them. How long can the watermelons be kept? If you leave them for one year you will see that they have evaporated and that from the content nothing remained. The same thing happens with all the people that

are in a hurry and want to have great achievements for a short period of time. They hurry to catch up to those who are before them and think they have lost something because they have lagged behind. Due to their hurry they get burnt-out. Wherever you look – most of the people are burnt-out. You can tell that they are burnt-out by the fact that they do not evaluate their past. Many people regret that they did not use their youth properly. All the young men and women, who had run after the shadow of Love, regret that they have wasted their time in vain. Those people, who had run after Love as after the essence of life, are glad they have acquired something and die with a smile and feel appreciation that they have known Love. Great is the difference between the shadow and the reality.

The ABC book, through which each disciple passes, symbolises the first Virtue. It is related to the knowing of good and evil. The first people began with the examination of this Virtue. Because they did not take the advice of God and ate from the forbidden fruit, God expelled them from paradise in order to prevent them from eating from the fruits of the tree of life and becoming immortal. They were not yet ready for immortality – that is why they had to go to the world among the contrasts of life and to examine the good and evil there. So far, people continue to study the law of recognizing good and evil through the contrasts of life.

Passing through these contrasts, people see that joy comes after sorrow, good comes after evil, the pleasant comes after the unpleasant, and vice versa.

. What would you say about the pleasures in life? The pleasures are nothing but institutions where people are being undressed. You enter such an institution of pleasures well dressed in your overcoat, but come out on the street without it. As soon as you come out, you will immediately feel the low temperature and your thin underclothes will not keep you warm.

What happens outside of you, the same is in your inner world. When man appears dressed in pure ragged clothes, he is also in inner poverty. He is not content with himself in this situation,

## THE LANGUAGE OF LOVE

he sees that he lacks mindfulness and Divine Light. The word “разумност”\* is composed of the syllable “па”, that in Egyptian means “light” and the syllable “ом”, means “Divine Properties”. So, the word “разум”\*\* means “Light that contains Divine properties”.

Contemporary Christians read the Gospel and are outraged with Judas as a betrayer of Christ. They are outraged with Judas, but they do the same. Several times a day man betrays the Divine within himself; several times each day he throws mud at his soul; several times a day he commits crimes against his mind, heart, and will. What greater betrayal can exist than this?

When the religious man deserts his convictions for a prominent position – does he not commit a crime? Life manifests from the inside outwards – not from the outside. Consequently, an inner purity is required from the disciple – not outer. As long as he is clean inside, he will also be clean outwardly. As the Sun is shining within man, it will also shine outside him. For us, the Sun is a descriptive teaching, a manifestation of the collective activity of Intelligent beings. As they work and think, they produce Light that they send to the whole world. We call it Sunlight.

Through the red colour they send life to Earth; through the colour orange they import individuality within the beings; through the colour yellow they send intelligence; through the colour green they give an impulse for growth; through the colour blue they send faith and hope; through the colour violet they input in all the living beings strength, so that they can fight with the difficulties and overcome them. The Sun sends many other colours to the Earth as well, but they are not studied well.

Thanks to the intelligent beings, the people use the Divine Light. You ask: Do people really exist on the Sun? To demand an answer to this question is to demand an answer to the questions: “What will be the shape of a man after he leaves his body and where will he live?” “What space will you occupy after you leave for the other world?”

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\* Разумност – mindfulness

\*\* разум - reason, intelligence, mind

A lot of fog and clouds screen the Sun, but behind them it continues to shine, though. The reason for the fog in the mountain is the meeting of two homogenous kinds of electricity. As both the electricity in space and the terrestrial electricity are positive, they mutually repel one another, as a result the fog remains at place. If the terrestrial electricity becomes negative, they will attract each other. As a result the upper electricity will attract the fog and the space will be cleared.

So, while people are displeased by the world God has created and while they try to create a new world in compliance with their own requirements, they produce fog within their consciousness. As a result of the fog within their consciousness, the road on which they walk will be muddy. Know that a world, better than the world God has created, couldn't exist. Accept it so as it has been created and be satisfied with it. People are masters of arguments, scandals, and destruction, but they cannot create anything great. Another thing is when the Divine in them takes supremacy. When the Divine manifests in man, he can create something great, he can realize the desires of his soul. Great and noble desires are lay within the soul.

As he lives on Earth, man should give to his neighbours as much goodness, light, and warmth as he retains for himself. To love someone means to give him a beam of the Divine Light, warmth, and strength that God has given to you. If you are not ready to emit these three beams, you cannot love.

It was said in the Scriptures: "Love never drops out." It is unchanging. If man says that once he loved, but now he does not, then he is within the realm of human Love, within the realm of the Love of the continuous changes. As the Love of someone changes, this shows that he does not appreciate the goods that God gives him. To keep his Love, man should look upon everything that goes on around him as to a process of learning. If he meets somebody who dislikes him, let him make a report for himself whether he loves God. If he meets bad person, let him look inside himself to see whether he does not have the same features. When observe

## *THE LANGUAGE OF LOVE*

without judging, you will keep your Love. Thus you will pass an exam and can go forward. Do not judge the bad person; look for the reason for his wickedness instead. If some young lady is bad, the reason for her wickedness is that she has lost her love. As he loses his capital, the tradesman can also become bad. As she loses her child, the mother can also become bad.

In general, when he loses something valuable, each one might become bad. Should a man grieve as he loses something valuable? Above all, can he lose the good that God has given him? God has created the Sun as a great good of life. Can anybody take the Sun away from you? Who can prevent you from using the Sun warmth and light? No one is able to deprive the man of the right to use the Divine Light, but he himself.

Consequently, if you want to get rid of the contradictions of life, give God a place within you, so that He can work and manifest Himself. Listen to what God tells you and observe His words. If someone offends you, do not hurry to reply before you hear the words of God. Ask Him how to behave. If you do not take the advice of God, you will make a mistake.

If you want to get rid of something bad within you, do not cut it – exterminate it by its root. What do you do when you want to pick garlic or onions from your garden? You take the plants by their leaves and you extract them up by their roots. This is the right way. If you want to get free from some bad desire, apply the same method. After you extract it up by its root, it cannot grow again. If you only cut its leaves, then its root will remain in the soil and the next year it will grow again. At the place of the extracted plant you plant a good desire. Nature does not tolerate any voids. The good grows only in Divine Light. We say that evil is a shadow of the good. So, the evil is being generated in the absence of Divine Light. The evil resembles the root of the tree, the good – its branches, and Love – its fruits. Christ says: “You will know you are my disciples by the presence of Love among yourselves.” In other words: “You will know that you are my disciples if you have Love born from the Spirit; Light that has come from God, as well as strength and freedom, whose source is Truth.”

Enjoy the beautiful things without desire them for yourself. As you meet someone with an excellent mind, enjoy his mind without envying him, without desire his mind. You have your own mind, but you should work in order to develop it. Enjoy the beautiful young ladies and young men but not wish them as a property. A young lady bears a young man within herself, but she has to manifest him externally. The young man also bears the young lady within himself, but he has to manifest her externally. Man has within himself everything he is looking for outside, but he has to work, to develop it and to manifest outside, among his neighbours.

Everything beautiful, elevated, and great in the world should stimulate and encourage you, showing that you can achieve the same as well. As you achieve it and put it in use, God will bless you. Until this time comes, don't get discouraged and desperate, but go forward. –“But I missed the favourable opportunities.” –“The favourable opportunities are constantly being given, you only should use them.” –“I am not estimated.” –“As you leave for the other world, there you will be estimated.” The examining committee is in the other world, not on Earth. Earth is a place for teaching lessons and learning, while the invisible world is a place for exams. There each one has been given an assessment whether he has been hard working on Earth, or not. The one, who doesn't pass this exam, receives a free ticket to return to Earth and begins to study again. On the certificate of this disciple is written: This is a disciple who prefers walking than studying.

I want all of you here to be among the disciples who prefer to study. I want all of you to pass your exams successfully, so that the examining committee to write as a conclusion the following: “These disciples studied their lessons well and successfully graduated from school.”

“The world will know that you are my disciples if you love one another.” If you study and encourage one another in the Divine Good and if you develop your mind, heart, and your strength properly, God will bless you. The world needs good, wise, and strong workers that say: “From now on we want to work for God.

## *THE LANGUAGE OF LOVE*

We are ready to work for the Divine Love, Wisdom, and Truth, for the sake of the humanity, for the sake of everything great and good in the world.”

“Thy Kingdom come on earth, as it is in heaven.” Let each of you say to himself: “Lord, let me work on Earth as the intelligent beings work in heaven.” Say: “God, thank You for rejuvenating us in order to work in Your Name and glory.”

*July 30, 5 a.m.*

## VALUABLE ACQUISITIONS

There are two essential things in human life that should never be forgotten: to keep what you have acquired and to acquire what you miss. The present order is built on the first principle – to keep ones acquisitions. The future order will be built on the second principle – to acquire, that is, to gain what we do not have. In order to understand these two principles you should have broad views on life. For instance, man does not have the qualities of the angels, he needs to acquire them. But until he reaches the position of an angel, he should keep what he had obtained as a human being.

Everything we see around us and in Nature is given to us as subject for study. You were children; you worked, graduated from a school and finally grew old. One thing is important for you – to keep the knowledge you have acquired. If you lose it, you will be unhappy. To lose what you have gained with effort and hard work, is terrible. Do you know what the situation is of the fisherman who casts the fishing-net into the water and when he is just about to catch several fish, they escape through the holes and return to the water. What has fishing brought to him? The acquisition will be to keep at least one or two fish within the fishing-net. The human mind can be likened to the fisherman's net. So, if the mind, likewise the fishing-net, is being constantly used for fishing, but does not retain any fish – it brings nothing. Mind that does not retain at least one fish, that is – one essential thought, does not work well.

Contemporary people seek the essential in life. What is the essential? The essential is what never dies. It lives forever.

The reality is hidden in the inner life, the outer life is not real. The one, who plays a king on the stage, is he really a king? On the stage you might see kings, judges, teachers, scientist, but are they such in fact? When they leave the stage, they take off these



## *THE LANGUAGE OF LOVE*

costumes. Consequently, as long as man pays more attention to the outer life, he is within the unreality of things. He is on the stage. The life of the stage is a life of amusements.

It is a law: only what you were able to apply into practice, is of benefit for you. Your practical experience lasts forever. So that, you cannot rely on what others put into practice. Your practical experience is only yours. In the future but, what one puts into practice will be considered a common gain for all living beings. Keep in your mind the following thought: all good things that people have acquired in the past and in the present, will be common possession of the whole of humanity. Today, the benefit refers mainly to the one, who has acquired it.

Christianity of today encounters about 500 million followers. This is due to the collective efforts of millions of people, who have worked tirelessly for the spreading of the Divine Word for two thousand years. Even now, Christianity has not reached the level that was expected. Much more should be done to manifest what Christ preached. In the future there will be more spiritual workers who spread the Divine Word selfless and with Love. People will see in the future the results of their efforts of the present time. Each one will get a part of the fruits of his work.

Many human strivings have not been reached, because people's hearts and minds are burdened. I see how someone thinks about the impending payment of some bill of exchange amounting to 20-30 thousand leva. If he cannot pay it, he will be under trial. As I see how he worries, I tell him, that he will win the case, so he should not be worried. – “Are you telling me the truth? How do you know this?” – “It does not matter how I know. As you win the case, you will verify the truth of my words.” To someone else I tell that he will lose his case. Even he might not believe me now, after he has lost the case, he will see that I have predicted correctly. It is pleasant to know that you will win; it is not pleasant to hear that you will lose. But not always the loss of something causes trouble and not always the winning brings delight. To lose your illness is pleasant; to lose your health is not. Winning illness is unpleasant;

## VALUABLE ACQUISITIONS

winning health is pleasant. As soon as some illness comes to a man he should know how to meet it, what to tell it and how to see it off.

One summer night, a young shepherd, who has dealt with the occult sciences, crossed a bridge and heard some conversation under the bridge. He listened to the conversation and understood that two sisters – fevers – were sharing their intentions. One of them asked the other: – “Where do you intend to go now?” – “I’ll go to the mountain, to a shepherd, who is very healthy. I’ll take some energy from him and spend the winter peacefully.” – “How do you intend to do this?” – “I will be around him as he milks the sheep. As soon as he sips the first spoon of milk I’ll get into it and make him feverish. And where do you intend to go?” – “I intend to go to a judge, a fat and obese man. I’ll take some energy for the winter from him.” After that, the two sisters parted and each of them went about its business.

As he heard this conversation, the shepherd decided to take some precautions, so that he could protect himself from the fever. It so happened, that one of his sheep died. He stripped off its skin, dried it and used it as a milk-skin. As he began to milk the sheep, he poured the first spoon of milk into this milk-skin and tied it well. The fever had got into this spoon of milk and there it remained in the milk-skin for the whole summer. Every day, the skin was shaking due to the fever. In autumn, when the shepherd finished his job on the mountain, he descended with his sheep to the village. Because he needed the skin-bag, he untied it, threw the fever out and filled it with cheese instead.

After that, he went again to the bridge to hear what the fevers would say. One of them was already there and waited for its sister. At one time it came, but it was weak and hardly walked. As it came, the first fever embraced it, being delighted to see it, and asked: – “My sister, what has happened to you? Why are you so lean?” – “Oh, dear, I have not eaten all summer long. The shepherd in whom I was going to enter prepared a skin-bag and put into it the first spoon of milk in which I was. All summer long,

## *THE LANGUAGE OF LOVE*

I was shaking this skin-bag, but what could I get from it? It has nothing.” –“Calm down, sister, I will take you with me. We will both go to the old judge and we will thrive on him.” As they went to the old judge, one of them started to shake him in the mornings and the other one – in the evenings, so they turned him into a bag of bones. After they had nothing more to take from him, they left and set him free.

What lesson can be drawn from this example? As soon as some trouble appears in your life, put it into the skin-bag. If you have some debt with which you cannot cope, put it into the skin-bag; if you have some failure, put it into the skin-bag. Whatever difficulty you encounter in your way, put it into the skin-bag and let the skin-bag cope with it. As long as it is solid, no matter how much it shakes as a result of the difficulties and the troubles in its life, the skin-bag will withstand. This skin-bag symbolizes the human mind. In order that the mind can withstand the difficulties, one should be healthy and he should not yield to any suggestions.

Contemporary people fall in a delusion with two things: sometimes they think they know a lot, sometimes – that they know nothing. These are two extremes. It is true, that there are things they know; it is true, that there are things that they do not know. The knowledge and the ignorance are relative. For instance, compared to animals, man has more knowledge than all animals put together. But an angel has more knowledge than the whole of humanity. So, the aim of a human’s life is to reach the state of the angel, to attain its knowledge and capabilities. How can man attain this, he does not know, but the future of each one is mapped out. You can tell someone’s future by his head, face, hand, and body. By the height and width of the forehead one’s mind power could be revealed, and his character - by the height of his skull. Scientists have found that people, whose head is wide from behind, are very timid. They are timid like rabbits.

People don’t understand that they have been sent on the Earth to study. They have been provided by all favourable conditions for their study: plenty of light, air, water and food. What do they need

## VALUABLE ACQUISITIONS

more? Why do they suffer? Someone complains that he didn't eat three dishes but only one at the lunch, other one – that his house was small or not well furniture, and so on. These are neither sufferings, nor difficulties.

One thing is requested by nowadays people – to hold in mind at least one fundamental thought on which they can ever rely. By all life-conditions they can rely on this basic thought. It is like the capital of the banker, which he had put in the bank. These ideas are your gold, something on which you rely. They are as well the antennas which connect you with the Higher Intelligent world. How many of you can connect the Intelligent beings and receive their advises? People set easier their physical affairs, but not yet their spiritual matters. The telephone connections are necessary today, but in a similar way the spiritual telephone connections must be developed. We call these connections – intuition.

There is some inner voice, which constantly whispers what is right to do. This is your intuition and till you listen to it, you will always do well. But there is a false feeling as well, which could mislead you. Your intuition will always bring you to the safe side. There is not only one safe place. Safe place is to stay with God, and He is everywhere. So that, everywhere you might be protected. If you want to do always well, listen the small inner voice, otherwise you will be exposed to hardships. When everyone – man or woman – follows the voice of intuition, the balance and harmony will be attained.

How the nowadays people act? They are affected by different kinds of influences – good and bad; that is why they act in a way which they not really want. Due to this, their inner peace gets lost, as well as the peace of their relatives. When a nervous person comes to you, you become nervous as well; when a good person comes, you become also good. If the weather is pleasantly warm, you are well disposed, when it is cold, you shrink. When you understand Divine laws, you can easily deal with the outer life-conditions. When you are extremely irritated, take a cold shower. Cold water produces in the organism such a reaction, that all

## *THE LANGUAGE OF LOVE*

negative states disappear. Water is conductor of beneficial forces, it liberates human organism from the surplus energies. Talking of cold shower but, I mean that the temperature of the water must be over 10 degrees. In order to deal with your anger, take at least 6 cold showers for one year. In this way you will be able to keep the forces of your organism in a state of balance and will come to this natural state to be lord of yourself.

Anger is not such a bed thing, but through it, you will lose part of your energy, which is not ease to restore later. The mindful person preserves his energy, doesn't scatter it. You should be careful and keep in order this system inside you, which receives the energies of nature. When this system gets out of order, it is difficult to be repaired. This is the reason for premature aging. While you are still young, and the system works well, you need to take plenty of energy and store it, so that even in the late age you will feel young and strong. It shows that you were able to distribute your energies in a right way, to keep your organism in a balance, to be able to keep what you obtained and to strive towards new acquisitions.

Once in the past one 80 years old man went to the Turkish pasha to complain with his father. – “My father bitted me and expelled me from home.” He said. The pasha got curios, he wanted to see what a man must be this father and went to their home. He saw a strong man, carpenter, who stood upright and was doing his work. “Why did you bit your son?” – asked the pasha. – “Because he is too lazy, pasha efendy, he doesn't want to help me.” The Pasha stood astonished looking at the old man who worked energetically. Seeing this, the 100-years old man said:–“Why do you wonder, pasha efendy, my father still continues to work our craft.”

This story shows that there old people from the past knew how to preserve their forces and energy.

Some religious people say that they live a pure life, that God had blessed them, but they are prematurely aged. It shows that they don't preserve what was given to them. Don't scatter your goods. Each good what was given to you must be applied for your

## VALUABLE ACQUISITIONS

benefit as well as for benefit of your relatives. In order to keep your energy, hold always in your mind one bright thought, in your hearts – one bright feeling, and one good deed in your will, as a guiding light in your life. Feeding your mind with illuminated thoughts, your heart – with warm feelings and your will – with noble deeds, this means that you are rich people, possessing great wealth.

Each one has to find where lays his talent and to work for its development. If he doesn't work upon himself, he shouldn't expect any blessing. God helps only to the diligent and hard-working people. Originally God blessed everyone; but you have to recognize His blessing. Only who works, he will acquire. In the Bible story with the talents is said that the first servant had one talent, put it into the soil, and when his master came, he took the talent back. The second one, who had two talents, gained two more. And the third one, who had five talents, gained five more. The one who is gifted with talents, but instead of working, expects others benevolence, is in a dangerous position.

Now I'll give you a method against anger. As soon as you get angry, take a deep breath, exhale and then count in your mind from 1 to 10; if you are still angry, inhale deeply again, exhale and count from 1 to 200. As you reach 300, whatever the anger might have been, nothing will remain from it. This is one of the ways to control the energies within you. If you do not want to apply this, then do the following: as soon as you get angry, drink a cup of hot water in sips. Anger brings heat. So that, heal the like with the like. If you do not apply one of the two methods, the anger will manifest itself externally. You will certainly quarrel with some of your relatives and after that, you will regret the energy you spent, for your broken peace, and spoiled relations with the others. Each thought, feeling, and deed, should be manifested in the proper time. If they are manifested earlier, or later, they cause different results. The philosophy of life lies in good timing.

Contemporary people are not satisfied by the present world – they want a better world. For the time in which we live there

## *THE LANGUAGE OF LOVE*

cannot be a better world. If people want a better world, let them try to create it. God said: “Let there be light.” – and there was light.” “Let there be a firmament in the midst of the waters, and let it divide the waters from the firmament.” – and they divided. As God commanded – so it happened. Let the man command and try his force, too, and see what he can do. Can the man control the weather, air, and light? He cannot. The only thing to which man can give orders, these are his own thoughts, feelings, and deeds. Man can control only them. Man can control only himself. Only after he becomes his own master, he can influence others and help them. As man becomes his own master, he enters within the jurisdiction of the Divine Law. If he wants to be a master of others and use them as his servants, he enters within the jurisdiction of the wrong way in life, that is – of the delusions. If he has been a good master and a good servant of his own self, man can be a good master and a good servant to others as well. Consequently, two things are required from a man: to be a good master of himself and a good servant of others. This is the practical philosophy of life towards which each man should strive. This I wish to all of you. If you attain these two things, you will have the blessing of God, of the intelligent world and of good people all over the world.

*July 30, 10 a.m.*

## WISE, GOOD AND STRONG

*“I am the true vine, and my Father is the gardener.”*

*John, 15:1*

As the spring comes, all the vine-growers begin to trim their vineyards. The trimming of the vineyard is a pitiful sight! From wherever you look at the vine, you will see that it cries. But if you go to a vineyard in summer, you will see that each vine-twigg is dressed in a beautiful garment and several ripe bunches of grapes hang from it. One sight is the vineyard in spring, and another – by the end of summer.

As disciples, you should study things in the course of their development, from their beginning to their end, to have an idea of all the processes that are going on in Nature – not only for these fragmentary processes that you by chance have witnessed. Only in this situation can the disciple acquire those forces, which are needed for his development. If he stops only at vine trimming, the disciple will not acquire anything. What is there in a trimmed vine? There is one bare vine-twigg with one or two “eyes”. If the vine-growers want the vine to bear fewer, but bigger bunches of grapes, they leave one eye on each vine-twigg; if they want to get more bunches of grapes – they leave two eyes on each twigg. But there are cases when they do not leave even a single eye on the vine-twigg. They do so when they want the vine-growers to get rest. This year it will not give any fruit, but the next year the yield will be bountiful. The same thing happens with a man as well. There are fruitless years in the human life, too. What are one, two, three, or more years in comparison with the whole of eternity? In relation to eternity the year is equal to one second. Light moves at 300,000 kilometres per second. How much time



## *THE LANGUAGE OF LOVE*

would it take to walk this way, if each day you cover 50 kilometres? Estimate to see what the relation is between the speed of light and of man for every second. So, do not worry that you have not succeeded in doing what other people could. It is important that you should develop naturally, going from one process to another and using them reasonably. Continuity is required from a man – he should not rest his attention on separate processes, but should make something integral from them, and express his opinion only after that. The disciple should be wise, but he has to be good and strong as well. The gifted disciple has the following characteristics: wisdom, goodness and strength.

As he came to Earth man had an aim – to find something, to acquire some wealth. In this respect a man is like a seeker, like a treasure-hunter. I take the word “treasure-seeker” in its broad sense. Someone seeks a buried treasure; another – some old book in which great things are written; still another seeks a precious stone left from forefathers and ancestors; another tours around as some spy, looking for a suitable place to settle. Whatever man seeks, however he works, he should know that he has come to the world with a certain mission, which he should neither overestimate nor underestimate. In order for man to fulfil his mission, man has to be wise, good and brave.

A 12-year old girl had been left an orphan – without a father or mother. Her father had been a violinist and her mother, a good singer. They could not leave any inheritance to their only child, except the violin of the father and the nice voice of the mother. As she was left alone, the girl began to think what to do in order to develop her gifts, inherited from her parents. She knew that a banker lived nearby, a big millionaire, and she decided to visit him and to ask for some help from him. One day, she entered his office and asked him: – “Would you like me to play and sing for a while for you?” – “I will listen with pleasure.” The girl began to sing and play her elementary exercises on the violin. After that, she said to the banker: – “Can you grant me some amount, with which I can study abroad and graduate from my education in violin and

singing?” – “I can, I will do you a favour with pleasure.” – “When I finish my education, I will repay you the sum you have given to me. Besides, if you keep your word, I can predict right now that, after my return from abroad, you will marry a good young woman, and God will bless you for the favour you did.” This girl was little, but she was known for her kindness, rationality and courage.

Many people get discouraged, because they cannot obtain their wishes. Why? Because they were left orphans, without a father and mother, and there was nobody to care for them. They are wrong in their arguments, though. The father and the mother never die. No matter how little this girl was, she knew that her father and mother had gone to do their work, while she was left on Earth, so that she could continue their mission. A man should be brave and reasonable, and he should know that he is alone in the world and that, in whatever situation he might find himself, there is someone to take care of him.

A rich and wealthy man went to his cornfield to work. In his absence, one of his neighbours, a good, young woman, used to go to his house; she used to clean, wash, put the house in order, then cook and leave the house. She knew where the master kept his key and, on finishing her job, she used to put it back there. The master wondered who did this, but could not find the author of the good deed. One day, he returned from the field earlier and found the neighbour’s girl in his place. – “Is it you who does this? If you like, you can stay with me. You will always be ‘welcome’ at my place.”

I say: If a man cannot find the key of his locked house, so that he can clean, wash and sweep it – he cannot attain anything. If he can do that, he is welcome by everyone – he will get the Divine blessing and the Love of the surrounding people.

You say: Is it proper for a man to open a locked house and to begin cleaning and washing it? To ask such a question is to ask if it is right to do well, or not. When it comes to a question of doing good, do not ask. Open the house of any man and do this good deed. Everyone likes the good. Only this man can do good

## *THE LANGUAGE OF LOVE*

properly: the one who is wise, good and strong. Christ says: "I am the vine, you are the vine-twigs and my Father is the gardener." The vine symbolizes the good in the world, the vine-twigs – the reasonability, and the Father – the strength. The Strong One creates and trims the twigs. Consequently, do not be afraid of the trials, that is, of the trimming. The Strong One trims, that is, sends trials to the human. He knows when and how to trim. As He trims, he throws what is not necessary and he keeps what is necessary for the vine – with one, two, or three eyes and sometimes even without any eyes. The eyes symbolize the capabilities given to a man. The greater his capabilities are, the bigger his achievements are. In order to achieve something, man should work, try hard and pray.

As disciples, you should learn how to pray properly. The prayer is a way to an achievement. To pray properly means to learn how to talk to God rationally. As he learns to talk rationally, man already knows how to move his tongue and his mouth. Such prayer is always being accepted. The mouth should learn to receive and give properly. The tongue is like an inspector, who examines things. Sometimes, though, he can be bribed and can also make mistakes. It is enough to give him something sweet, and he allows the food to descend freely downwards. As soon as the food gets inside, it encounters a strict inspector – the stomach. It is very exacting. As soon as it becomes aware that some food, which is not suitable for the whole organism, has entered in there, it says: "Such things are not accepted here. Out!" Sometimes there is a disagreement between the tongue and the stomach, a disagreement from which the whole organism suffers. The tongue says: "Be more philanthropic. Let this food get in". The stomach says: "I do not accept. What enters inside should be worthy of me".

Today, everyone talks about dignity and lack of dignity, or about worthy and unworthy people. Which one is worthy? Only the wise, good and strong man can be considered worthy. In order to be wise, man should have Light in his mind. In order to be good, he should have warmth in his heart. As long as he has Light and

## *WISE, GOOD AND STRONG*

warmth, he will be strong as well. The strength will do the job. Each man is given a job that he should do. He cannot do it without Light, warmth, and strength. Give thanks for the job that has been given to you for today. To do it well, you have at your disposal all favourable conditions: clean air, Sun light and strength. The day is very nice. The Sun is looking at you with delight, with which it wants to say that man should be wise, good and strong, that the world has been created with great Love, Wisdom and Truth, that the world is basically good, and that the Divine Strength is supporting it. In a word, the Sun wants to say that God is all wise, gentle and omnipotent.

As you know this, do not get discouraged. As God has worked – so you will work as well. Man is gifted with intelligence, goodness and strength and should manifest these characteristics, as the 12-year old girl did. He should believe in what God has imprinted in him. Start with small achievements and go forward to the great ones. The great achievements come in the end. As they cannot realize their wishes, children cry. In this respect, they are like generals who constantly give orders. While the children are little, their parents fulfil their wishes right away. Ten times a night the mother wakes up to fulfil the wish of her child. The father does the same. The cry of the child is nothing but an order. The mother and the father have written at least one hundred letters in order for this child to come to Earth – they have invited this child and they have promised this child various things. As soon as the child sees that they do not keep their promises, the child starts to cry. Through this cry, the child imposes on them and demands that they keep their promises.

The cry is inherent not only to children, but to everyone in general as well. A man cries, because he cannot get what he wants. While he is on Earth, he is always crying. The terrestrial life cannot satisfy the human soul. The human soul is hard to please. If someone looks at it, it expects a nice look with pleasant light; if someone gives something to it, it wants to test it from the depth of its heart that emanates warm, sweet-smelling feelings; if

## *THE LANGUAGE OF LOVE*

someone says something to it, it wants to hear soft, pleasant talk. If it speaks with someone, it wants to be followed closely. It does not like absent-minded people. If it talks to someone, he should look straight at it. If he looks downwards, it shows that one cannot rely on this man.

Now the intelligent beings are asking you what you will do today. If you look downwards, it shows that you think only about yourself and that you are not ready for any sacrifice. In the case of the young man who asks the young woman if she loves him, but she looks downwards, this means that she is not yet ready to answer him – she presents herself as modest instead. In order to answer someone if you love him, you should test him, to see if he is ready for all the possible sacrifices for you. If today, people are afraid of God, the reason for this is that they are not ready to make sacrifices for Him. They are afraid that He might ask them if they love Him. In order to love Him, they should give Him everything they have. They think that if they serve God, they will be deprived of all their worldly goods. They are on the wrong track, though. Namely, the one who does not serve God is deprived of all the worldly goods. The one, who serves God with Love, can attain anything. The act of service brings great achievements. Who can serve God? Only the wise, good and strong man can serve Him. As he serves God, man applies the Light of his mind, like the artist, who applies his brushes and paints. As soon as he takes a brush in his hand, the artist immediately starts to paint his picture. He draws one line after another until he draws the whole image. The good man puts in his mouth and his heart. His heart emanates good feelings that are transferred through the sweet words of his mouth. The sweet and good word is a powerful thing.

A disciple asked his master: What is good? His master kept silent and did not answer. The disciple insisted and wanted to understand what this good that exists in the world is. Finally his master said: “Start on a journey and you will learn what good is.” The disciple began to travel round the world from town to town, until at one place they suspected him of something, put him into

prison and sentenced him to death. The moment that they put the rope around his neck, he said to himself: "I saw many things, I heard my death sentence, but I did not understand what good is. It's all over with me." At this moment he hears a quiet gentle voice: "Release him! Free him from the rope! Let him go to his master." These few words helped the disciple to understand what good is.

So, man can understand well only when everything ends for him, when everything under his feet is destroyed, when the world darkens before his eyes. Only then will man hear God's voice: "Let there be light!" As soon as man hears these words, the world is again restored, his destroyed dreams come back to life and he becomes young, cheerful and strong. He hears the following words: "Get back to your master." Who is this master? This master is the Divine Spirit. He commences with Love. No master is better than him. Until he gets to the Great Master of Love, man has to pass through many teachers: some of them work with light, others – with strength, the third group – with wealth etc. But no master has ever succeeded in lodging into the human soul what it truly wants. The only thing the soul desires and seeks is Love. Today, let each of you who wish to go to the Divine Spirit – The Master of Love, register at his school. This master is strict and hard to please. Whoever enrolls in his school should renounce the world, his own self and his life.

What does it mean, to renounce yourself? To renounce yourself means to renounce everything that hinders you from going further. During the fight between David and Goliath, Saul gave him appliances, with which to defeat his enemy. He gave him a helmet for his head, a spear in his hand and chain armour for his body, so that he could defend himself with them. As he put on this attire, David saw the impossibility of using it and told the king: "I had better throw away all this, renounce it and fight with my own weapons." He took his sling, three little stones and a small bag and faced Goliath. On the first throw, David hit Goliath's forehead and knocked him out. Then he took out his knife and cut off his head.

## *THE LANGUAGE OF LOVE*

Consequently, the one who can knock out what is hindering him is a strong man. As he renounces his own self, he is able to decapitate evil. David renounced his own self, as a result of which he defeated evil. The forehead is the place from which light emanates. David defeated Goliath with light. So, the one, who fights against evil, should have light within himself. In general, the one, who goes to the world to fight, should be armoured with Light in his mind, heat and love in his heart, and the strength of his will. He has favourable opportunities to obtain his wishes. Light, warmth and strength are conditions favourable for the development and manifestation of human gifts.

Can the singer sing in a cold, dark hall? As soon as the hall is heated and illuminated, the singer feels willing to show his worth. He begins to sing with Love and inspiration. As soon as you see that you cannot show your worth, do not get discouraged, but realize, that the hall, the environment in which you are, lacks Light and heat. As soon as the light and the warmth come, your talents will appear. While it is light and warm, man thinks that he knows a lot. As soon as the light and the warmth disappear, he finds out that he does not know anything. Both conclusions are wrong. The real knowledge is not influenced by outside conditions. Real Love is not influenced by outer conditions. Consequently, as soon as you reach the Divine Love, Wisdom and Strength, all doubts are out of the question. One can doubt anything but these three things. They are the foundation of human life – the foundation on which man builds.

Another thing that man should observe in his life is to appreciate the intelligence with which he is surrounded. He should tell himself: "I appreciate the world as it is created; I appreciate the good and the love God has given to me; I appreciate the Love, Wisdom, Truth and strength that originate from God." Everyone, with whom one communicates, bears these qualities within themselves. This is the Divine Principle that each man should appreciate. Consequently, each man should be a model for his fellow man. If someone does not love you – you should love him

## *WISE, GOOD AND STRONG*

instead. If someone wishes you well, wish him well, too. The one, who does not wish his fellow man well, is deprived of Light. As soon as he has no Light, he does not see things and has no view of them. Can the thirsty one have bad views about the clean mountain spring? He anticipates from afar the pleasure its water might give him. He will drink this water drop by drop and satisfy his thirst. Can the hungry one have bad views about the warm wheat bread? He is aware of its value and power, even before he has tasted it. As soon as he eats enough, he feels an inner appreciation towards the one, who has given it to him. Can the prisoner have bad views about the one who has released him from the chains around his legs and wrists? Man should correct, instead of blaming himself. As he meets a wise man, he should be pleased; as he meets a good man, he should also be pleased and as he meets a strong man, he should be pleased, too, because God manifests in the wise, the good and the strong man as well. Where God manifests, there all the negative manifestations are excluded, and there does not exist any evil at all.

Keep in your mind the following thought: never fight against evil. If you want to fight against evil, put good in the middle: you stand to the right hand side, let good stand in the middle and let evil be to the left hand side. This is what the good people do. The bad and the irrational people do exactly the opposite: they stand to the left hand side, put evil in the middle and good – to the right hand side. No, good should always be in the middle – between man and evil. Then all the energies that originate from evil will pass through good before they reach the man – good knows how to deal with them.

When we say that good can manage the energies of evil, we have in mind the law of engrafting. The agrarians know this law and put it into practice. When they want to engraft, that is – to cultivate a tree – for instance, an apple tree – they engraft it with a high quality apple. What happens with the poor quality apple tree? The energies of this apple tree pass through the graft and one or two years later this apple begins to bear good fruit. Consequently,



## *THE LANGUAGE OF LOVE*

when the energies of evil pass through the good, they radically change. As they cannot put this law into practice, people ask themselves what they should do to avoid evil. It is simple. Should the disciple ask how to please his master? If the master teaches mathematics, the only thing the disciple should do is to study – that is enough. As he studies, as he solves his sums regularly, the disciple will have a positive view of his master. If his master teaches music, the disciple has to play, sing, and learn his exercises well. As he studies them well, his master will be pleased with him. In this respect the masters are impartial. Otherwise, they might be “bribed” just by the good and hard-working disciples.

If the disciple is afraid that his master might overshadow him, then he is not a good disciple. And if the master fears that his disciple might overshadow him, then he also is not a real master. Neither his master can overshadow the disciple, nor can his disciple overshadow the master. The master is far from his disciple, and, as a result, cannot cast shadow upon him. Likewise, the disciple is far from his master, so cannot overshadow him. The task of the master is to teach his disciples. The task of the disciple is to study, to graduate from his school successfully, and to be of use to his fellow men.

As disciples, you are required to study well and to speak well. Every word you say is being taped. One day, as you stand before the film of your life, you will have to study it in all its details. Then you will see even the smallest mistakes that you have to correct. As you know this, think well about what you say. What is easier – to tell someone that you love him, or that you do not love him? What is easier – to tell the hungry man that he may eat, or to tell him that he may not eat? So, you should not forget that everything you say will be filmed. You are an actor on the stage that is constantly filmed.

Consequently, the first thing that is required from the individual is to think about what he does and how he speaks. This means to have Light within his mind as a stimulus for the acquisition of Love. This implies a moment of the human consciousness

awakening. The Light is a preface to Love, but the strength comes before it. The Love comes last. The preparations for its arrival are being made, because Love will come last in the world. Today, people are liberated through Light and through strength, so that they can meet Love with joy when it comes, and retain it within them. Love will build the future culture and the future life. In order to attain Love, people should renounce their old views. Love cannot pass through environments penetrated by old views of life and God. – “What will happen to us?” This depends on the consciousness of the person. Having in mind the contemporary state of its consciousness, the ant will continue to be an ant for a long time, but it is not so for a man. In spite of all this, not all the ants are alike. Here, on the mountain there are ants that are pure vegetarians. They eat exclusively the grains of some plants. They do not eat any other food. If even the ants bear the strict vegetarian food, how much more should the man differ from all the other beings by the way of his feeding. The most natural and healthy foods for the human soul are those that originate from Love. Such are Light and heat. They are fruits of Love. While it feeds with bright thoughts, the human soul will never get hungry. It is only under these conditions that man can struggle for Love. As soon as man aspires to Love, a light and new area for work is being opened for him.

Apostle Paul says: “Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.” The whole world and Nature provide all the opportunities and conditions for the manifestation of Divine Love that people will ever try. Untold riches, opportunities and conditions are provided for everyone. For each man, God has foreseen countless opportunities. Then should he get discouraged? In order to develop properly, man should look upon all people as opportunities that are meant to stimulate him to go forward. If he does not view them as such, he himself will stumble. The one, who understands Life, will look at the Light, goodness and strength as conditions, through which God manifests Himself. So, every man

## *THE LANGUAGE OF LOVE*

that has acquired mindfulness, goodness and strength, is good not only to his fellow man, but to all the other living beings as well.

Now, as you have come here to the mountain, eat the fruits of Love, so that you may revive yourselves. Some people, without being old, think that they have grown old. The most difficult thing for the man is to grow old. Since the world has been created, there are only twenty-four old men who are in heaven. Now, the last old man is in the process of creation, so that they might become twenty-five. There are many old men on Earth, though. You can meet an old man at every step here. These are actors on the stage, not really old men. They should be announced as candidates for rejuvenation. As far as old age and the process of growing old are concerned, this is an idea unattainable today. The only unattainable and impossible thing for a man is the ageing process. The only attainable and possible thing for a man is the rejuvenation process. Therefore, revive your thoughts, feelings and strength, so that you can resemble mindful children. Bear within yourselves the Divine Knowledge, Love and Strength.

*August 2, 5 a.m.*

## PATIENCE

People of the new culture will be distinguished by their patience. One important thing that is missing nowadays is patience. You do not meet many patient people. Most people live only with the shadow of patience –misery, torment, suffering, but not patience itself. They put up with the torment and the suffering of necessity, yet they think that they are patient. From the outside, it really looks as if they are patient, but inside they constantly complain, they are constantly displeased.

Many contemporary people are displeased with the world and wonder why it has been created so uncomfortably. If they were given the opportunity to create a new world, though, how would they create it? If someone did create a new world, he would put himself in first position. Where would he put the rest of the people? What can be attained in a world, in which everyone is a leader, though? The world suffers from leaders.

You leave a man at night in a dark room, he moves around inside not seeing anything, not knowing. As soon as he enters the dark room, he will inevitably overturn a chair or a table, push a book, or knock over a bottle. Nor is it possible for a man to walk on the mountain on a dark night without stumbling everywhere. Consequently, when you see that two people are quarrelling, know that they are in a dark room full of furniture. They will inevitably crush something and cause damage. If you say that someone is a good person, you will know that he lives within a settled world, where any clashes are excluded.

So, the first thing man needs, is patience. He should have such a consciousness, that, with the gifts and talents given to him, he should be able to overcome even the greatest difficulties without causing any damage. He should put each thing in its proper place. What will people say about him if he appears in front of them

## *THE LANGUAGE OF LOVE*

dressed in a coat with the wrong side out? Within the realm of the mental world, the coat turned with the wrong side out symbolizes a twisted Virtue. Impatience is a twisted Virtue. The impatient person has turned patience inside out and appears with it before the people. In order to be patient, a person should stay in one and the same place. While he is in darkness, man should be patient. As soon as the darkness vanishes, his patience is no longer necessary. So, while there are hindrances in his way, man should be patient. As soon as the hindrances are removed, patience yields by itself. A man is already able to move. An impatient person moves in darkness, among hindrances, and, as a result, he begins to feel discontented. Patience is for the mindful people. The mindful one first tests things, and then speaks about them. As he sees a fruit, he does not say if this fruit is good or bad, but eats it, digests it and observes what effect it causes on him. If it makes his stomach and his brain feel good, then the fruit is good.

People who live in the world are extremely impatient. While living in the invisible world, these people have caused great disturbances. In order to get rid of them, they have been sent to the Earth, to learn and acquire patience. So, man has descended to Earth to learn the law of patience. All the hardships and discomforts, which he encounters, are objects for the study of patience. In this respect, they all come in their proper place.

Patience is something great. Epictetus – a famous Greek philosopher was a slave to a Roman patrician. The master used to treat his slaves in a rough and rude manner and punished them often. While he beat and tortured them, they shouted and grumbled. Epictetus was the only one to remain silent. Whatever his master did, however he treated him, Epictetus remained silent and smiled. His behaviour irritated his master. He wondered at his character. Epictetus wanted to tell him that he should not lose his self-control, because - though a notable patrician - some day he might find himself in his place. One day the master got angry and began to crush the leg of Epictetus. The latter looked at him mildly and said: “Master, the way you crush my leg, you might

break it. If you do this, you will be the first to lose, because I will not be able to work for you.” But the master kept on crushing his leg until he broke it. But after that the Roman patrician released Epictetus from his slavery, gave him a large amount of money and sent him to Greece, where Epictetus became famous as a notable philosopher. This is what we call patience.

What do contemporary people do, if someone dares to crush their leg? It is not necessary to crush the leg of some contemporary person in order to test his patience. It is enough just to touch his coat, and he will immediately turn towards you rudely and ask you why you are pushing and disturbing him. As regards patience - follow the philosophy of Epictetus. As regards patience – follow the philosophy of the stones. You walk and sit on them, but they do not murmur. They have waited for thousands and millions of years and they will wait as much again, until the day for their release comes.

What is the reason for human impatience? Some people are very impatient, because they lack stability of character. Without patience the human character is deprived of foundation. We consider such a person as lacking moral foundations. Human tenacity is a moral characteristic. In the Divine World, tenacity is a back guard of the person. They say that God is long-suffering. He bears a man with all his weaknesses and insufficiencies and looks for a way to turn him into something valuable.

Woman has come to the world in order to introduce Love, Wisdom and Truth and to teach people patience. The woman builds bridges: thus she brings reconciliation. The man wants to command: he requests subordination from his wife. But woman came into the world to bring prudence. This is what the patient woman does. When can two armies in a battle come to reconciliation? When they are prudent.

It is not easy to bring reconciliation among people. Why? Because people are like two river- banks. They have never been united, and cannot unite. If you want to pass from one bank to the other, you need a bridge. Only the bridge, which is prudence, can connect them.

## *THE LANGUAGE OF LOVE*

Two ascetics – philosophers – worked upon patience. They competed with each other as to who would develop greater patience. A beggar served as an object to test their patience. Each day, he went to the first of them and each time he was well accepted. The ascetic would give him money and food and kindly see him off. The beggar visited the ascetic nineteen times. After that, the beggar decided to visit the second ascetic. The first two or three times the ascetic met him kindly, each time giving him something. But on the fifth day the ascetic got angry and told him: “Stop bothering me! Stop wasting my time – I cannot occupy myself with you only.” The beggar bowed kindly to him and said to him: “My brother, you should work on your patience much more. I visited your neighbour nineteen times, but he never got angry. Every time he accepted me kindly, as if he was seeing me for the first time. You sent me away on the fifth day, though.”

Contemporary people, like these two ascetics, compete for patience, but fail at the exam. They have lost the prototype of patience. To the woman the image of patience is one thing, to the man it is another. All the rest of the images of patience are copies of these two prototypes.

Patience is one of the features of Love. As long as you love, you can have patience. If you do not love, you cannot be patient. If a rich and a poor man gather at one place, they cannot stand one another. If two poor men gather at one place, they cannot stand one another. Consequently, when people cannot stand one another, you should know that they are poor. What should they do in order to start getting along? They should invite rich men. Only when you are surrounded by patient people can you acquire patience. People are patient when they do not lack anything. So, in order to be patient, man should have a mother, father, brother, sister, husband, wife, master and a servant. He can find all this within himself. These are his fellow men. If the man finds his fellow men within himself, he becomes patient. He constantly consults them; they help him, but he helps them also.

Christ says: "I will send my Spirit." The Spirit is the powerful and great thing in man, which makes him patient. The Spirit widens the human soul and brings into it Love and Light, just as the Sun sends its light and warmth to all living beings. What we call Sun beams, are in fact intelligent beings dressed in Light mantles, who run in the whole Universe and spread the Light and warmth to all living beings. As they finish their work, they return to the Sun. According to one of the theories, the Sunspots are holes in the Sun, through which the Angels pass after they finish their work on Earth. Whether it so or not, it is not known. This is not a scientific theory that can be proved.

Whatever you tell people, they finally ask: "Why does suffering exist in the world? Isn't it possible to live without suffering?" Suffering and delights in life are homework for the individual. Suffering is an internal Divine work, while joy is external. Until he understands the Divine ways, man cannot get the meaning of suffering and joy. So, sometimes the disciple does not understand why this homework is being given to him. The master of mathematics gives some homework to his disciples. A good student always solves his tasks. Until he solves some task, he does not calm down. He applies one method, then a second and third one, but the task is not being solved. He goes to bed, but he cannot sleep. He is constantly thinking about the task. As soon as he solves it, he calms down and goes to rest. If someone is watching him, he might think that this man is suffering. He is not suffering, though – he is just doing his homework.

So, suffering is nothing but homework. The success of the disciple depends on the proper solution of these tasks. The one, who does not understand the meaning of suffering, wants to get free of it. He does not know that without suffering, he will not come to joy. As long as there is joy, there will be suffering as well, as long as there is suffering, there will be joy as well. For contemporary people, suffering is necessary as a great good in their life. How was Christ treated by people? Did Christ become a king? Did He wear a king's mantle and was He crowned? No,



## *THE LANGUAGE OF LOVE*

when He descended to Earth, Christ gave everything He had to help people. Finally, after He gave his last mantle, He went to heaven. In fact, Christ was dressed in a garment more beautiful than the king's mantle. He was dressed in the mantle of Love and on His head He had the king's crown of Love.

In one legend about Christ it was said, that when He was crucified, a woman came near to the cross and asked Him to heal her child, whom she held firmly to her breast. Christ asked for the nail to be taken out of His hand, so that He could help the suffering mother. He put his hand on the ill child, and it was healed immediately. Then they nailed his hand again. How many people are ready to perform a small good deed from Love in the last moment of their life?

Contemporary people get disturbed easily. You should love in order to be loved. Love manifests itself in taking and giving. The one who loves – gives, the one who is loved – takes. One cannot simultaneously take and give. If in the first moment he gives, in the second moment he will take. One and the same person cannot only give or take.

So, real Love manifests itself only when the exchange of giving and taking between beings is proper. We say that a man symbolizes the mind, while a woman symbolizes the heart. We view the man and the woman as principles – not as forms. We can say that the man is mind and thought, while the woman is heart and feeling. When the man and the woman understand this topic properly, they live well. If they do not understand it properly, they constantly quarrel, competing for first place. Should the legs argue about which one of them should be first? At one moment the right leg is first; at another, the left leg is first. As they move, at one moment the right leg is ahead and the left leg is behind, and at another moment, the left leg is ahead and the right leg is behind. The important thing is that motion takes place. As the right leg is ahead, man thinks; as soon as the left leg gets ahead, man feels. As the right leg is ahead, man speaks reasonably; as the left leg is ahead, man helps the poor, suffering and ill people. The right

hand gathers the capital, while the left hand distributes it. The distribution of the capital is as important as its gathering.

People cannot stand each other because they do not understand the Divine ways. Someone says: "I cannot stand this man." Why can't he stand him? Because he has some defect. If you enter the studio of an artist who is painting a picture, you may say that the painting is very ugly. But the painting has only just begun. One day, when it is finished, you may express your opinion of it. You have entered the studio of the artist without his permission. Consequently, each man that you cannot stand is like an unfinished painting. You have entered the studio of God without His permission. God is working on this man – he is not a finished painting yet. In order to be able to stand each other as you are, let each of you imagine that he is in the studio of God, who corrects the curved lines of your image with Love and patience. Say to yourself: "As God tolerates me, so I, in the same way, should tolerate my fellow man." God will continue to work on you for thousands of years until He makes you perfect.

Have the patience of the Great mother of Love, who is constantly ready to help her screaming child. As she looks at it, she says: This child will become a good man.

Listen to the voice of the Great mother, who is talking to you, and thank God, that through her you are learning how to be patient.

*August 4, 5 a.m.*

## LIGHT, WARMTH AND STRENGTH

*John, 18*

Contemporary people have come to Earth to study, to be good disciples and to do the Divine will. The one, who wants to be a good disciple, has to keep his mind, his heart, and his will in the right condition.

The story of the “prodigal son” tells how the little brother, who wanted to break free from his father, left his home. In order not to offend him and not make him feel limited, his father gave him his share of the inheritance and sent him out into the wide world. After he had eaten and drunk everything, the little son, whom they call “the prodigal son”, came back, tormented with remorse, to his father. He had understood how good and mindful man his father was. When he returned home, his father accepted him with all his fatherly love and slaughtered the most fattened young calf in his honour. When he returned from work, the oldest son saw that his father had organized a great feast and asked for whom that feast was. When he knew that his father had organized the feast for his younger brother, he got angry and told his father: “I have been working for you for such a long time, but you have never slaughtered a fattened calf for me, so that I can enjoy myself with my friends.” His father answered: “Do not be angry. Your brother was lost and found, he was dead and came to life again, but you have to know that everything I have is yours. Should we not enjoy together the return of your lost brother?” So, the father reconciled with his little son, while his older son was angry with him. Why? Because his pitcher had some crack. The younger son understood that his father was good and mindful, while the older son accused him of injustice.

## *LIGHT, WARMTH AND STRENGTH*

People nowadays suffer because they have wrong view of life. They do not understand life, but they do not understand themselves either. For instance, even Peter, one of Christ's beloved disciples, did not know his own self and did not know what was hidden within his soul. Although he had said that he was ready to die for Christ, he denied Him three times. He was ready to die for Christ and cut the ear of a Roman soldier, but several hours later he denied Christ. So, Christ said to him: "Peter, hide the knife in the scabbard!" With these words Christ wanted to tell him that he could not solve anything by cutting someone's ear. As soon as a war starts, at least one man has to die. Sometimes you also think that you can correct yourself by a small sacrifice. No, at least one thing in you should die. Indeed, unless hatred, lack of faith, the contradictions within man die, he will never be able to improve himself. When people hear the word "death", they get scared. They do not understand the meaning of this word. To die means to pass from one world to another, from one type of understanding to another, from death to life.

Many people think that they can easily improve the others. This is a delusion. No one can improve the others. If the other person does not want to correct himself, no one can improve him. Many mothers and fathers have made great efforts to correct their children, but they have not succeeded. Even knowing this, man continues to live with the delusion that he has corrected himself. But as he faces certain trials, he realises that he has not corrected himself. You can prove your strength only through trials. They say that man has to be cold-blooded and bear suffering in a philosophical way. What does it mean 'cold-blooded' in this case? It means to withstand calmly all the trials and sufferings. But here this word is not used properly. A fish is also cold-blooded or with cold blood, but it is neither calm, nor is it patient.

When you hear that the wolf might become a sheep, you think that it is impossible and contradictory. But there are no contradictions in life. The contradictions exist only in the human mind. Is it a contradiction to say that someone's character

## *THE LANGUAGE OF LOVE*

resembles the character of the wolf? Is it possible for someone to have a wolf's character? It is. The food man uses might harden his character and turn him into an animal. The unclean and rough food, transformed into bad thoughts and feelings, make the human character brutal. Due to his bad and impure life, man gradually loses his virtues and manifests qualities that lower him.

What would you say about the man, who sells everything valuable he possesses because of his hard drinking? Selling all his property, he sells his wife and children as well. He has sold all his virtues. What would you say about a young lady, who sells or pledges her beliefs, for the sake of pleasures with a young man? This young lady has lost one of her virtues.

If a young man loves a young woman, he should credit her with all the virtues. He should be like an artist; he should make paintings of her every day and create an angelic image of her. In this sense, each one should become an artist and notice the beauty in people. When he gives way to the Divine within himself, man becomes beautiful. God has put into him a Divine Spirit, a soul, and a heart. The bad within a man is like mud that can be cleaned. In order not to get muddy, do not focus on what is unclean in man. As soon as life gets into him – it will clean everything.

A rich American died and immediately set out for heaven. At the portal of heaven, Saint Peter met him and asked him:

“Where are you going?”

“I am going to heaven. While I was on Earth, I did a lot of good deeds, due to which I ought to be there.”

“What good deeds did you do?”

“I built a church.”

“What did you get for this?”

“All the newspapers wrote about me.”

“You have already got your salary. Any other good deed?”

“I built a school.”

“What did you get for this?”

“The school was named after me.”

“You have got paid for this, too. Another good deed?”

## *LIGHT, WARMTH AND STRENGTH*

“I helped various societies financially, and all of them accepted me as an honorary member.”

“You got paid for this too. Such good deeds are not accepted here. Tell me about a good deed, which no one knows of, and no one has paid you for”

The American thought for a long time and finally said: “Years ago, I went on business out of the town; a poor widow came after me, asking for some financial aid. I told her that I was in a hurry and could not stop, but she persisted in following me. Finally, in order to free myself from her, I threw one dollar to her and left.”

“Oh, this is something else. For this deed I’ll consult with God.”

So, both of them went to God. Saint Peter entered and told the whole story. After He heard it, God said: “Give him two dollars and send him back to Earth.”

Consequently, God does not accept good deeds, done, not out of Love, but in order to gain glory from people.

As disciples, you are required to become artists, to study people and to draw only their beautiful features. You can attain this with the help of Love. Only the one who loves can see the beauty. Only the one who loves, can sacrifice himself. Have you ever asked yourselves if you are able to love someone in such a way that you can sacrifice everything for him? Who might that one be? He may be either God, or your neighbour, or you yourself. Man should begin to love either himself, or his neighbours, or God. However he starts, is good, but the important thing is to love. And as he loves, he should be ready for any sacrifice. The strength of man lies in this. A real artist is the one, who – with the strength of his mind, heart, and will might sacrifice everything. The real artist paints all the lines in their proper places and creates a beautiful picture out of them. People’s mistakes are nothing but parts from the whole, that is – single lines from a beautiful picture.

I wish all of you to be great artists, who paint beautiful paintings out of the mistakes and the shortcomings of the others. Love turns all the weaknesses and shortcomings of people into

## *THE LANGUAGE OF LOVE*

great virtues. The one, who does not understand this, encounters contradictions. The one, who understands Love, knows that the crimes and the shortcomings are bad for one reason only – that they are not committed at the proper time and place. If she feeds her newborn baby with solid food, the mother commits a crime, because the newborn baby should eat only milk. In this sense the evil and the crime – as parts of evil – will, in future, be transformed into virtues.

As disciples, you should learn how to overcome difficulties. If someone gives you solid food, apply your teeth – your virtues. If you can chew this food – you are a strong man; otherwise, you are a weak one. Look what the plants do with carbon dioxide. Although it is a poisonous gas, they take it in as a food: they decompose it into carbon and oxygen. They retain the carbon and process it in complex chemical compositions, while they send the oxygen into the air, thus refreshing and cleaning it. Today the world needs genial people, able to transform the present evil into a future good. The people of the future will have within themselves the might and strength to transform evil into good, into sweet fruits – just as the plants process carbon dioxide and transform it into foodstuff for themselves and for all humanity.

I wish you all to be mighty and strong, to be heroes, to transform evil into good, sorrows into joys, to form sweet and tasty fruits – as for yourselves, so for your neighbours.

From darkness – towards Light!

From cold – towards warmth!

From weakness – towards strength!

*August 6, 5 a.m.*

## THE CONSTANT IN LIFE

In life, two types of manifestations can be observed: unchangeable or permanent, and changeable or not constant. By studying the human character, scientists find both manifestations as well. They know the reasons for these manifestations.

As we talk about permanent and changeable things in life, we mean the stability and the instability of things. The stability of things is due to the constant values, while the instability is due to the changing values. The stable, the constant value is a unit with which we measure things. We call this unit “law”. Each human thought, feeling and deed that corresponds to this unit is good. If they do not correspond to it – they are not good. So, in life there exists a unit of measurement, with which things are being measured. It determines what is good and what is evil. Good is all that provides the conditions to grow; good is all that gives a full range of opportunities for the human mind to develop. Good brings Light into the mind. Good is what allows the human heart to reveal itself. Good brings warmth into the human heart. The Light and the warmth, brought by the Good within the human mind and heart, are called the Light and warmth of the Good. They manifest the objective side of life. When the Divine Light is missing – man makes mistakes. He cannot think in a right way. When the Divine warmth is missing – a person is always ill.

People want to be healthy, rich and beautiful. The words health, wealth and beauty are synonyms. The one, who is healthy, is at the same time rich and beautiful. But man can be healthy under certain conditions only. Consequently, a man may be healthy and rich only if he lives with pure air, pure food and a hygienic home. If these basic conditions do not exist, he cannot be healthy. True health means a healthy mind, healthy feelings and physical health. In order to have a healthy mind, always keep your thoughts



## *THE LANGUAGE OF LOVE*

positive thoughts; do not worry about trifles. Someone is worried because he will die. The fact that he is worried by the thought of death shows that he does not know what death is.

One of the anecdotes about Nastradin Hodja satirizes some people's views about death and about the other world. One day, Nastradin Hodja went to the near-by forest to chop wood. He climbed a tree, stepped on a bough and began to chop it. During this time, a traveller saw Nastradin Hodja in the tree and asked him: "What are you doing here?" – "I am chopping wood." – "Do you realize that as you cut the bough on which you are, you will fall on the ground?" – "This is none of your business." Nastradin Hodja continued his work, but as soon as he chopped the bough he fell onto the ground with it. – "Oh, my! It turned out as the traveller said. Since he knew when I would fall from the tree, maybe he will know when I am to die." Nastradin Hodja caught up with the traveller and said to him: "Since you know so much, tell me when am I to die." – "After three days." Nastradin Hodja got back to his home and told his wife: "Do you know that in three days time I will die?" His wife listened to him, but did not say anything. He took his pouch, took leave of his wife and children and went out of town to the foot of the near-by mountain. There, he dug himself a grave under a pear tree and lay down in it. From time to time pears fell from the tree, he ate them and thought: "If this is death – it is not frightful – you lie under the pear tree and you eat pears." Two days passed. On the third day, he heard a loud noise. He raised his head to see what was going on. He saw several camel drivers with camels loaded with pottery. As they saw his head coming out from under the ground, the camel drivers became frightened and ran. As a result of this, they broke many pots. Displeased by this, they caught Nastradin Hodja and cruelly beat him up. Then he came out from the grave and left. When he arrived home and saw his wife, he said: "I have returned from the other world." – "What did you see there?" – "While the pears were falling and I was moistening my mouth with them, it was good. If this is the way to die, then there is nothing bad in death. But the

situation worsened after the camel drivers came and thrashed me. It is not worth going to the other world.”

The views of Nastradin Hodja about the other world are funny, but many people have similar views as well. As they encounter hardships in life, people start to look for a way to break free from them. If they cannot solve them properly, they seek death.

A strong mind is known by its light. A strong heart is known by its warmth and by the stability of its feelings. Warmth and Light are creative forces. The human mind cannot be illuminated unless it has light within itself. The human heart cannot be processed and cultivated unless it has warmth within itself.

Contemporary scientists classify the dispersion of light into seven colours. These compose the first scale. But there are higher octaves, where the same colours are finer. If you concentrate your mind and isolate yourself from all outside impressions, looking deep inside yourself, you will first sink into a thick impenetrable darkness, then, some light begins to rise within; it expands, and you find yourself immersed in light greater than the physical one. This light might disperse into the same seven colours as the physical one, but their nuances are softer and more pleasant. Coming out of your concentration, you will pass through the same dark zone again. All who die pass through this dark area. You can enter into this dark zone without dying, but by consciously transcending your body. Afterwards you can return to the physical world again. If this out of body experience happens unconsciously, man thinks that he has died and that he cannot go back.

The law is: No one can release you from the thoughts that you have suggested to yourself. Knowing this, be careful - do not allow all kinds of thoughts into your mind. If someone holds in his mind the thought that he cannot do anything, he begins to believe it, and nobody can help him.

Remember: many of the thoughts that pass through your mind belong in fact to others. The thought that you cannot do anything good is not yours. God has created you with the capacities to achieve many good things. Each one has gifts and forces, which

## *THE LANGUAGE OF LOVE*

he needs to develop. This is his civil right. Anyone who deprives people of this rights, commits a crime. Anyone, who deprives people of the right to do well, commits a crime. Consequently, when man lives well, he fulfils the Divine will. As long as he does the Divine will, he is healthy, strong and rich.

There are many ill people today. Why? They do not know how to use the sunbeams. The Sun contains all the medicines within itself. There is no illness that cannot be healed with the influence of the sunbeams. In order to heal yourself, you need to use the refraction of solar light with the help of special prisms. The prisms might be material, but they might also be mental. In order for an ill man to receive the sunlight, it has to pass through the brains of several people, as through a prism. The same thing happens also with the light that we receive from the Sun. The solar energy passes through several transformers until it reaches our eyes as light. So, the light we receive from the Sun is refracted and reflected light – not straight. Due to this reason, we see things relatively – not absolutely. We do not see things as they are in real life.

The people we see around us are different, but our concept about them is relative as well. For instance, someone's nose is 3 centimetres long and 2 centimetres wide, another one's nose is 4 centimetres long and 2.5 centimetres wide, and a third one has a nose 5-6 centimetres long and 3 centimetres wide. These people have different characters. Their characters are defined by the length and width of the nose. This does not depend on the person himself. Many generations before him have worked for the creation of his nose. The length of the nose shows the development of the mind, while its width shows the development of the heart. So, the length of the nose is a barometer that shows the state of the mind; the width of the nose is a hygrometer that denotes the state of the heart.

The human nose is both a barometer and a hygrometer. It is a precious instrument, but man does not give it proper value. There are many other barometers in the human body. For instance, the knee is another good barometer. At the slightest weather change,

## *THE CONSTANT IN LIFE*

man feels some pain in his knee or in other joints. This pain tells him that it will rain, snow, or hail. As soon as the weather starts to improve, the pain ceases. So, whenever you feel pain in your throat, leg, arm, or something else, you will know that your barometer notifies you. Thus you can become a prophet and you can forecast the weather.

Nowadays people look for a way to get rid of their barometers, but whatever they do, they will have some barometer in their bodies. If they do not feel any pain, that is, if they do not have any barometer, then the epigastric area will play the role of the barometer. For instance, it has been noticed that a certain correlation exists between the change in the weather and human feelings. Without any reason, a man feels a pleasant feeling in the epigastric area. This shows that the weather will improve. Sometimes he gets up in the morning, and the weather is fine and bright, but he feels some heaviness in this area. He asks himself why he feels sad, he doesn't understand the reason, but after several hours the weather breaks. Then his sad disposition disappears. On the basis of his changing condition, man can come to some psychological conclusions.

A family of six – a mother, a father and four children describe their observations with respect to the law of influence. They have noticed the following: if the father is indisposed on Monday, the mother is indisposed on Tuesday, the older brother – on Wednesday, the older sister – on Thursday, the little brother – on Friday, the little sister – on Saturday. On Sunday, all of them are in a good disposition. The whole family is happy. As Monday comes, duty begins again. The father wonders what to do, so that he can avoid this duty. I tell him, that as soon as he notices a certain indisposition within himself, it would be better to take his rucksack and go for an excursion. In general, whenever man feels a certain indisposition, let him get down to work and harness his energy.

The law says: when people love each other, they transfer to one another their mood and disposition. In this respect, man is a

## *THE LANGUAGE OF LOVE*

transmitter and receiver of energies. When a certain resemblance exists between two people, they mutually transmit their thoughts and feelings: whatever one of them thinks – the other will receive; whatever one of them feels – will be felt by the other. If one of them is indisposed, he will transmit his indisposition to the other. Knowing this, search for the reason for your bad disposition. Finding out the reason, you can get rid of it easily. In this way it is easier to cope with one's problems.

The future hygiene requires developing an inner feeling for the food, to know in an inner way what food one should use and where to take it from. If your inner voice tells you not to eat some food, or not to go to a certain restaurant, listen to it. This law can be applied everywhere in life. If you go to the shop to buy something, follow your inner feeling. It always tells you where to go, what to eat, with whom to make friends etc.

Make friends with people, towards whom you feel a good disposition. If you meet a man, who causes some internal disturbance within you, do not make friends with him. If he does not cause any disturbance within you, if you feel well disposed towards him, don't be afraid to make friends with him. This man will remain faithful for your whole life. Consequently, do not make friends with the one, who causes a tightening in your heart and a disturbance within your mind. Do not ask why it is so, and do not try to strain yourself or to overcome this feeling.

Contemporary people have come to the law of harmony in life and know that everything should rest on this law. If you expect friendship between two people, see if they are in harmony with each other. No matter whether you sing, play, or talk – you should observe the law of harmony everywhere. Without harmony, life loses its meaning.

But although people strive towards harmony, they cannot completely avoid disharmony. Bad people are nothing but disharmonic tones. If you cannot avoid the disharmonic tones - the bad people - you should know where to put them. As soon as you meet a bad person – avoid him; do not try to make friends with

him. Some young man falls in love with a stubborn young lady and thinks that he will reform her character, so that he can tune her to the scale in which he himself sings and plays. The stubbornness, though, is a disharmonic tone in life, for which a special scale is required. Have you tried to transform the disharmonic scale into a harmonic one, to find out whether this transformation can easily be done?

What does it mean, when your hair turns white? The colour white is healthy – it is the colour of generosity. The black hair means that one is collecting everything only for oneself. As soon as his hair grows white, he starts giving away. Many people think that when someone's hair grows white, he becomes impoverished. No, people with white hair are in fact very rich. The people with black hair collect wealth, but, until their hair becomes completely white, they cannot be called rich. The people with black hair are impatient and short-tempered. They spend a lot of energy in vain. People with white hair are moderate. They do not spend their energy in vain, because they know that it is hard to acquire this energy. Consequently, in order for a man to become wiser, his hair should grow white.

The black colour in general shows a state of reception and rest. The one who wants to get rest should be dressed in black. For this reason, the night was created. Some people consider black as a bringer of misfortune and evil. But black has merit as well. When man wants to rest and avoid lots of outer impressions, man seeks the night. When someone's life is full of impressions and desires, his hair grows white, as a result of many troubles and worries. The hair of such people grows white prematurely – before they have reached wisdom. So, not everyone with white hair is wise, and not everyone with black hair is short-tempered.

As disciples, observe the following law: hold in high esteem the Divine within yourself – your mind, heart, will, soul and Spirit. As long as he gives high esteem to his mind, man will use it in all his life-conditions and will be able to transform his negative thoughts, feelings and deeds into positive ones. The one, who

## *THE LANGUAGE OF LOVE*

cannot transform his negative deeds into positive ones, does not understand anything of higher mathematics.

In a sanatorium in South America there were two paralyzed men who had stayed there for twenty years. Finally, the doctors announced them incurable. In the area where the sanatorium was, there were great snakes, though. One day one of these snakes – a boa - left the place where it lived and went into the hospital. People tried to catch it, but it hid in the room where the two paralyzed men were. When they saw the boa in their room, the two paralyzed man jumped from their beds and ran out of the hospital. As they realised that they could stand on their legs, they thanked the boa, that it had entered the hospital and scared them and thus helped them understand that they were healthy.

So, when you find yourself in front of great contradictions and troubles, know that they are nothing but opportunities for good. In times of difficulties, man concentrates his mind. Through suffering man learns and sees that everything in life has a meaning and purpose. Nothing is aimless.

Contemporary people, due to misunderstanding the Divine laws, subject themselves to useless suffering. There is suffering that is useful, but there is also useless, artificially created suffering. In order to avoid useless suffering, man should have a bright mind. Many think that there are no beings more intelligent than man on Earth. In fact, there are beings of higher intelligence, not only in the Solar system, but in other systems as well. The beings that inhabit the other systems are even more intelligent than the beings that inhabit the solar system. You might say: - “How do you know this?” Imagine that among one hundred people there is one whose eyes are opened and who sees everything. He sees marvellous things around and talks about them. How he can see these things? He can see them with his eyes. He has eyes and sees, while the others do not see anything. They also have eyes, but their eyes are not opened yet. One day, as their eyes open they will see these things as well. Everything lies in the ability to see. There was a time, when people saw just three colours, then four,

## *THE CONSTANT IN LIFE*

five, six, while today they can see seven colours. A day will come, when they will see more colours. They will be able to see within the ultra-violet and infrared spectra of the light.

You know that besides physical food, the human mind is nourished by special light that is only nowadays being studied. Although he did not know it, man always experienced its influence. For instance, a student tries to solve a difficult task, but it is dark in his mind and he cannot solve it. He thinks it over for a long time, until finally some light penetrates his mind and he manages to solve it. So, there is light in the world that solves all difficulties. Unless this light penetrates human minds, people will continue to live in darkness and – not wanting this – will clash with one another and will wonder what the reason is for these clashes.

Only the Love and light that the new culture brings can illuminate things. As this light enters a home, it teaches people how to live like brothers. A home where this light does not enter is doomed to discord and disagreements. Today there is discord everywhere – in every home and society.

The task of all people is to study the evil forces in order to learn how to turn the evil into good. Everyone should study the forces of evil, and know how to transform them, because they are Divine, too. Look at the medical doctors, who take some poison in a homeopathic dose and heal illnesses with it. In this case, poison represents evil. Man should know what dose he should take from evil in order to use it. You should also understand evil as a creative force in the world – not only as they understand it today. The one, who does not understand the laws of evil, turns into ash – he gets destroyed. That is why Christ has said: “Do not resist evil.” In other words: “Do not fight with evil.” The one, who has tried to fight evil, has signed his sentence himself. No man has yet defeated evil.

The only force that can defeat evil is Divine Love. Remember, that God is among you and that He lives within you, within the soul of each person. As you know this, thank God for the life, mind, heart, Spirit and soul that He has given to you. If you want to be happy, listen to His voice. The Sun is shining, the wind is blowing,



## *THE LANGUAGE OF LOVE*

the waters are running, the Earth gives its fruit, the mothers are giving birth to children, the fathers raise their children, because God ordained it so. Things happen as He says. He is called the Father of all. All should observe His laws and love Him. I do not say how you should love Him. Love God in your own way: trust God in your own way and you will not be far from Truth. If you do not love your mother, father, brother and sister, and if you do not trust them, then how can you love others and trust them? If you do not love the people that are your relatives, you will not be able to love others either. Have sacred feelings first towards your father, mother, brother, sister, so that you can have the same feelings towards the people around you as well. Only in this way will you be able to reach the new culture that will unite everyone.

The task of each one is to know his name and place within the whole – like the Jews - there were twelve tribes, and each tribe knew what part of the tabernacle it carried. As they stopped to get rest, they joined the parts of the whole tabernacle, so that they could honour and thank God. Today each man says: I bear the Divine within myself. You do bear part of the Divine. One day, as all people gather together in one place, and each person brings his part, they will form the new tabernacle, in which everyone will worship God in Spirit and Truth. The law of Love will be the law of agreement. Indeed, this law should be put into practice as of this year. If you do not put it into practice this very year, you will have to wait till 1999, when you will have to begin anew.

Remember, that the future is for the wise, good and strong people. If you do not believe in what I am telling you now, one day you will believe and see that this is a hundred percent true. All the people, families, societies, and nations that are wise, good and strong, will have God's blessing. This starts from the present year. Whether my words are true or not, will be seen both by those, who serve God and those, who do not serve Him. For a maximum of ten years from now everyone will be able to check the veracity of my words. God has already put into action the law of Love, and those who do not obey this law will feel the consequences of their

## *THE CONSTANT IN LIFE*

disobedience. As you come to this law, there will be only one way to continue.

Contemporary people stand before a bright future. Evil will disappear. The Earth will drastically change – the Moon will change with it too. God has prepared a new world and new opportunities for those who love Him. As I observe the present people I see that they are like beggars, who go from house to house to receive some food. In fact, they are royal princes, but they have forgotten this. Which person is a royal prince? The one, who serves Love, Wisdom and Truth, is a royal prince. The one, who serves Life, Knowledge and Light, is a royal prince. The royal prince serves Freedom as well.

Now I wish you to be royal princes, to live like brothers. Namely, this requires God living in all people. The one, who loves Life, Knowledge, Light and Freedom, as much for others as for himself, can be called a brother. The music of the future will bring the dead ones back to life. The paintings of the future artists will bring the dead ones back to life, too. The statues of the future sculptures will resurrect people. In order that the ill person can recover, it will be enough for the future doctor to pass by his house. If the beautiful young men and women of the future pass by the houses of people who quarrel, they will immediately make peace. The New people – the people of the future culture – will bring love, joy and rejoicing everywhere.

The people of the future will be distinguished by great poverty and ignorance. They will be deficient in vices, but rich in virtues. They will be ignorant about lies, theft and violence. The Earth will turn into a heavenly garden. People will meet like brothers, with Love. They will not talk much. They will understand each other with one word only. What is the strongest word? In Bulgarian, the strongest and the richest in content is the word “goodness” (blagost). There is no duality in this word. Goodness is a Divine quality.

I wish for all of you to be kind. I wish for all Bulgarians to be kind. The heat of the word “goodness” is high. It amounts to 35

*THE LANGUAGE OF LOVE*

million degrees. Wherever goodness passes – all the contradictions melt away. Goodness comprises everything within itself. Goodness excludes all weaknesses. The kind person is rational, good and strong. He is both a master and a servant. He is the best, the wisest, the strongest master and servant.

I wish you to be kind servants and masters.

*August 6, 10 a.m.*

## THE FRUIT OF THE SPIRIT

*John, 13*

Contemporary people are faced with big trials.

Today you cannot meet a calm person anywhere. Whoever had lived on Earth, he came to a bad end after all. Nevertheless everyone hopes to finish well. All people – righteous or sinners – suffer while living on Earth. When a sinner suffers, people think that his sufferings are justified, but they ask themselves why a righteous man should suffer? As the sinner suffers, he corrects his mistakes and redeems his sins. And a righteous man elevates himself through sufferings. In other words, some people suffer in order to pay their debts, others – in order to go further. There is a third category of people, who do not want to suffer in any of these ways. But no budget is foreseen for them.

All people today seek happiness. Everyone strives to make his Life meaningful, but he does not know how. He shall create his own philosophy, which to stick up with in any case. He should know where he has come from and where he goes. Without that knowledge he is like someone who has an expensive quality violin, but he does not know how to play it. Consequently, life is meaningful when you understand it as well as the laws which rule it. Understanding life and its rules, you can make use of it.

Contemporary people cannot use Life thoroughly, because they understand either its material, or spiritual, or intellectual side. Man himself is a complex being, consisting of heterogeneous matter and powers, as well as of heterogeneous feelings and thoughts. So, in order to understand Life completely, man should first understand himself. After he has studied and come to know himself, he would be able to understand Life and make it worthwhile. It is said in the Bible that God has made man out of soil and has given him

## *THE LANGUAGE OF LOVE*

breath turning him into a living soul. Man should study, after he has come to Earth, being created according to the image of God and to His likeness. If he has come with a greater mission, i.e. to help humanity, he should study for himself, simultaneously helping his neighbours. Didn't Christ do the same? On the one hand He studied, on the other hand - He helped the mankind.

Being disciples, you should study, using the knowledge you get. You say, that you shall receive it for free. No, nothing is given for free in Life. While living, one should make use of the lessons of Life - of joys and sufferings. They present the two sides of Life. Many people do not know why they should pass through joys and sufferings. Life cannot be revealed without joys and sufferings. If somewhere joys are absent, sufferings do not exist there either. If sufferings are not presented somewhere, joys are also excluded. Life cannot be manifested without these poles. Don't death and Life go together? Death is the reverse side of the existence - Life is its face. Horse loading - it is the right side of Life or its face; horse unloading - it is the reverse side of Life. Therefore, man constantly loads himself in the process of living, and unloads himself by passing away.

Man certainly is being loaded, but at the same time he is developing his potential in the process of living. He is developing his sight, which allows him to receive right impressions of the external world. When these impressions are true, his difficulties become less. Man is also developing his ear in order to get a good reception of the sounds as well as of what is spoken to him. At the same time he is developing his senses of touch, flavour and taste in order to receive correctly everything that comes from outside. If man would keep the memories and the impressions of the experienced sufferings, he will diminish his errors and crimes. Who does not do this is like a carnivorous animal. For example, a wolf kills and eats sheep not considering the sufferings, which it causes to them. According to the wolf's understanding God has created sheep especially for its species, otherwise it will be sentenced to death. But the wolf itself assumed the right to eat sheep. It had

## *THE FRUIT OF THE SPIRIT*

forgotten the initial food it used. Grass and roots were intended to be the sheep and wolfs food. Wolf deviated from the right way of nutrition later on. Man also deviated from the right way of nutrition. God wanted him to eat fruits, but he violated this law. From a hygienic point of view meat is dirty food. Within the animal cells there are many toxins, microbes, dirt, as a result of which a man often gets ill. It is impossible for the meat-eater be absolutely healthy.

The contemporary physiologists and nutritionists confirm, that man should change the type of food he uses nowadays. But he shall be convicted in order to change his own way of nutrition. Moreover, he shall know what food to accept. There is not a better and healthier food than wheat. But a great part of its nutrients are lost in the present process of wheat milling and bread preparation. In order to use all nutrients you should plough the field and reap the wheat in Love. And if you use animals, you shall treat them well. Many people do not believe this, but one day everyone will be convinced in the truth of my words.

Since you have come to live on Earth, you should know the purpose of this. You have come to study and to acquire the eternal Life – the Life of immortality. You should fight in order to get free from the slavery and the limitations of death, so that you may become immortal. No one on Earth has set free by now. In order to set free, man should be simultaneously a master and a servant of himself. If he has not acquired this, he cannot realize Freedom as well as the laws of Life. You should be graduated from at least four faculties in the Spiritual world in order to become a servant there. You need four faculties even for the simplest and the most ordinary spiritual service. If you go to a higher service, then you need a specialization. It is not easy to get some service in the Spiritual world.

Therefore, if you want to understand the physical life partially, you should finish at least four faculties. Then even the stones will speak to you in the same way as the gramophone records speak and sing to you. The impossible for one is possible for another.

## *THE LANGUAGE OF LOVE*

It was impossible in the past that a record could speak and sing, but it is quite a common thing today. What is recorded, it can be transmitted by a gramophone.

Scientists know a lot of things, but still they cannot understand the invisible side of Life. This invisible side, which exists, is nothing else, but the Spiritual world. You should study its internal and external features, so that you can realize it. Everyone possesses hidden potential and wealth, which he should study by himself. How is he going to study this? With the help of a prominent professor. A child can never become educated, if its mother and father are not educated as they present the conditions for the development of the child's internal potential. A cow gives birth to a calf, not to some other being. There is an internal potential, but not conditions for it. The world is in demand of genius mothers and fathers to give birth to genius children. It is also in demand of genius teachers. One should be born many times in order to become genius.

That is why Christ said: "You will not enter into the Kingdom of God, if you are not born anew." One shall be reborn by water and by the Spirit. The Spirit is the rational, powerful beginning, which will introduce man into the Kingdom of God. No one can do what water, air, Light, Life and the Spirit can do for you. The Spirit gives the greatest gift to man. It is said, that the fruit of the Spirit is Love. Man cannot touch the secrets of the Kingdom of God without coming into contact with the Spirit, without living on Love – the fruit of the Spirit.

I wish you to nourish yourselves with the fruits of the Spirit – with Love, that is the only one to release the human life from all contradictions and limitations. Feed with Love in order to become masters and servants to yourselves. As you become masters and servants to yourselves, you will become servants of God, too. God wants servants that serve with Love and masters, that rule with Love.

*August 9, 5 a.m.*

## SERVICE

*Corinthians 1, 13*

### *Reflection*

*And though I have all knowledge; and though I have all faith, and have not charity, I am nothing.* [Verse 2]

*“Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up”* [verse 4]

*“Charity doth not behave itself unseemly, seeketh not her own”* [verse 5]

Corinthians, chapter 13

*“Charity never faileth.”* [Verse 8] – Whenever he fails and loses his good disposition, man thinks that he has lost his Love. When he fails, though, this means that he did not have such Love at all. There is Love, which exists and that never fails – it is Divine Love. A sky exists, that is never clouded – it is the Divine sky. Divine Love is manifested through it. When you see that the sky is cloudy, you should know that human love is manifested through it – Love that is not understood. You cannot see the sun through this love. When you see that someone’s sky is clouded, know that he manifests human love, that is, the love that is not understood. No sun appears through this love.

As disciples, you are required to have self-control; you are required not to lose yourself, neither in joy nor in sorrow. You often meet scientists, musicians and artists who are so rapt in their science or art, that they forget those who surround them. A famous virtuoso went to Paris to give a concert. As he began to play, he was so rapt in his playing that he completely forgot the audience – he lost his sense of time and did not see that people had got tired of listening to him and had started to leave the hall one after another. The last to remain were the doorkeeper and the



## *THE LANGUAGE OF LOVE*

virtuoso. As he saw that the virtuoso had no intention of stopping, the doorkeeper came up to him and said to him: “Here is the key, sir – take it and lock the hall after you finish.”

Some believers often behave like this virtuoso. When you meet such a believer, he will talk at length about what Christ has preached, what the prophets and the apostles have said. Christ, the prophets and the apostles have indeed talked, but they did not talk much. They worked more than they talked. The saints of the old times ate little. They ate once a week. The ordinary man eats three times a day – now and then even four times. So, the saint has lunch twice a month, while the ordinary man has ninety or one hundred and twenty meals a month. The wastefulness of contemporary people is great. For your excuse you might say that you are not saints. But the world suffers exactly because people are not saints. If they were saints – they would have worked more than they consumed. Wherever you go today – to families, schools, churches, or societies – everywhere you come across arguments and misunderstandings. Everyone argues, quarrels and fights,

Contemporary people maintain the theory of evolution and say that everything can be attained through evolution. According to this theory, they find that everything that happens in life is normal. They say that in the course of evolution, evil will turn into good. This theory is right, but evolution requires a long time. After a long time everything might be attained, but there also exists a shorter way for the attainment. For instance, you cannot turn the lie into truth through evolution. In the course of all times and ages the lie remains a lie. Not thinking about the words he uses, someone may say that he is a master of his own self. He says that he is a master, but at the same time he suffers.

Since he has come to Earth, man should serve. He should serve with Love. Love is the salary for the service of man. On Earth a service is paid with money. Besides, the more they pay, the more they demand. In the spiritual world, though, the servant is paid with Love. The more you love – the more you serve; the less you love – the less you serve. The more you are loved – the more you

## SERVICE

serve; the less you are loved – the less you serve. The same law applies to management. They love you little – you manage little; they love you much – you manage much. You love little – you manage little; you love much – you manage much. The world will be reformed when people begin to perform their obligations properly as servants and as masters, not only towards their relatives, but towards themselves as well. In order to be a good servant, man should first of all learn how to serve God. As long as he learns how to serve God, he will know how to serve himself and his fellow men. Today, people suffer from servants and masters who do not perform their duties properly.

Today, everyone wants to be happy. But people seek happiness where they cannot find it. They think that if they are rich, learned, strong and beautiful, they will be happy. They delude themselves. Why? We see that the world is full of rich, learned, strong and beautiful people, who despite this suffer. The preachers say that man lives and moves in God, and yet he also suffers. Today, people are told that God is Love, that man lives in God and, in spite of this, he is looking for Love and cannot find it anywhere. How is it possible to love God and be unhappy? How is it possible to live in God and be discontent? This shows that there is a deficiency in your Love. Apostle Paul says: “Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.” Contemporary people need love. If they have love, they will be rich, strong and learned.

The new teaching is a teaching of love. If a man believes in love he will leave behind everything old – like the snake sloughs off its old skin. The old, of which man should rid himself, is his dissatisfaction and scepticism. While he lives in the old, man is ready to quarrel with everyone. He quarrels with himself as well. Within each of you, live both – master and servant, who cannot reconcile. The master is discontent because his servant did not perform his orders properly. The servant is displeased with his master because he doesn't pay him regularly.

## *THE LANGUAGE OF LOVE*

Have you ever studied the manifestations of your inner master and servant? As the master appears – you are proud: his gestures show his dignity; as the servant appears – you crouch and get small. It is good to observe and draw the images of your inner master and servant. Thus you will know when the real Self manifests and when the actor does. The actor is paid a lot to play on the stage. In order to reconcile the master and servant, man should learn to thank God for everything that is given to him. He should thank Him for the mind, body, soul, and spirit that have been given to him. They cost billions, yet man does not realize his wealth and goes to the stage to perform the alien roles instead.

Whatever you do, you will receive your payment. Not one thing you ever did will be left unpaid. So, you will get your payment, but the important thing is to work conscientiously, so that you get paid well and on time. Perfection is required from man. Only Love can make a man perfect. As long as he lives within Love, he will accept things as they were originally created, with no doubt in his mind. Man misses opportunities, because he is ready to sacrifice his Love for no reason at all. The young lady is ready to neglect the Love of her mother and father for a young man, who has occasionally come to her home. She believes in his words of love. How is she to tell if this young man is indeed the expected one? How can she tell if they will get on together? If he can be both her servant and master, then the young man is her real love. If she can do the same for him, then she is his real love.

Now I will give you several rules.

Do not go to hoe your cornfield in the evening; do not go to hoe your cornfield in cold weather.

When you have no money in your pocket, don't go to the inn; when you have no money in your pocket, don't start to trade.

Go to hoe your cornfield when the Sun is shining, and the day is bright and warm.

When your pocket is full – then begin your undertakings.

According the New teaching I say: begin with Love and end with Love. Begin with God and end with God. Begin with your

fellow man and end with your fellow man. Begin with yourself and end with yourself.

For many, these sentences will remain not understood, but some will grasp them.

When you talk to people about Divine Love, they say that they cannot understand it. As for the human Love – they say that they understand it. This is not an understanding, though. Why? Because today they pretend to understand it, but tomorrow they cry because of it. This is not Love. The young lady applies make up to her face excellently. She knows how to paint her lips, how to powder her face, how to pencil her eyebrows, etc. What are these cosmetics that last for several hours only? In the morning, she makes herself beautiful, but in the evening nothing remains of this beauty. In order to remain beautiful, she has to disguise herself every day. If you start to tell her about the natural and the spiritual cosmetics, she will tell you that she does not understand you. Man can be naturally young, without wrinkles on his face. The good and pure life makes the person young, beautiful and bright. If he does not live well, whatever cosmetics he might use – it will show. You can always tell the artificial things.

A young man laughed at the wrinkles of an old lady and at her white hair. She decided to take revenge. For this purpose she disguised herself in such a way that she became unrecognizable: her face became beautiful and without any wrinkles, her hair became black and shining, and she put two rows of white teeth into her mouth. In this way she appeared before the young man and started to cast him playful glances. He liked her, fell in love with her and began to write her love letters, in which he wrote that he could not live without her. So, she agreed to marry him. He thought how happy he was, obtaining his ideal, but after the wedding, she revealed her true looks to him. When he saw the old lady in front of him, he knew that he had been deceived and ran away from the room.

‘To marry for an old lady’ means ‘to see your delusions’. As soon as he sees his delusions, he immediately runs away. A day

## *THE LANGUAGE OF LOVE*

will come, when everyone will understand that they have married the old lady. The old lady symbolizes the life of the flesh. When they see how ugly she is, they will leave their houses and run away. In order to break free from the life of the flesh, man should be patient and benevolent, not envious. If he does not attain these features, man forms a fog in his consciousness - as you today are folded in fog.

If you want to acquire the qualities of Love, thank God for the sufferings and the joys that are being given to you; thank Him for wealth and poverty; thank Him for knowledge and for ignorance; thank Him for health and for illness. Do not forget that suffering conceals joy, and joy conceals suffering; wealth conceals poverty, and poverty conceals wealth; knowledge conceals ignorance, and ignorance conceals knowledge; health conceals illness, and illness conceals health. Poverty is a servant, and wealth is a master. As the master and servant unite, all is well. The master gives the capital, and the servant gives the work.

So, if you wish to acquire Love, strive towards the new that is to come. When God gave the law to Moses, the mountain was still covered with mist. Now you also are in mist, because the law is being given to you – the law of Love. The one who lives without Love will be in the mist, while the one who lives with Love will be above the mist; the one who lives without Love will be in poverty, while the one who lives with Love will live in wealth; the one who lives without Love will be in ignorance, while the one who lives with Love will live in knowledge; the one who lives without Love will be in illness, while the one who lives with Love will live in health; the only law, with which you have to serve God is Love.

Love never fails. Have complete confidence, hope and Love in God, so that you can attain all your wishes and strivings. A great future lies before you. As you apply the law of Love, you will test the Divine kindness upon yourself.

*August 11, 5 a.m.*

## ACQUAINTACE

One of the tasks of nowadays people is to know better each other. Knowledge cannot be gained without the participation of the different levels of consciousness. In order to know each other, people should pass through the four levels of the consciousness: the sub-consciousness, the consciousness, the self-consciousness, and the super-consciousness. The sub-consciousness resembles the child within its mother's womb; the consciousness resembles the newborn child; the self-consciousness resembles the child that already goes to school; the super-consciousness is the man, who serves God. These four levels produce the aspirations of man and his Life. As I talk about the manifestations of the consciousness, I mean the well organized life – not the life of suffering and trials. The organized life implies a complete union of the human thoughts, feelings, and deeds.

In the first chapter of Genesis, it is written, that God has “formed man of the dust of the ground”. While man was dust on the ground, he was deprived of consciousness. He was in a “pregnant state” – as is the state of the water that flows, of the air that moves, and of the stones on which he steps.

“And breathed into his nostrils the breath of life; and man became a living soul.” (Verse 7) From this moment on, the consciousness awoke. The nose is related to the human consciousness; the mouth – to the human sub-consciousness, the ears – to the human self-consciousness, and the eyes – to the human super-consciousness. These levels of the consciousness unite through Love.

In getting knowledge of something or someone is hidden the great idea of attainment of Love. Love includes two processes: descent and ascent. Only the individual, endowed with high reason descends. Only God descends in the world. As we talk about ascension, you should know that it is again God that ascends – as

## *THE LANGUAGE OF LOVE*

Mindful origin. No one can ascend or descend where God ascends and descends. The life manifested in us shows the presence of God within us. He has descended from His exalted world into our world. In order to descend into our world, God has adapted Himself in a special way in order to take the appropriate place, to live among His children. He has sacrificed everything – His glory and greatness. God lives among us as human being. When we go to Him, we will also live as human beings. Living among us, He searched a way to grant us with His Blessings in such a way that they couldn't be misused.

In order to learn to appreciate these goods, we pass through a school of joy and suffering. The suffering begins when man overstrains himself. When he overstrains his stomach, heart, or brain, he experiences also kind of disturbance. When undertakes something for which he is not ready, he suffers. Doing a job for which he is ready – he feels joy.

Everyone strives towards Love, because it is only Love that can transform the world. In the beginning man lived for himself. This is a Divine quality. Initially, God also lived for Himself. After He created the world, He began to live for all the beings He Himself has created. In this way He restricted Himself, but He enjoyed His self-restriction that let Him gain knowledge of the beings He had created. The presence of God within the small beings became the reason for their sufferings. To restrict yourself means to stand besides a great mountain that casts a shadow over you. Standing in the shadow of the mountain you suffer, because you are deprived of the space that you would have if you were up the mountain. Each one suffers due to overshadowing – constantly someone has overshadowed him. In the future – in order not to overshadow one another – people should be transparent. The houses should also be transparent, made of glass, so that they do not overshadow one another. Only Love can make things transparent, though. The word “be transparent” means lack of any resistance or opposition to the light and elevated human thoughts, feelings, and actions.

## ACQUAINTANCE

Nowadays people don't like the world, where they live, they are discontent by their living situation. All people want to live well, but are not yet skilled in this art. Initially, man was closed in an egg. He should know to come out of it. The one, who does not know this art, knocks the egg, while the one who is familiar with the art how to live, he opens the egg. The opening of the egg is called the basic tone of life. The one, who strikes the basic tone of life properly, never gets ill. Illnesses show that the he did not strike the proper tone of life.

To get acquainted with someone else and with yourself, means to create the favourable conditions for the physical, mental, and emotional development of the other.

Acquaintance begins with a conversation. The person who you approach, wanting to know him, will begin to talk to you. At this moment all the opportunities will manifest, his soul will open and he will see the opportunities on the physical, organic and psychical fields that are available to him. Each form is an opportunity for learning. As he studies this form, man gets in touch with it and attains something. People, who don't understand this, think that the plants for instance, do not have any intelligence. They are wrong – the plants are highly sensible and intelligent. It was observed that when a criminal gets near a tree – it withers. If the righteous man touches a tree – it comes back to life.

You need to have new understanding for both life and love. To love somebody means to come down to his level; to love somebody means to give him some of your goods and teach him how to use them; to love somebody means to accept him within yourself and take him to your homeland. The homeland of the human soul is the heaven – the place of all the opportunities and goods that man has ever had.

Today, each one strives to return to heaven from where he came out. But there is a dark zone between Earth and heaven, through which you should inevitably pass. In order to pass peacefully through it, you will need as strong light as the light of 25 million candles. As soon as he passes through the dark zone and



## *THE LANGUAGE OF LOVE*

enters the Divine World, the candles are no longer necessary. In the Divine World their light will look like a feeble red light that hardly glimmers. The dark zone is extremely cold. The temperature there is 273 degrees below zero. In order to pass through this zone, you need to have Love. Only the Love is able to pass through this cold and dark zone. The warmth of Love is great. It overcomes even the greatest physical cold.

It is not easy to pass through the dark and cold zone. Whether he realizes that or not, man holds tightly to the Earth. He does not want to leave it. Man holds onto the Earth because of his selfishness. The two poles of the Earth – the North Pole and the South Pole, show the selfishness of man and woman. The North Pole represents the selfishness of the man, that is – the selfishness of the mind, while the South Pole represents the selfishness of the woman, that is – the selfishness of the heart. But – selfishness does not mean unhappiness for people – it is a good, only that people need to know how to use it. Selfishness is the wealth that men and women have gathered since their exit from heaven until today. As they didn't know where to store it, they have piled it up on the two poles – on both the South and the North Pole.

The only force that can deal with selfishness in a right way, is Love. It would melt it little by little – imperceptibly. Consequently, do not hasten to break free from your selfishness at once. If you scatter it all over the Earth, it will stop your evolution. If you melt it at once, it will cause a great flood in your life, that will drown you. Leave your selfishness where it is – to wait for the coming of Love. The selfishness of a man is gathered within the human mind, while the selfishness of a woman is gathered within the human heart.

As He sees the danger that stalks people, God calls the woman first and says: “My child, give Me your heart!” God wants to meet the woman first, so that He can cope with her selfishness and organize it. After that, He will call the man. For thousands of years God has melted the selfishness of the woman. This is the old age. The new age that is coming now, will be occupied with melting

and organizing the selfishness of the man. This will be the age of the man. Since the woman has already broken free from her selfishness, she will help the man, so that he can break free as well. This is the reason for which the man strives towards the love of the woman. Love has warmth, so it will melt the selfishness of the man. I take the words “man” and “woman” in their broad sense and I say: The human heart should help the human mind.

Now as you study life on Earth you see that it makes two main movements: around the Sun and around itself. The result of the movement of the Earth around the Sun is the four seasons; the result of the movement of the Earth around its axis is the day and the night. As you live on Earth, you take part in these movements. The result of the movement around yourself, are your joys and sorrows. The joy represents the bright side of human life – the day; the suffering represents the dark side of the human life – the night. The day in the human life takes turns with the night – likewise the joy takes turns with suffering. And vice versa – the suffering takes turns with joy. You do also the other movement, around the Sun – around God. The result of this movement are the four seasons in human life.

As disciples of a Great School, your task is to study the earth on which you live, but also the other planets. Today, with the capacities and the senses you have, you are able to study the earth, but a time will come, when you will develop your inner senses and abilities. Then you will be able to move from one planet to another. When you travel consciously from one planet to another, you will be able to trace the way through which you have passed. You will see that there is life on the other planets as well. There are also beings that process their earth as the people on Earth do. Then, the beings from the other planets will descend to Earth. If today some being says that it has descended on the Earth from another planet, no one would believe it, it would be called crazy, a liar, etc. If someone dares to say that he has descended from the Sun, no one would believe him. Why? Because the common opinion is that the Sun is a burning body with a very high temperature.

## *THE LANGUAGE OF LOVE*

There is a special Sun on which everybody should go. The inhabitants of this sun elevate human life. They are called Brothers of Love. When a greater number of them descend to Earth, the planet will be completely transformed. Then all the people will be called brothers and sisters. All the people will speak one language. All the mothers and fathers will form one mother and one father. They will come out of the human head, but they will pass through his eyes. The eyes are the only place through which they will pass. As they come to the Earth, they will bring joy and delight within the human soul. That is why the psalm-singer says: "As I see God, my soul will be filled with joy."

The outer light we see is a result of the thoughts of the Elevated Beings above us. It comes out from the eyes of these Beings. Animals perceive the light that comes out from us. They do not see things as we see them, because they perceive the light that has passed through two dense types of media, as a result it has undergone double refraction. Man is an instrument; the important thing is what kind of music will come out from him. The thoughts and the feelings create the music of a man. What will be your thoughts and what light will you emit depends on your relations with the Brothers of Love that come from above. All of you, young and old, need to receive love wherever it comes from. Love is for everyone – not just for the young ones. In my opinion, young is the man, who has gardens full of good-quality fruit-trees and who picks the fruits by himself. Isn't it possible for everybody to have such a garden and will be forever young?

The new way of life towards which everyone is striving, leads to the Divine gardens and suggests that everyone should pick from the fruits of their fruit-trees. In this sense, the new life requires young and loving people. Now we invite you to leave the old life and enter the Divine gardens of the new life and pick from the new fruits by yourself. Time makes this process easier, but we will also help you to enter these gardens and choose from the most beautiful fruits. Everyone will choose according to the taste of his mind and his heart.

## *ACQUAINTANCE*

Be ready now to accept the goods that your Brothers bring to you. Humanity awaits these Brothers for thousands of years. They are already coming. The people, who do not understand the meaning of their coming, say that Final Judgment is near. Other people call it “the end of the world”. Those who understand things, though, say that the “beginning of the new life” is coming.

*August 12, 5 a.m.*

## ETERNAL LIFE

*John, 12*

As disciples of the Great School, you should be generous and give away the Divine Word abundantly – like Christ, who fed thousands of people with five loaves of bread. Whatever each of you heard, accepted, and put into practice, let him transmit it to those, who are deeply interested. The one, who exercises speaking, might become a public speaker. The one, who does not speak, cannot become a public speaker. The one, who studies, might become a scientist; the one, who does not study, will not become a scientist. The one, who exercises singing, might become a singer; the one, who does not sing, cannot become a singer. The one, who loves, comes back to life; the one, who does not love – dies. The one, who loves Truth, gets his freedom; the one, who does not love Truth, becomes a slave.

Christ said to the wealthy man: “One thing you are short of.” One thing all the contemporary people are short of.

One young man went to a master potter to follow the trade. As he worked for three years, he decided that he has already learned the mastery, so he told to his master: “Please announce that I am now a master, for I am already a man of age – I would like to get married and work on my own.”

His master agreed, gave him the right to work as a master and sent him to work on his own. The young man made a lot of pottery, following all the rules of his master and put the pottery into the oven to be baked. What was his surprise, when he saw, that after baking all the pottery cracked. He quickly went to his master and told him about this misfortune. His master told him: “If you want your pottery not to crack, you have to stay with me for another three years.” – “I’ll stay, because I want to learn this mastery, for no one buys cracked pottery.”

Now he observed more carefully than before in what way his master pressed the clay, in what way he paddled and formed it, hoping, that he will see something more special than what he already knew. How the master was putting the pottery into the oven, he also observed carefully, trying not to miss anything, thinking, that a mystery or a new formula would be revealed to him. And he noticed something: while taking the pottery out of the oven, the master blew in each one of the pots and said: "Hou!" As he saw that, the young man said: "How strange. I had to waste three years for a "Hou!" The master replied to him: "This "Hou!" shows your Love towards pottery. If you love what you are doing, the pottery will not crack. Loving pottery is like talking with them." Love is present in a home in which the pottery is being blown at. If you need solid pottery, go to this home, there Love is present.

Consequently, each home, founded on Love – succeeds. Each home, not founded on Love – fails. Love is the creative force that does not stand anything negative. While it is building up, Love does not accept as constructive material even a single negative thought, feeling, or deed. Love does not stand any doubt, hesitation, or any clashes.

Today, I am also telling you: Do not doubt the Divine Love. Do not drown in your suspicions; because after you fall into their depths, it will be difficult to get out. The one, who does not believe God, is drowning in his own suspicions. Seek God and trust in Him, so that you can meet his three daughters: Hope, Faith, and Love. As you meet Hope, you will become rich in the physical world. As you meet Faith – you will enter the spiritual world, so that your mind enlightens and you might gain knowledge. As you meet Love – you will enter the Divine World and attain eternal life.

Christ says: "This life is eternal – to know you – the One True God." And I say: Have hope in the one that hopes. Trust in the one who trusts. Love the one that loves. To come into contact with Hope, Trust, and Love – this is the eternal life, towards which every soul strives.

*August 13, 5 a.m.*

## THE VOICE OF LOVE

Now, in order to present the truth about a certain problem, I will need to tell you several stories.

One winter night, a young man went out of his home and decided to take a walk in the near-by forest. Suddenly a pack of wolves appeared. He quickly climbed up a tree and hid. As the wolves passed by, the young man was about to come down, when he saw another beast: a bear was climbing up the tree. The bear stopped one branch below him – it was also trying to escape from the wolves. Looking up, the bear saw the young man, who was frozen with horror, and telepathically sent him the message: “Don’t be afraid – at this moment I am not a threat for you; I am faced with the same danger as you. Instead of resting in my den, I went out for a walk, but the wolves ran after me, and I hurried to climb this tree.” When they were out of danger, the bear was the first to come down from the tree; then it looked at the young man, and nodded “goodbye” to him. The young man also said goodbye to the bear and came down from the tree.

This tree symbolizes life, the young man symbolizes the human mind, and the bear symbolizes the human heart. So, when the mind and the heart are simultaneously in danger, they should not fight. They should climb the tree of life and find their rescue there.

One summer day a young man went to the forest to chop wood. Suddenly, he heard a loud roar behind him. As he turned, he saw a large bear. At first he was frightened, but as he was just about to raise the axe, he noticed that the bear was pointing its paw at him and wanted some help. He peered at it and saw that a large thorn was stuck in its paw. The young man held the paw tightly in his hand and took out the thorn. After that, he took out some olive oil from his pouch, poured it on the wound and bound

## *THE VOICE OF LOVE*

it well. As he finished this operation, the bear touched him by its other paw and led him away. He followed it, curious to see what it wanted from him. After walking for half an hour, the bear stopped at a tree and looked upwards. The young man also looked upwards and saw bees there, circling around a beehive. So, he understood that the bear was inviting him to taste the honey. Thus it expressed its gratitude for the favour done.

Consequently, when your heart is wounded, appeal to your mind to help you take the thorn out of the wound. After that, it will express its gratitude and show you where the bees live, so that you can take as much honey as you like from them. The bear, that is, his heart, took the young man to the bees, and the lesson it gave him was to strive towards purity and towards an organized life. The mindful heart is the teacher of the human mind.

What the mind learns for a thousand years, the mindful heart learns in one day only. What the mindful heart has already learned long ago, the mind tries to learn now. Some people think that the mind is active, realizing everything. Partly it is so. The mind works, but the initiative comes from the heart. That is why you should understand the truth first by your heart and then – by your mind. The same holds true for Love. First you should understand Love by your heart and then – by your mind. When you express with words the truth to someone, leave him to understand it in an inner way, through his heart. As soon as he understands it, he will pass it properly to the mind.

People want to understand what love is. When you come to love, the heart will be the first to understand and feel it. Whatever outer expression you may give to love, the heart can neither be bribed, nor cheated. Whenever someone gives money as an expression of his love, this is a delusion. This is the love of the earth, not his love. Money is the possession of the earth. When someone is giving you a nice woollen dress in order to express his love, this is a delusion. This is the love of the sheep – not his own love. He has robbed the wool from the sheep, made a dress from it and now he offers it as his own gift.



## *THE LANGUAGE OF LOVE*

How, then, should you express love? Express your Love through your mindful heart. Love as God loves. Love as a father and a mother love. These concepts are for the mind, but their understanding comes by means of the heart. If heart-help does not help, these concepts will remain only theoretical rules. Heart is the only thing in you, which is ready for sacrifice. All the mistakes in human life ensue from the sacrifices of the heart. In this sense, God forgives every mistake of the heart that was made out of Love.

One of the greatest teachers of the old times sent one of his disciples around the world to preach his teaching, and he gave him the ability for healing. Going around the world, the first thing that the disciple started to do was to heal. He healed all the blind, deaf and crippled people he met. The blind ones began to see, the deaf ones began to hear, and the crippled ones began to walk again. In a word, he restored the health of all the people that were deprived of something. But what was his surprise, when, instead of expressing their gratitude, all of them persecuted him – those who had begun to see started to chase him; those who began to hear started to offend him with bad words; those, whose legs and arms he had healed, started to beat him cruelly.

Facing this great discrepancy, the disciple returned to his master, disappointed and discouraged, and asked why, instead of gratitude, he was paid with so much abuse, persecution and pursuit? His master answered him: “Your mistake is in this: first you began to heal and open the eyes of the blind, open the ears of the deaf, and untie the arms and the legs of those people, who had been given certain trials from Intelligent Nature. However, your first task was to preach to healthy people, with good eyes and ears, and whose arms and legs were healthy. Only after that – in your free time, when you had nothing to do, you had to heal the blind, the deaf and the crippled. Finally you had to come back to me. All the people you healed were your enemies from the past. I had tied them, so that they could not hinder your development today. As you did not understand this, you untied them prematurely, and

thereby impeded the fulfilment of your task. Because I had tied them, I myself was going to untie them at the proper time.”

Each man carries one blind and deaf thought, one blind and deaf feeling. Should he prematurely untie them? Consequently, as regards his mind and heart, man should help just those of his thoughts, feelings and actions that are healthy. In his free time, when he has nothing to do, he may heal his ill thoughts, feelings and actions. The ill thoughts, feelings and actions are his enemies. If he starts to heal them and unties them prematurely, he gives them the opportunity to persecute him.

When I say that one should not preach to ill people, I mean, that they are not yet ready to accept the Divine Word. When the younger son asked for his inheritance share from his father, he intended to leave. He did not return to his father until he had spent everything – money, health and strength. He returned to his father as a prodigal son. If there had been more people to pity and help him, he still wouldn't have returned to his place. He would still have been occupied with the young ladies. The son returned to his father, who was not blind, deaf, or crippled. His father was healthy and mindful.

Many think that, in order to study and advance well, man should be rich, so that he might have good opportunities. If this was true, Christ should have been born in a royal home, under the most favourable conditions. He would have had the authority and no one would have dared to touch Him, chase Him, or torment Him. If He had been born into a royal home, though, Christ would not have done the work that was assigned to Him. He would have learned a lot of things in the palace, but he would not have known what suffering is, or what it means to sacrifice oneself for others. While he was a simple shepherd, David lived a pure and holy life. After he became king of Israel, he committed many sins and crimes, about which people continue to talk up to this day. Finally his son Solomon was born – the wisest king at that time, who had 300 women and 600 concubines. This speaks of his insatiable desires. Regarding their grandiose and insatiable desires, many

## *THE LANGUAGE OF LOVE*

people resemble King Solomon. Before the flood there were also animals with great, insatiable desires, but where are they now? Where did their desires go? Nothing remains of them – Nature swept them away.

The biggest animal nowadays is the elephant. During the Ottoman yoke, a Turkish pasha visited a Bulgarian village near the town of Varna. The village people welcomed him very warmly. In order to express his gratitude, he gave this village a present – an elephant. For a whole year, the people from the village fed the elephant regularly, but the village began to suffer impoverishment. Each day, they had to give it 50-60 kilograms of rice. They wondered what to do with the elephant – it cost them dearly, so they decided to send a messenger to the pasha to ask him if it was possible to return the elephant to him. The peasant went to the palace of the Turkish pasha, who was in a good mood, and asked him: “Are you pleased with the elephant?” In his embarrassment the peasant replied: – “Yes, we are.” – “Do you look after it well?” – “Yes, we do.” – “Then, if you like, I can give you one more elephant.” As he heard this, the peasant became frightened and ran away.

Who made the mistake: the Turkish pasha, or the peasants? The mistake was made by both the Turkish pasha and the peasants. The peasants should have known how to use the elephant. They had to harness it to work, to justify the food it ate. The Turkish pasha is the human mind, while the peasants represent the human heart. As the mind wants to express gratitude towards the heart, it should not give him an elephant, but a beehive that will bring it real profit.

As you study human life, you see that three important things drive it: a bright thought, a good feeling and a noble act.

All contemporary people are exposed to internal trials, to internal discontent, that can be removed only by the help of bright thoughts, good feelings and noble deeds. The only good, which God has put into the human mind, are the bright thoughts that he receives from the Higher World; into the human heart He has put the good feelings; and into his will He has put the noble deeds.

## *THE VOICE OF LOVE*

The wealth of a man and his strength lie in this. If through his bright thoughts, good feelings, and his noble actions, man cannot see God, he will not see Him in any other way. When these three qualities appear, man feels such an inner strength, which enables him to keep his balance through all hard life-conditions.

One of the great teachers of the old times gave a task to one of his disciples: to understand what a strong and a bright thought means. He told him: "Go among the people in the world; there you will meet three people: a military man, a Brahman, and an adept – slap each of them in the face. As you finish your task, come back to me and tell me what you learned." The disciple left, and the first person he met was a military man. He slapped him in the face, but in return the military man slapped him twice and threw him to the ground. As he stood up, the disciple thought: "This military man was strong!" He continued his way and stopped by a temple, where he saw a Brahmin praying to God. He came near him and slapped him in the face. The Brahmin raised his hand, in order to slap him back, but quickly lowered it and continued to pray. "This Brahmin has turned into a weak man", the disciple thought. Finally he met the adept – he was concentrated in his thought. The disciple came near him silently, slapped him in his face and quickly walked away. The adept remained in the same position – he did not even move. "This one is completely weak" – concluded the disciple.

After finishing his task, he returned to his teacher and told him everything that he had seen and experienced. His master told him: "Until you acquire the features of the adept, who serves Love, you will never succeed." The military man symbolizes a man, who serves force. The Brahman symbolizes those, who serve the law, while the adept symbolizes a servant of Love. Within each of you, these three types of states exist – strength, law and Love, while you are the disciple, who learns from them. Unless you give priority to the adept, you will never achieve your wishes. The same categories of people we meet throughout all humanity. Until the world gives first place to the adept, people will always find themselves before trials and hardships.

## *THE LANGUAGE OF LOVE*

So, three categories of people exist in the world: the category of the military man – the man of force – if you slap him in the face, he will slap you twice. The second one is the category of the Brahmin, who serves the law. If you slap him in the face, he wishes to strike you back, but he immediately lowers his hand and thinks: “There is no need to defend myself – there is a law that upholds justice.” The third category is the one of the adept, who does not even dwell on other people’s actions and who does not want anything from anyone.

As disciples, you are required to be brave and decisive like the military man, but serving the Divine law – not the human law, that takes revenge with two strikes for one. Be bright and mindful like the Brahmin, who still serves the two laws – the old and the new one, but, as soon as leaves behind the old one, he immediately lowers his hands and accepts the new law – the law of the Spiritual World. And finally – be like the adept, who serves the law of Love, which makes him blind to the human sins and crimes.

One day, when you return to the Invisible World, you will need to pass an examination to be checked to what degree you have applied the law of Love. If it appears that you have criticised a lot, you will be asked why you did it. If you say that you wanted to correct people, they will immediately ask you: “Did you correct your own self?” Do not criticize people before you have corrected yourself, or you will find yourself in the position of the grindstone that sharpens people’s knives.

Another disciple went to the same master and asked him to explain to him what Love is. The master remained silent and did not answer, but the disciple persisted. For ten years, he continued to visit the famous master and asked the same question over and over again, expecting to get some answer. In the tenth year, the master, who was a healthy and strong man, took the disciple to the river Gang, where he immersed him in water. The disciple began to suffocate, due to the lack of air, and to kick in convulsions, until finally the Master pulled him out. “What did you feel while you were under water?” – “I was suffocating; I felt I was lost

## *THE VOICE OF LOVE*

because of the lack of air.” The master told him: “Only after you find yourself in the same situation in life – feeling that you are suffocating and losing consciousness, because of the lack of air – then you will know what Love is.”

Man has come to the Earth to study, work, and acquire a great inheritance. Knowing this, should you get occupied with the mistakes of people and with the petty things? They are traps, and when you walk into this trap, you resemble someone who has won one hundred leva, but has lost a great fortune. If you carry a bottle of water that contains one litre, don't you have to give water to the thirsty one, who asks you for water? Give him with pleasure to drink from your bottle; do not be afraid that you will be deprived of water. You are near the source and will fill your bottle with clear, fresh water. You have anyway to empty your bottle and change the old water. Consequently, whatever harm people might cause you, everything is for your good. Do not think that this is a discrepancy. Do not say that you have to defend yourself from people, because someone did you harm. There is someone to defend you. When the royal prince goes for a walk – should he carry his weapons with him to protect himself? There is a guard to protect him. He is constantly accompanied by his guardians.

The same holds true for everyone. No matter how insignificant somebody might appear in society, there are beings that are appointed to protect and guard him. One thing only is required from you – to listen to the voice of those, who guard you and take care of you. Whatever Love tells you – listen to its voice. The solving of all problems lies in obedience to Love. If you wish to learn how to understand the language of Love and obedience, you will enter the practical school of life. What I am telling you now is the theory; this theory will be put into practice in life.

Listen to the voice of Love and you will attain the true life.

Listen to the voice of Truth, and it will bring you the absolute freedom.

Listen to the voice of Wisdom, and it will provide you with the Light you need.

## *THE LANGUAGE OF LOVE*

This is the great good, for which all of you are called into this world. The new age is coming, and you should attain the great goods of life: knowledge, light and freedom. If you accept the Divine Word and live according to it, the Spirit will come into you, and the verse will come true: "The Spirit will descend into you" and you will get what you desire. In whatever situation in life you might be, apply the Divine Word and you will see the positive side of its application. I believe that all of you will put it into practice.

*August 13, 10 a.m.*

## THE DIVERSITY IN LIFE

### *Reflection*

I'll read chapter 10 of the Gospel of John, who was considered as the bearer of Love. As Love met him for the first time and set him to trial, he left his dress and escaped. John is the apostle, who lived on Earth longest time. Why did he remain on Earth so long? In order to create again his dress, that he left in the hands of the others. During his whole life, he was occupied with the goddess Venus and studied her. In the chapter we read, Christ says: "That one, who has come to Earth without Love, is a thief and a robber. The one, who has come with Love, is a shepherd." The one, who bears Love within, he carries life. He comes to give life, not to take it away. "The thief comes only to steal, destroy and kill."

Reading the Bible, some people say, what is told there belongs to the past. There exists a past, that never dies. There exists a past, that is gone. From the latter you can gain knowledge, but it cannot give birth to anything new. This past is like a dead man put in a coffin. His relatives love him and cry for him, but he keeps silence and waits for the moment of either revival or burial. If the Love of his relatives is strong, he will come back to life. If it is feeble – he will remain in the coffin and will be buried. As they bury him in the ground, his relatives say: "We could not help you – we leave this to you. If you are brave, get up from the grave." As they see, that his Love is also weak, they sing several songs at his grave and leave. Each one who lives without Love, will die. But the one, who lives with Love and Truth, doesn't deal with the petty things of life. He deals with the higher things, with the juice of the fruit – not with its peels.

"The truth will make you free." When? When Love penetrates you. Without Love, man sleeps, he doesn't move, with Love he



## *THE LANGUAGE OF LOVE*

is awake and active. The real activity is the motion of the Spirit. Until he comes to this activity, man should pass through several kinds of motions: mechanical, organic, and mental. Today, Love is manifested through the same forms: mechanical, mental, and the Love of the Spirit. The mechanical Love is characterized by a great rigidity. The words it uses are also heavy and firm. Everyone has experienced this Love. It cripples people. The mechanical Love should be transformed into organic one; the organic Love should be transformed into mental Love, and the mental Love should be transformed into the Love of the Spirit.

As you watch the sky today you do not see any clouds. It is clear, bright, without any fog. The present day is a day of mental Love that already comes. Due to this fact, the Sun rose quietly and calmly. It communicates with all the living beings in a common language. Why? Because there is no difference in the inner understanding, while the external understanding of things, brings people to the differences which created great diversity. Because of this many languages appeared. The existence of many languages shows the external diversity in which people live. When they enter the new age of Love, people will start to use one common language – the language of Love.

All people strive to enter through the gate of Love and acquire its goods. It is not enough to know how to enter through the portal of Love – one should also know how to exit through it. It is not enough to just accept Love – one should also know how to evaluate it and put it into practice. While he is jealous, man can neither accept Love, nor put it into practice. Jealousy is a negative feeling that appears by children and adults. When in the family a child is born, his parents are happy and enjoy it. After the second child is born, parents are also delighted, but the first child does not accept the second child well. It is not pleased at the arrival of the second child, so it gets angry, cries, and does not enjoy it.

Mental love that is about to come in the world excludes jealousy. The New epoch considers each individual as a revelation of the Divine Love. As he knows this, man should take special care

## *THE DIVERSITY IN LIFE*

about his words, thoughts, feelings, and actions. Everything he does should be rich in content and sense.

Contemporary people do not understand Love, because they are still not able to break free from their old views. They think that if you love someone, you have to provide him with clothes, food, bed, etc. This is an external expression of Love, though – not internal. Real Love implies such manifestations in which form, content, and sense are in perfect unity and harmony. The feature of real Love is its inner softness. The voice of the one, who has acquired Love, is distinguished by inner softness and plasticity.

No matter how long we talk about Love, after all it will manifest itself in various ways, according to the differences of people's consciousness. Give a golden pen in the hand of 'different people and see what each of him will write. The religious one will write: "God is Love." The scientist will write: "The Sun is shining." The one, who is disappointed in Love, will write: "Love is useless." The weak and lazy one will write: "The masters treat me badly." The philosopher will write: "Love is the beginning of life."

I say: Love is not to be transferred, but lived. Love is a feature of God. Only God loves – human Love is a reflection of the Divine Love. No matter how much he would like to, man cannot give anything without the help of Divine Love. Can you get warm in the moonlight? The Moon shines thanks to the light of the Sun. Consequently, if a man loves, this is due to the Love he receives from God. Nowadays man is related to the Moon for it can purify him. The Moon extracts all the poisons and toxins from the human organism. Having in mind the present conditions, without the Moon man would have come across great difficulties. That is why young ladies and young men come out in the evening in the Moonlight – to be healed. When they want to live, enjoy, and have fun, they go out in the Sun, but they are careful not to get burned. The religious beliefs of people are a result of the influence of the Sun. Their views on love are due to Venus. Man should study but the light of the spiritual sun that already rises over the world. This sun rises within the people's consciousness. It brings new light

## *THE LANGUAGE OF LOVE*

for the understanding of Life and Nature, a new understanding of Love.

Today we greet all our friends that have come from afar, because they have responded to the invitation of the Divine World. We are glad, that they, too, become bearers of the new Love that is already coming into the world. We are glad, that through each of the people here their whole nation is present: through the French – the whole of France is here, through the English – the whole of England, through the Latvian – the whole of Latvia, through the Russians – the whole of Russia, through the Italians – the whole of Italy, through the Germans – the whole of Germany, through the Finns – the whole of Finland, through the Swiss – the whole of Switzerland, through the Greeks – the whole of Greece, through the Yugoslavs – the whole Yugoslavia. In future, when they have the opportunity to respond to the great invitation of the Elevated World, we'll mention the names of all the nations, whose names we did not mention now. And as one looks at this gathering of various nations, one cannot help feeling glad at the great variety, existing in the Divine World.

A Frenchman, an Englishman, a German, and a Russian had lunch at some European restaurant. They noticed that something was flying high in the air. The Frenchman immediately got up, took a newspaper and began to read what was written about this. The German took his hat and went to check what the scientists say about it. The Englishman took out his binoculars and started to look up. The Russian, though, calmly lay on his back, said: "Look, an eagle!" Here we see four nations, each of them having its specific reactions.

Now I congratulate you with the new day of Love. I wish you to release your hearts from all the worries and confusions. Leave your worries outside and bring within your heart more joy and delight, and much more Love. Keep within your mind the words of the Great Master: "I love you as my Father loves Me. I have come that they may have life, and have it to the full."

## *THE DIVERSITY IN LIFE*

The One, who was talking to you thousands of years ago, is talking to you again. He comes to bring Love within the hearts of all the people. The people, who believe in Love, are drawing their future. The present day shows your future. Do not be afraid. Your future is bright like the present day. The Sun is shining pleasantly, the sky is clean and clear, and it is easy to live. Before you and all the nations a great future is being revealed. The future of humanity is great, due to Love that will manifest itself. Everyone and all the nations will hold their hands like brothers and sisters in the name of the Divine Love.

God is Love, God is Life.  
God is Wisdom, God is Light.  
God is Truth, God is Freedom.

*August 14, 10 a.m.*

## IN ITS PROPER PLACE

As God created the world, people inhabited the Earth and were happy, but they did not know what to do. In this time people were less than today. In order to assign to each person proper work, God sent an Angel to Earth with a big pouch full of instructions, so that each one would know what to do. When it reached the Earth, the Angel saw, that a beautiful young lady was bathing in a lake. It stared at her and lost hold of the pouch. The pouch opened and the envelopes scattered on the ground. As they saw this, people ran to the envelopes and snatched them up. Each took one of them at random – not the one God determined. As a result of this, great discord started among people – it still continues up to this day. So, the disagreement in the world is due to the mistake of the Angel that stared at the beautiful lady and could not fulfill its task.

The Angel returned to God with an unfulfilled task. God asked him what he did with his task and the Angel had to tell how he saw the beautiful daughter of the king with whom he fell in love. God sent him back to Earth in order to learn his lesson, and up to now the Angel didn't return to heaven. This Angel is within all the people, learning the task of obedience. He is not content by its position, but bears it. Unless it gathers all the envelopes with their valuable content and puts them in their appropriate places, he cannot return to the heaven. So, each individual was assigned a task – to put each thing in its proper place. The Angel should go among people and look for the envelopes and hand each envelope to its owner. When will the Angel return to its homeland? When the New epoch comes. The New epoch will make him free.

Today the king's daughter fascinates everyone. Who is the king's daughter, though? She is the world with all its manifestations. It is not bad for a person to be fascinated, but not before one fulfils one's task. The Angel had to first perform its mission for which it

## *IN ITS PROPER PLACE*

has descended to Earth. After that, it could keep staring and being fascinated as much as he liked.

Contemporary people stand in front of the New epoch, for which they have to be ready. In order to get ready for the new culture, one has to develop a sense of giving proper value of things. There are four things that you should value: the goods of your spirit, soul, mind, and heart. As long as you evaluate these things, you can serve God with all your mind, heart, soul, and force.

If one wants to serve God, one should put all one's fingers in work. The forefinger represents the human Spirit, the middle finger – the human soul, the ring finger – the human mind, and the little finger – the human heart. The big finger, the thumb, represents the Divine World – the World of Love. If the four fingers do not get together with the thumb in a complete whole – they cannot use their strength. The human Spirit, soul, mind, and heart should draw force from the Divine World, from the World of Love. That is why, when you feel weak, put your thumb against each of your fingers one by one and say to yourself: "I will work for God with my Spirit, soul, mind, and heart."

Within the human fingers lie forces that people don't recognize. For the creation of the forefinger – the finger related to one of the great deities from the past – Jupiter, thousands of mighty Spirits have worked. For the creation of the middle finger – the finger of the human conscience and fairness – thousands of Elevated Beings have worked. This finger is called the finger of Saturn. For the creation of the ring finger – the finger of the Sun – thousands of Elevated minds have worked. This finger shows the human striving towards the elevated and beautiful, towards the music, art, and science. For the creation of the little finger thousands of Elevated hearts have worked. This finger is called the finger of Mercury, the secretary of the Deities. If you would like to solve your material problems, turn to your little finger for advice. This finger deals with the material problems in the world.

Consequently, having your treasures, do not expect people to teach you how to use them – harness yourself to work instead, so

## *THE LANGUAGE OF LOVE*

that you can put into practice all that has been granted to you. If you do not work on your own, you will make the mistake, made by a king of olden times. This king had three good-quality cherry-trees in his garden. The cherry-trees gave fruits abundantly, so the king decided to send a basket full of his cherries to his neighbor and greet him. He ordered one of his servants to pick some of the biggest cherries and bring them to his neighbor. The servant obeyed the order of his master and went to the neighboring kingdom. Walking on the way, the servant ate two or three cherries now and then, to refresh himself. Until he reached the king, only three cherries were left in the basket. He ate two of them, so just one remained. As he offered this last cherry to the king, the latter asked him how it should be eaten. So, the servant showed him how it should be eaten and returned to his master.

What was to be done by the king who decided to send his cherries to his neighbor, so that the latter can taste them?

*August 15, 5 a. m.*

## QUALITIES OF LOVE

### *Reflection*

If you ask the disciple why he goes to school, he will tell you, that he goes to school to study. If you ask the believer why he prays, he will tell you, that he prays in order to get in touch with the higher realms. If you ask the hungry man why he goes to a restaurant he will tell you, that he goes there to eat and satisfy his hunger. What would you answer if they ask you why you go to the mountain, though?

One thing should be known: as someone goes to school, church, restaurant, or to the mountain, this is not one-time process. These processes are dynamic, not static. The person will go to school, church, a restaurant and a mountain many times, because the studying, praying, eating and moving are continuing processes. During his whole life, man will go to school and carry books in his hands. During his whole life man will go to church and carry a prayer book in his hands. During his whole life, man will carry bread in his hands until he gets the meaning of eating. During his whole life, man will climb and descend from mountains until he learns how to walk properly. There are people who carry their book, prayer-books or bread by themselves, while others leave this to their servants.

You came to the mountain by yourselves, but you were warned, that you would have to carry your book, prayer book and bread by yourselves. So, you have to rely on yourself. Which is better: to carry all you need, or to leave the others carry it? To carry your things or to let the others carry them represent two great processes in Nature. To carry means to be a servant. To let others carry means to be a master. Both these services require wisdom. Can you make a master from a stupid person? Can you



## *THE LANGUAGE OF LOVE*

make a servant from the lean and weak person? Whatever position is given to you, wisdom is required from you.

Two great laws exist: the law of the right thinking and the law of the right feeling. These two laws guide the human life.

Both these laws bring in you good disposition, expansion and broadness. Entering the law of right thinking, man is in high spirit, he feels flying and ready for work. Entering the law of right feeling, he gets inspired and creative. Externally, people are different in their language, experience and views, but when we come to the natural processes – all of them are alike.

As they start eating, all people know how to eat. Each living being knows how to eat. Eating is a natural process, and as such, it fundamentally differs from the unnatural processes.

The natural rational processes differ from the unnatural and irrational processes in because they are continuously repeated. Mindful people appreciate these processes and understand them, while unwise people do not understand them. For instance, the light, which man receives from the Sun gives rise to seven processes within him. But only the wise ones understand these processes. Only they know, that light is composed of seven different colours: red, orange, yellow, green, blue, dark-blue and purple. Each colour is related to certain type of forces within the human organism. Red is related to the forces of the heart, orange – with the forces of the mind, green – with the forces of the will, yellow – with the forces of the soul, purple – with the forces of the Spirit. Light speaks to you in seven different languages. This means, that each colour has a specific language. That one, who understands these languages, is healthy, learned and strong. That one, who does not understand these languages, cannot use them, as a result of which he has no achievements at all. Life begins with the red light. When people do not understand the language of the red light, they are focused only on the food. In the course of their whole life, they study the art of eating, but cannot grasp the deep sense of this science. They eat and drink and as they finish their meal, they are grateful. Those, who understand the language

## QUALITIES OF LOVE

of the red light, they are grateful before they start eating. The orange teaches people how to breathe properly. Those, who do not understand the language of orange light, are breathing all their life, but do not have great achievements. Those, who have understood the science of breathing, relate it with the right thinking and enjoy great achievements.

So, this one, who understands the laws of Light, thanks before he starts eating or gets anything. He is grateful before he has got something, before any work has been done for his sake. God loves a man before the latter has done something for Him – while he is still a child. People love the others when they have done something for them. These are two positions, which include two different problems: the problem of the known and unknown. So, God deals both with phenomena, that has happened in the past and with phenomena, that are happening now. The knowledge of the known includes the human processes, while the knowledge of the unknown includes the Divine processes. The impossible for the human processes is possible for the Divine processes. It was said in the Scriptures: “The impossible for man is possible for God.” The impossible for hatred is possible for Love; the impossible for ignorance is possible for knowledge; the impossible for weakness is possible for strength. Indeed, it is difficult for a man to do a favour for the one, who has caused him harm. Does the man cause harm out of bad will? Very often people harm each other just out of ignorance and lack of understanding. Consequently, in order not to harm the other people, you need to do each thing in its proper time. If you do not observe this rule, you will unwillingly cause damage and face contradictions.

Christ says: “Let not your heart be troubled: ye believe in God, believe also in Me.” Of what are people troubled? The contradictions of life cause them troubles. In order not to be troubled, leave the contradictions in the hands of God. They are his business. Only God solves the contradictions. The mistake of people is that they intervene in God’s things, but have left their own business in the hands of God. I wish you to be generous and to know when and

## *THE LANGUAGE OF LOVE*

how to act, think, feel and talk properly.

A banker who was a millionaire, was known by his hard heart. Various ladies, older and younger, used to come to him to ask financial assistance for charity organizations, but no matter how convincing they were, he never gave more than one dollar. One day, a beautiful lady entered his office, whispered something in his ear and immediately moved to aside. Instantly, he took out 25 thousand dollars and handed them to her. One of his friends, who witnessed all this, asked him: “Why did you give such a considerable amount to this young lady?” – “Because she knows how to talk” – said the banker – “Up till now no one has talked to me like this young lady. I have never heard such words.” What were these words? I leave the answer to this question to you.

I wish you to behave like the young lady, who opened the heart of the banker.

*August 16, 5 a.m.*

## SEEK NOT YOUR OWN

### *Reflection*

“Charity vaunteth not itself, is not puffed up, seeketh not her own, is not easily provoked, thinketh no evil; Rejoiceth not in iniquity, but rejoiceth in the truth; believeth all things, hopeth all things, endureth all things.”

Several nuns served at a monastery. They had a good, devout abbess. Besides her religious duties, she also looked after the farm of the monastery, where they bred several hens that used to lay eggs. The abbess noticed that some of the eggs were missing. She wondered who was stealing them. Finally she came to the conclusion that the nuns were taking the eggs from the henhouse and baked or boiled them in their cells. Aiming to stop this, she gave a strict order not to light fire within the cells. In spite of the order, though, the eggs continued to go missing. One evening, she decided to check what the nuns were doing in their cells. She looked through the keyholes of the doors and saw that some of the nuns were praying, while the others conversed with each another, or read books. In one of the cells, though, she saw something strange: two of the nuns held a wire in their hands; on it they had hung an egg, baking it on a candle. – “Oh, my! Look what the Devil taught them! To bake an egg with a candle!” The Devil, who was by the abbess, heard her accusation and said: “You are blaming me in vain. I myself also see this trick for the first time.” – “What to do then?” – “Stop breeding hens within the monastery.” – “How can I, i need these eggs!” – “As you need them, so do the nuns.” replied the Devil and went on its way.

*August 17, 5 a.m.*

## THE NEW LAW

### *Reflection*

Today, everyone wants to be physically healthy. They say: a sound mind in a sound body. Physical health is conditioned by two elements: air and food. Consequently, if one breathes properly and if one nourishes oneself properly, one will be healthy. The breathing and the nourishment are two processes that exist also in the spiritual world. The internal or the spiritual side of breathing is the right thinking. The internal or the spiritual side of the nourishment is the proper feeling. So, between the breathing and thinking, as between the nourishment and feeling, close internal relations exist. If breathing is not accompanied internally by thinking, and if feeding is not accompanied internally by feeling, this means that these two processes are not properly developed. But if one relates breathing with the strivings of one's mind, and feeding – with the strivings of one's heart, then both processes will be properly done and effective. So that we can say, that each one, who, breathes and thinks properly, as well as eats and feels properly, he is physically and mentally healthy.

In order to avoid illnesses and suffering, people explored the reasons that cause them. There are two reasons for illnesses and suffering: one of them is physical – improper breathing and nourishment; the other one is inner – improper thinking and feeling. Eating is related to the heart and the heart is related to the soul. Breathing is related to the mind and the mind is related to the Spirit. Consequently, life is harmonious, when man has managed to relate in a harmonious way the processes of breathing and eating to the forces of the soul and Spirit. In order to acquire this harmony, a person has to get in touch with those people, whose minds and hearts are healthy. One should observe the

breathing and the eating of the healthy – not of the sick person. One should observe in what way the thoughts and the feelings of the healthy people– not of the sick ones – are manifested. Serve the sick person, but do not associate with him or her. This is a Divine method that should be applied. What will you gain if you look at an empty purse, if you stay at a dried source? It makes sense to study a full purse, to stay at the living source, which is continuously springing. Sick people are like the empty purse, like the dried source, from which you can't acquire anything. The full purse, the springing source – these are the healthy people in the world, which can always bring you benefit. The empty purse must go the full one. The dried source – to the springing one. This is Divine law to be observed.

Unless one is associated with the Reasonable life, one remains like an empty purse, like a dried source. All the negative manifestations – skepticism, doubt, and discontent – are a reason for breaking the connection between people and the Reasonable life. It was said in the Scriptures: “We live and move in God.” When the individual breaks his connection with God, he gets an empty source.

Suffering contains opportunities for development. Until one has discovered and used his hidden abilities he suffers. As soon as one understands them and starts working with them – one's suffering turns into joy. Enjoy the small sufferings, accept them with Love, because they are granted from God. If you cannot put your Love into practice, then why do you need it? Even if your Love might not be a grand passion, it should be applied at such a place where it can do something good. If you pour water on a stone out of Love for dozens of years, what will it give to you? If you are constantly kissing and embracing this stone, what will you transfer to it? If someone is in a stone-like condition, do you have to kiss it and hug it? Would you have expected Love from the stone? Each person, who has attempted to make the stone love him, has always ended this experiment with a broken head.

The tree of knowing good and evil symbolizes nothing but the

## *THE LANGUAGE OF LOVE*

bad people in the world. This means that God has forbidden a man to feed with the fruits of the bad people. In order to be healthy, man should only eat the fruits of the good people. Now I am also telling you: Eat only the fruits of the good people. This is the new law in the world.

Where should you look for the bad and the good people? The bad and the good people are not outside, but within you. The bad people are your bad thoughts and feelings. Consequently, do not expect anything good from your bad thoughts and feelings. The good you can get only from your good thoughts and feelings.

*August 18, 5 a. m.*

## NEW BIRTH

### *Reflection*

As he comes across his nature, man finds a great discrepancy. He wants to explain the reason for it, but he cannot. For this discrepancy it was said in the Scriptures: "God, I have been created both marvellously and terribly." The grape might also ask itself why its fresh juice is sweet, but several days later it turns sharp and sour. The scientists have solved this problem. They say that specific bacteria, called ferments, live in the air, and, getting into the grape juice, they cause spirit fermentation. So we say that the grape juice turns sour, that is – it ripens. Every single thought, desire and deed leave within you peculiar sediments that undergo fermentation or souring. In order to prevent the souring, you should apply the filters of your heart and mind and clean away the sediments before they have been deposited. In order to apply these filters, man should be born again. That is why Christ says: "Except a man be born of water and of the Spirit, he cannot enter into the kingdom of God." The newly born lives with Divine thoughts and feelings and these never undergo fermentation. Consequently, until he enters the Divine Kingdom, man will constantly undergo fermentation. As he undergoes fermentation, he will taste the discrepancies of his life. As he lives within the Divine – nothing will undergo fermentation within him.

One of the great discrepancies in human life is a result of nutrition. The process of nutrition causes discrepancies within you. For instance, what greater discrepancies can you observe than those, which the flesh-eaters encounter? Meat contains a lot of poisons and impurities that cause many illnesses. Illnesses ruin human life. Meat afflicts not only the human organism, but man's mental life as well. By eating meat, man acquires the characteristics



## *THE LANGUAGE OF LOVE*

of the animal he has eaten. Such a distinctive feature of the pig, for instance, is rooting about. The pig thinks that everything might be achieved by rooting about. Rooting about is a negative characteristic that man adopts from the pig. As you know this, choose your food carefully.

As the pig roots about the pear tree, the fruit begins to fall to the ground, and the pig thinks that it has rooted them by itself. Sometimes you think in the same way. Man tills the soil, sows the wheat, and then says that he himself has made the wheat grow. There was a time when the wheat was growing by itself, without being sown by people. And the original wheat grains were very big. The more wise and intelligent people were becoming, the smaller the wheat grains were getting. There was a time, when all the wheat grains were as large as cornels. The cornel-tree is a tree that blossoms earlier and ripens later. Due to this distinctiveness of the cornel-tree, an anecdote has been created.

In the distant past, the Devil decided to choose one of the fruit-trees as his own and observed which of them would blossom earlier. As he saw that the cornel-tree blossomed earlier, he was delighted and said: The cornel-tree will be my tree – it blossoms early, it will ripen earlier, so I'll finish my job earlier. He was greatly surprised when he saw that the cornel-tree ripened last. The Devil got angry, because for the first time he was mistaken in his choice and cursed the cornel-tree, condemning it to become hard, so that, now, when somebody is thrashed with a cornel-tree stick, he knows that he will ripen late. From that day on, the Devil lost his faith in trees that blossom early. The cornels, however, have healing characteristics: they are used to prevent upset.

They asked the cornel-tree: "Why your fruits are so small? Look at the fruits of the pumpkin!" The cornel-tree answered: "The big things stand for six months only, while the small ones last for ages."

*August 19, 5 a.m.*

## RELATIVE AND ABSOLUTE VIEWS

*John, 6*

### *Reflection*

In the old times, the disciples studied the four elements of Aristotle: water, air, fire and earth. It was said that human life would be impossible without these elements. Without water man would die from thirst; without air he would suffocate; without fire he would freeze and would be unable to move; without earth he would not have a place to stand and get rest.

Contemporary scientists say that these four elements participate widely in the formation of the organic world. In a word, they play a leading part in the creation of Nature. As they studied these four elements, called so in the broad sense of the term "element", they say that water is constituted of two parts of hydrogen and one part of oxygen. The air is a mixture of nitrogen and oxygen. Earth is a mixture of all the elements taken in different quantities. What was called element appears not to be an element, because it can be decomposed into simpler composite parts. Outwardly it looks like a unity, but it is not. The doll also resembles a human being, yet it is not. It has all the human limbs, but its limbs do not make it a human being. Human beings have Spirit, soul, mind and heart. The Spirit is the origin that creates everything; the soul settles everything; the mind manifests everything, the heart melts everything.

Contemporary life, compared with the life of the past, shows big differences when considering the religious and scientific views. The present scientific views differ considerably from the views of the past. Likewise, the future scientific and religious views will differ greatly from the present ones. The views of a child differ from the views of a grown up person.

## *THE LANGUAGE OF LOVE*

During the French revolution, a young Turk said to an old Turk: "There is a revolution in France." The old bearded Turk caressed his beard, pondered and said: "Thank God. May what is happening there happen here also." Why did he say that? Because he did not understand what had happened, he thought that some great good had befallen France. When they explained to him, that during a revolution things turn upside down, he said: "I hope God will protect us, and what happens in France will not happen here. Now I see what revolution means."

What does the word "revolution" mean? It means that things turn around their own centre. Does the wheel not turn on its own axis, too? If it does not make a revolution it cannot move. There is both good and evil in the revolution. The good brings wealth; the evil brings poverty. The good brings life, while the evil brings death. There exists a fictitious death in Nature. As one being dies, another creature is being born. Evil, though, should constantly die. If the evil in man does not die constantly, he cannot live. There is something within you that constantly dies, but there is also something else that constantly survives. For instance, today you are not what you were in your childhood, or in your embryonic stage. When you were in an embryonic stage, you had almost no weight, and then it gradually increased, until your present weight, which is around 60 kilograms. The little child remembers nothing of its life. The more it grows, its consciousness awakens, and it begins to remember. As it grows up, the child manifests strength, due to the accumulation of more matter. But you measure matter with one measure, and energy - with another. Matter produces one type of pressure, energy - another

Contemporary scientists talk about the atmospheric pressure and they say that the pressure upon the man is balanced by his internal tension. If it were not for the internal tension, the outside pressure would have flattened him. A man is exposed not only to physical, but to mental pressures as well. Evil is an external pressure acting on man, while good is an internal one. If the external pressure did not exist, man would explode, if the internal

## *RELATIVE AND ABSOLUTE VIEWS*

tension did not exist, a man would be flattened. So, the outside and the inside pressure are necessary. Today evil and good are regarded as two types of pressure acting on a man. Some say that evil is a force, the manifestation of which is not a law, while good is a force, whose manifestation is a law. What is wrong with the fact that a manifestation of force might be a law or not? For instance, Hindus view life as an evil, irrespective of whether its manifestation is a law or not. Evil and good are relative concepts. When a robber deprives a rich man of his wealth, we call this evil. A rich man suffers, because he values his wealth. If he did not give value to his money, he would not suffer. If his wealth could be returned from the robber, the evil would disappear. Thus, the concepts of good and evil are relative, and change according to people's views.

Now I will give another definition of good and evil. If you commit evil without Love – it is evil; if you do good without Love – it is evil, too. If you do evil with Love, this is good; if you do good with Love – it is again a good deed.

People often speak badly about themselves. For instance, someone says: I am not a talented man. Why do I need a life full of suffering? Why do I need wealth, as there is no one to love me? Why do I need this knowledge, as I have nowhere to put it into practice? Why have I been given this good voice, as there is no one to listen to me? Those of you that have come to the mountain – sing for the very mountain, for the stones, for the waters. They are the best audience. Start singing and you will see that the water will splash, and the small pebbles will jump up. If you sing, but you do not listen to your own singing, no one will listen to you from the outside. Be simultaneously a singer and a listener. If you yourself do not value yourself, others will not value you, either. When you value yourself, you will also value others.

Many people think that they are poor and say that they have no resources to be educated by teachers. They do not know that The One, Who teaches all people, is God. He teaches man from the inside – through life itself. He uses evil and good to teach

## *THE LANGUAGE OF LOVE*

man. Through all the goodness and hardships He teaches him. Consequently, God requires from man full trust and confidence in Him. God wants man to implement the love, as He himself implements it. God is so indulgent that he does not want man to be long suffering, but at least to be patient. He does not want man to be all loving, but He wants him at least to be loving.

As disciples, you should use rationally what has been given to you today. Each thought, feeling and action, no matter how small they are - use them now. Do not postpone things for the future. The present is yours – not the future. Thus the rational, good and loving people do.

Give thanks for everything that happens in your life.

*August 20, 5 a.m.*

## THE LITTLE PRAYER

“Love never fails.”

A flower in the mountain prayed:

Lord, visit me with your dew and your Divine Light,

So that my little heart can enjoy your goods.

Lord, I will put on my best garments, so that I can meet your  
Light.

I will greet in Your name whoever passes my way.

*August 21, 5 a.m.*

## KING AND SERVANT

Christ says: “I am the way, the truth, and the life.”

Whoever has known Christ, follows His way. Whoever has known Christ, easily finds his way. His way is illuminated by the Divine Sun. For the one, who has not known Christ – the road is blocked. He cannot find his way, because he has a mist before his eyes – just like you today. When he sees the mist, man thinks that the whole Earth is in mist. If he thinks so, he is deceiving himself. In fact, the mist is only around him, or in his consciousness. There are people who always live within Light. For them, the Divine Sun never goes down. There was a time, when all the Earth had been a nebula, but today people enjoy the sky and the earth, the day and the heavenly bodies of the night. The mist you see today shows that people will pass through certain trials, which can be overcome with faith and mindfulness. Have the faith of the grain of wheat, which spends a whole year under the snow as if under a warm blanket. When it is raining, it thanks God that He has softened the hard and dry heart of the Earth, and saved it from being pressed it too hard. The wheat grain gives thanks for the rain, for the mist, and for the snow, and patiently awaits the warm sunny days, when it will show its little head above the ground and begin to grow.

Consequently, if the grain of wheat has so much faith, then how much more should a man believe in the One, Who has wiped away many tears, Who has removed so many sufferings and has turned many hardships into blessings. God has removed many disagreements, hindrances and difficulties from the way of man, yet he remains discontented. A man is discontented either because of his outlook, or because of the conditions of his life. He wants to be well dressed, to eat well and to live like a king. How many

*KING AND SERVANT*

people may be kings in the world? There is a vacancy for a king – a vacancy for a king of your own self.

Now I wish all of you to become kings of your own selves, but servants to God. The one, who can become a king of himself, will get the Divine Blessing.

*August 22, 5 a.m.*



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## **THE LANGUAGE OF LOVE**

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